



# Kansas Maternal & Child Health Council

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SEPTEMBER 22, 2015 MEETING

# Today's Agenda

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- Welcome and Introductions
- Review and Approval of July 1, 2015 Minutes
- Title V MCH & SHCN Overview
- Family and Consumer engagement
- MCH Measurement Framework and Data Trends

## *LUNCH*

- KMCHC Structure, Roles, and Responsibilities

## *BREAK*

- Title V Action Plan: Priorities and Measure by Domain
- Ranking Survey: Domain Selection
- Closing Remarks



# Welcome & Introductions

## Recognize New Members

## Review & Approval of Minutes

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DENNIS COOLEY, MD, CHAIR



# Kansas Title V Overview:

*Maternal & Child Health  
Special Health Care Needs*

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RACHEL SISSON

HEATHER SMITH & KAYZY BIGLER

# Bureau of Family Health

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- *Provide leadership to enhance the health of Kansas women and children in partnership with families and communities*



*Mission*

# Core Programming

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- Maternal & Child Health (MCH)
- Reproductive Health/Family Planning
- Teen Pregnancy Case Management
- Pregnancy Maintenance
- Home Visiting (MIECHV, HSHV)
- Newborn Screening
- Special Health Care Needs
- Infant-Toddler/Early Intervention
- Child Care Licensing & Regulation
- Nutrition & WIC
- Healthy Homes & Lead Hazard Prevention



# Primary Investments

## *From a Family Health Perspective*

- Reducing smoking/tobacco use
- Reducing infant mortality
- Reducing early term/pre-term birth
- Preconception/inter-conception care
- Increasing breastfeeding rates
- Quality/safe early care and education
- Care coordination
- Special health services *incl.* Telehealth
- School health
- Community collaboratives (sustainable)
- Systems/service integration (public-private)



# Kansas Title V

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**Authority:** Title V of the Social Security Act (1935) to improve health of women and children during the Great Depression; Block Grant Program (1981); transformed (2015)

**Vision:** Title V envisions a nation where all mothers, children and youth, including CSHCN, and their families are healthy and thriving.

**Mission:** To improve the health and well-being of the nation's mothers, infants, children and youth, including children and youth with special health care needs, and their families.

**Legislatively-Defined State MCH Populations:**

- pregnant women, mothers, and infants up to age 1
- children
- children with special health care needs

*Title V's Reach: all 50 states, DC, and 9 jurisdictions*



# Priority Populations

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## MCH Population Domains\*

1. Woman/Maternal (18-44; pregnant)
2. Perinatal/Infant (< 1 year)
3. Child (1-11 years)
4. Children & Youth w/Special Health Care Needs (0-22)
5. Adolescent (12-22)
6. Cross-cutting/Life Course



*\*MCH 3.0 effective October 2015 (FFY2016)*

# Areas of Focus/Impact

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## Title V legislation and the MCH Services Block Grant Program enables states to...

- Provide and assure mothers and children **access** to quality MCH services;
- Reduce **infant mortality** and the incidence of preventable diseases;
- Provide **rehabilitation** services for blind and disabled individuals; and
- Provide and promote **family-centered, community-based, coordinated care**, and facilitate the development of community-based **systems of services**.

# Conceptual Framework

## Public Health Services for MCH Populations: The Title V MCH Services Block Grant

### MCH ESSENTIAL SERVICES

#### 1. Provide Access to Care

Non-clinical, assists others in accessing services, focus on improving health outcomes

6. Assess and Monitor MCH Health Status
7. Maintain the Public Health Work Force
8. Develop Public Health Policies and Plans
9. Enforce Public Health Laws
10. Ensure Quality Improvement

Direct  
Services

Preventive, primary,  
specialty clinical services

Enabling Services

Infrastructure, policies,  
needs assessment,  
workforce development,  
health promotion  
campaigns

Public Health Services and Systems



# Title V MCH Funding

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## Funding Source

- US Department of Health & Human Services, Human Resource & Services Administration, Maternal and Child Health Bureau
- Based on the proportional number of children in poverty (0-18), according to the U.S. Census (funding amounts fluctuate)

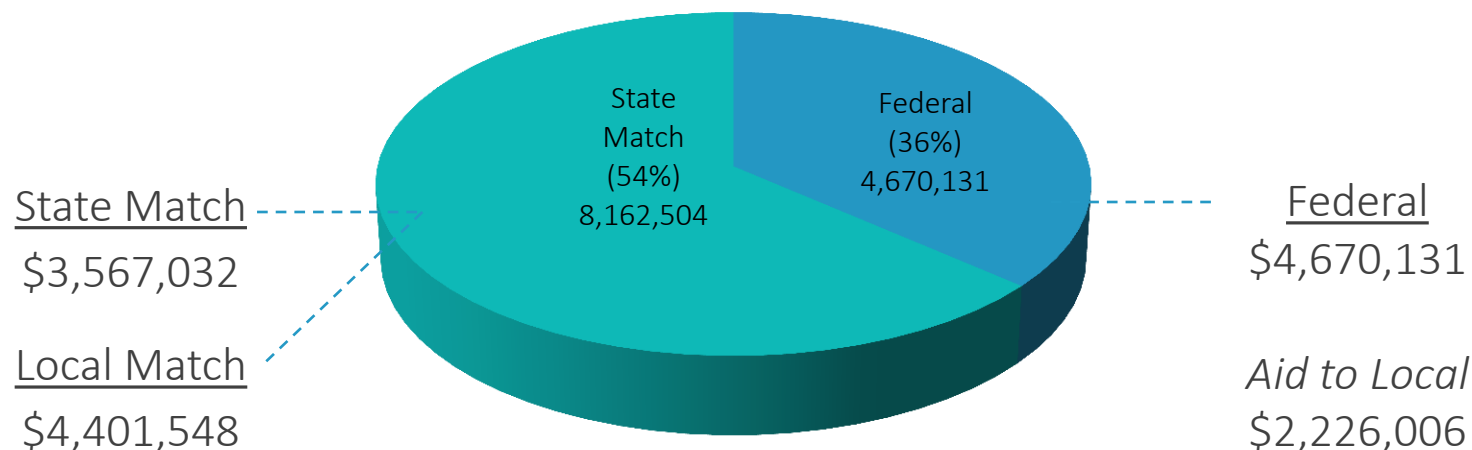
## Applications for Funding

- Needs assessment and priorities
- Measurable outcomes
- Budget accountability
- Documentation of matching funds\*
- Maintenance of effort (\$2,352,511 FY1989)
- Public input



*\*\$3 for every \$4 expended*

# Federal-State-Local Partnership



Match Requirement: \$3  
for every \$4 of Federal  
funds expended

**\$12.6 Million**

**Federal-State Title V  
Block Grant Partnership**

Grants to local  
agencies/ contracts

# Significant Concepts

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**Promoting the health of all mothers and children:** emphasis on Children w/Special Health Care Needs (CSHCN) and their families

**Life course theory:** critical stages, beginning before a child is born and continuing throughout life, influence wellbeing

**State-federal partnership:**



**Systemic approaches:** improve health *women, children, youth, and families*

- Annual block grant application and annual report
- 5-year comprehensive needs assessment
- Public input and comment
- Family engagement

**Role:** “assure” services (gap-filling)

# Title V Public Input

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## Title V Accountability

### *Public Comment and Public Input*

*“The annual (Block Grant) application shall be developed by, or in consultation with, the State maternal and child health agency and shall be made public within the State in such manner as to facilitate comment from any person during its development and after its transmittal.”*

*-Title V Block Grant Legislation*

# Public Input: Data to Action

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## What is needed to achieve outcomes?

- Tool to elicit data, information, opinions and perspectives
  - Major Emerging Health Concerns
  - Unmet Health Needs
- Resources to support meaningful input
  - Acquaint reader with the block grant topics and data
  - Make it easier to discern critical/relevant data within the Block Grant
- Multiple methods to distribute and collect comment/input
  - People! Email, Council meetings, Conferences, Website, Online survey, Social media, Newsletters





# Maternal & Child Health

Program Overview



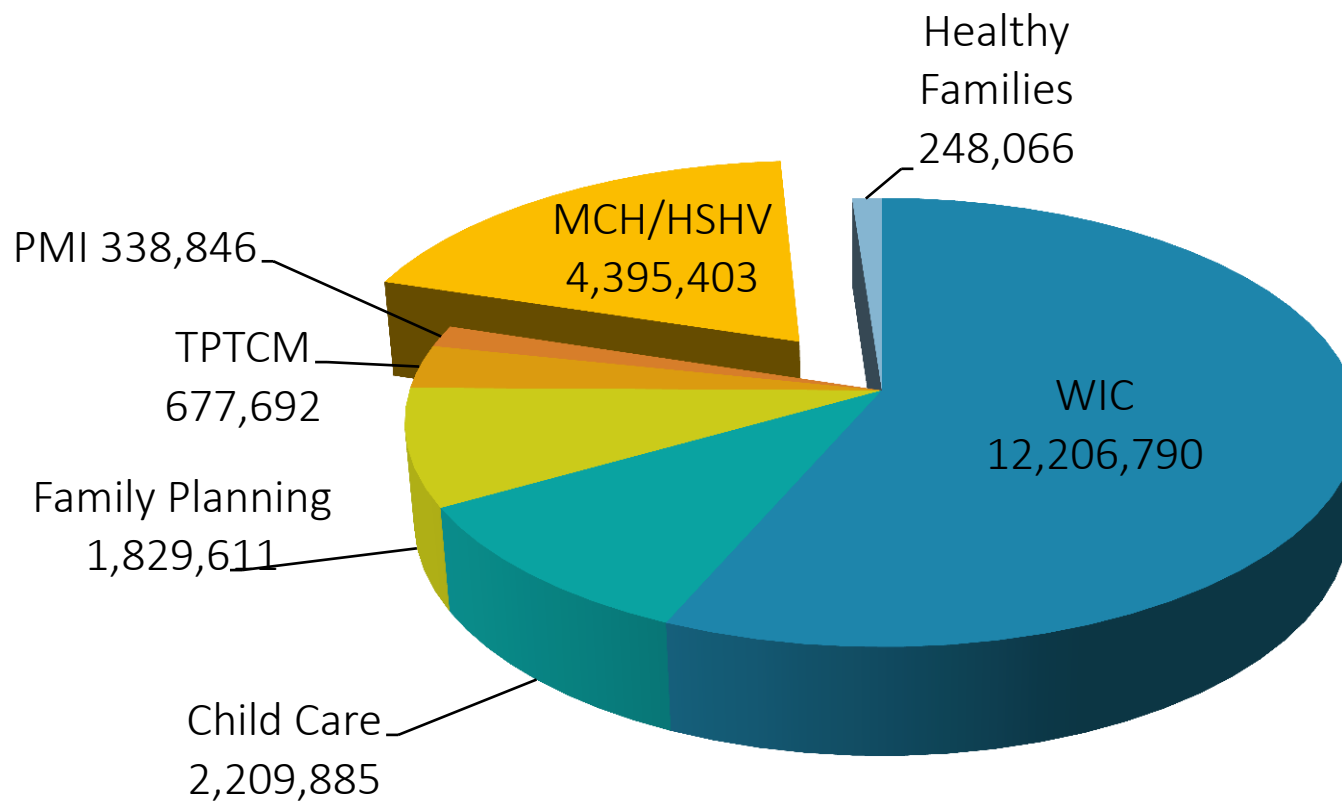
# Aid to Local Programs

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- Maternal & Child Health & Healthy Start Home Visitor  
*(Title V, CIF, SGF funding) awarded to local agencies delivering services and programs in line with priorities and measures)*
- Healthy Families  
*(GE & WY) services to high risk, low-income families (home visiting, education, referral) to reduce infant mortality*
- Teen Pregnancy Targeted Case Management  
*(KanCare-eligible pregnant/parenting adolescents to 21) case management services to support reaching goals, delaying subsequent pregnancies, and increasing self-sufficiency*
- Pregnancy Maintenance Initiative  
*(Stan Clark Grant - KSA 65-1,159a) awarded to nonprofits for services to enable pregnant women to carry pregnancies to term; pw to 6 months after delivery*



# SFY Aid to Local



Total Aid: ~\$22M

# MCH Spotlight

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## Key Local Services

### ❖ Reproductive health services

- Preconception counseling and referral as indicated
- Linkage to early comprehensive prenatal medical care
- STD testing and treatment
- Link to genetic counseling services
- Pregnancy testing, counseling and referrals as indicated

# MCH Spotlight cont...

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## Key Local Services cont...

### ❖ Care coordination

- Reproductive health and family planning services
- Prenatal care and education
- Supplemental food and nutrition programs such as Women, Infants and Children (WIC) nutrition program
- Healthy Start Home Visitor and other community home visiting services
- High-risk infant case management
- Early intervention and services for SHCN
- Child health and safety information
- Community resource linkages

# MCH Spotlight cont...

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## Key Local Services cont...

### ❖ Risk reduction and counseling

- General health screens/assessments and treatment linkage
- Tobacco/smoking, alcohol and substance use cessation
- Healthy weight counseling
- Domestic violence referral assistance
- Identification of perinatal mood disorders
- Depression screening with mental health service linkage
- Prenatal education classes
- Childbirth education classes
- Parenting education classes

# MCH Spotlight cont...

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## Key Local Services cont...

### ❖ Pediatric Health Services (Child and Adolescent)

- Well-child health assessments
- Immunizations
- Child development and mental health screening
- Reduction of unintentional and intentional injuries
- Healthy weight guidance
- Parenting education with anticipatory guidance
- Mental health screening and referral as indicated

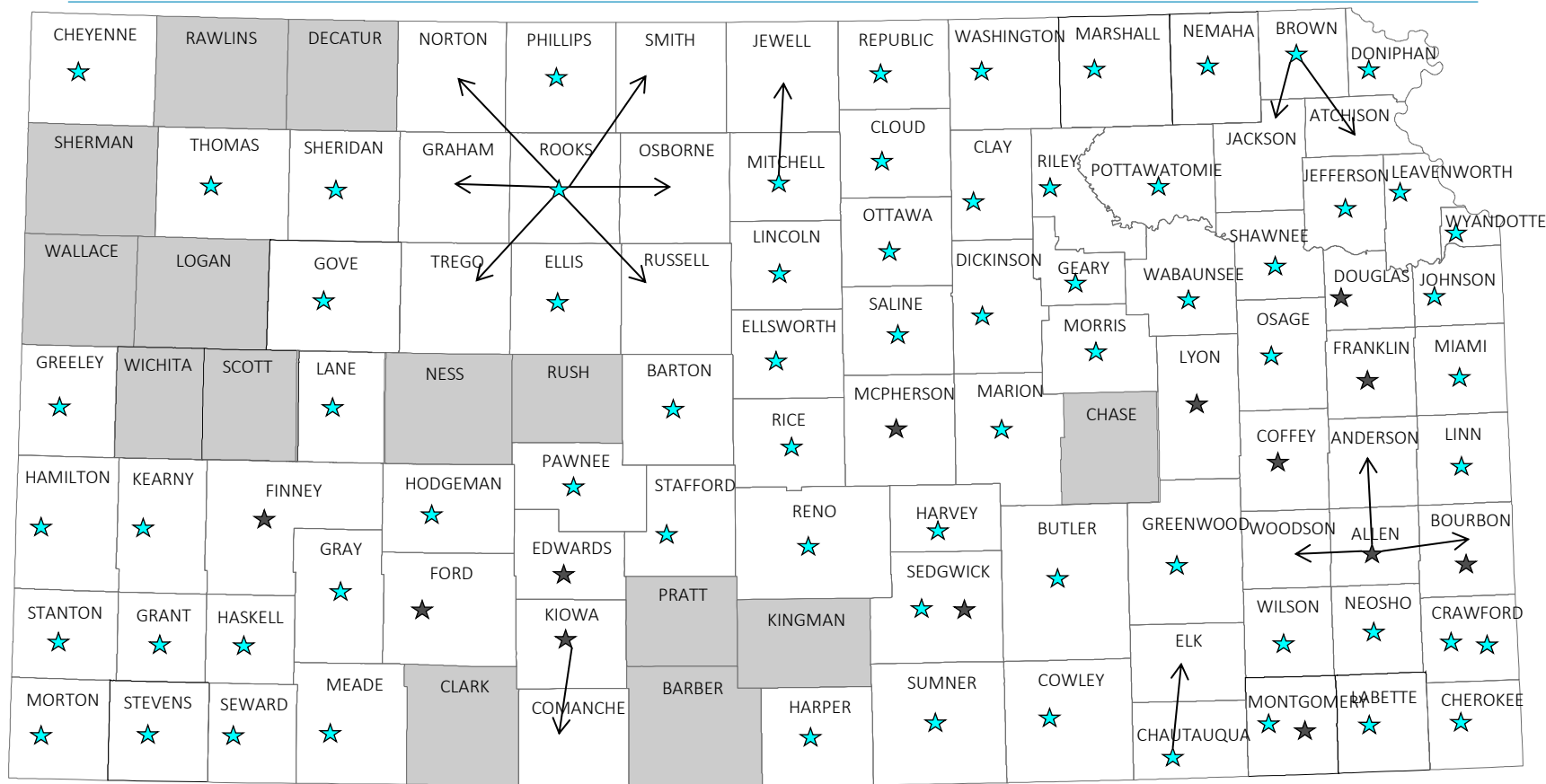
# Aid to Local Process

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- Application for funds: annual/SFY schedule, competitive
- Quarterly reporting requirements: expenses and progress
- SFY2016 Recommendations/Awards
  - \$4.3M awarded to 82 grantees
  - Enhanced approach to review and award process
    - Expanded application (new online system)
    - External reviewers
    - Scoring template and reviewer guidance
    - Condition letters
    - Base funding formula by county
      - 75% - children <18 in poverty
      - 25% - MCH populations (children 0-22; women 23-44)



# MCH Grantees - SFY16



★	<b>Maternal Child Health (MCH)</b>
★	<b>Maternal Child Health (MCH) without HSHV</b>
↗	<b>Indicates other counties that are funding partners</b>

# Other Federal Grants/Initiatives

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## **Abstinence Education Program**

- Training foster/adoptive parents and youth
- Over 500 youth, 300 parents in 6 mos. this project year

## **MIECHV Program**

- 500+ families enrolled in 9 mos. this project year
- Met and exceeded 3<sup>rd</sup> year Benchmark improvements
- Awarded \$9.4M Competitive Expansion Grant (2015-17)

## **Early Childhood Comprehensive Systems**

- KS Initiative of Developmental Ongoing Screening (KIDOS)
- 22 completed ASQ Training of Trainers
- Website and community toolkit



# Special Health Care Needs

Program Overview

*Kayzy Bigler*

# Target Population

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## State Statute – KSA 65-5a01

“A child with special health care needs” means a person under 21 years of age who has an organic disease, defect or condition which may hinder the achievement of normal physical growth and development.”

## Maternal and Child Health Bureau

“Children and youth with special health care needs (CYSHCN) are those who have, or are at risk for a chronic physical, developmental, behavioral, or emotional condition and who also require health and related services of a type or amount beyond that required by children generally.”

***Provide financial assistance for medical services for individuals 0-21 with specific health conditions and all ages with genetic conditions.***

# Program Highlights

## Services Provided

- Diagnostic: services
- Treatment: financial specialty services
- Care Coordination: plan and assistance
- Special Bequest: services covered to improve quality of life (e.g., durable medical equipment, assistive technology, non-clinical/indirect services, etc).

**Special Bequest** is available to anyone served by the program or receiving SSI.

*\*These services must be prior authorized and approved by the Special Bequest Commission. Meetings occur quarterly.*

*...be comprehensive approval, engagement.*



# Federal Program Expectations

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- Support a comprehensive, quality system of care
- Collaborate with other State agencies and private organizations
  - Conduct needs assessment related to the development of community-based systems of services
  - Coordinated policies, standards, data collection and analysis, financing of services, and program monitoring
- Support Communities
  - Facilitate community systems building to develop community-based programs
  - Provide technical assistance and consultation, education and training, common data protocols, and financial resources to communities
- Coordinate health services among providers of care
- Coordination and service integration among programs serving CYSHCN

# State Program Expectations

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- Determine eligibility, both medical and financial
- Support diagnostic clinics
- Determine which medical providers we will work with and what services we cover
- Authorize services
- Determine what providers can collect for services from the SHCN program and what they can bill the family
- Maintain surveillance and supervision over the services provided by the program

# SHCN Eligible Conditions

*Individuals with these conditions are eligible for financial assistance through SHCN.*

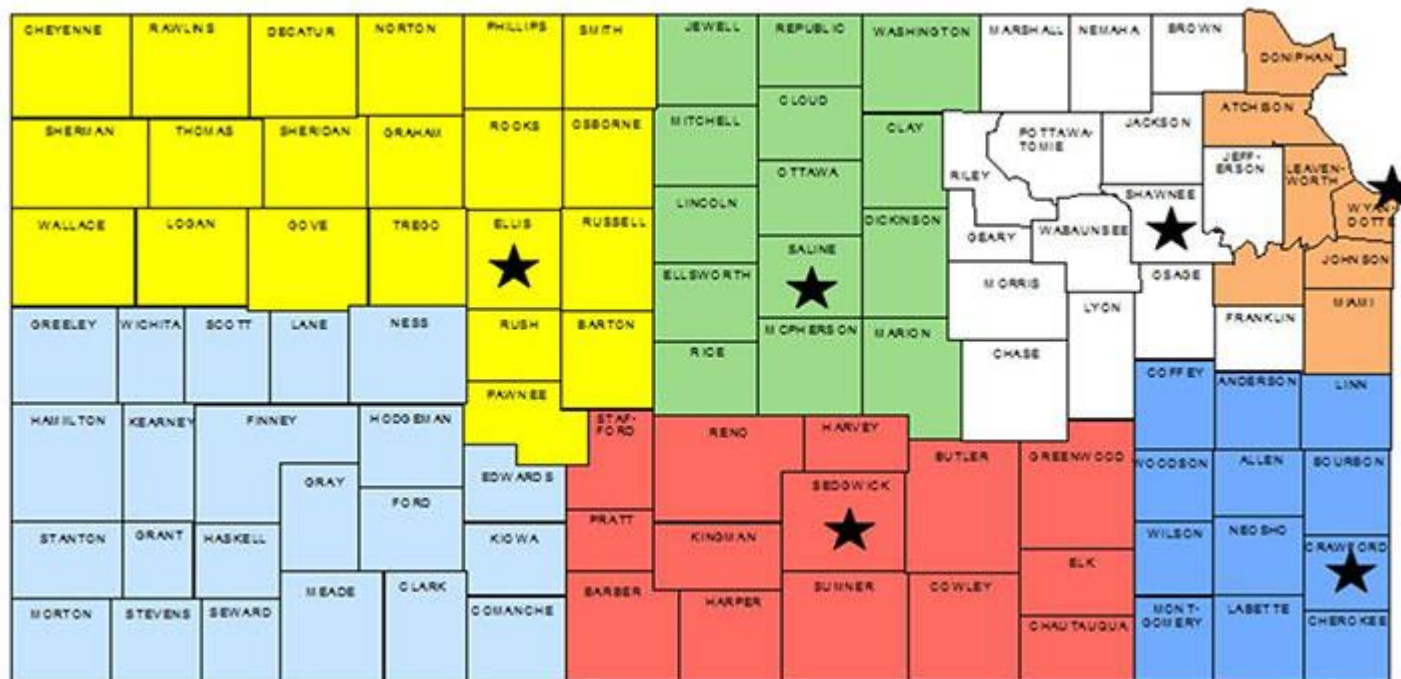
- Spina Bifida
- Cleft Lip/Cleft Palate
- Acquired or congenital heart disease
- Burns requiring surgical intervention
- Orthopedic Conditions\*  
*\*Congenital anomalies or those needing surgery.*
- Limited gastrointestinal or genitourinary conditions requiring surgery
- Hearing Loss
- Vision disorders (limited)
- Craniofacial anomalies (select)
- Seizures – outpatient care and prescriptions only
- Juvenile Rheumatoid Arthritis
- Genetic and Metabolic Conditions\*\*



*\*\*Effective July 1, 2008, 28 conditions recommended by the National American College of Medical Genetics.*



# SHCN Regional Offices



- Topeka (*central office*)
- Kansas City (*clinics*)
- Wichita (*clinics*)
- Salina
- Pittsburg
- Hays

*We are currently looking for a Regional Office in the SW Region. In the meantime, this region is being covered by the Topeka office.*

# New Priorities

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**Cross-System Care Coordination**

**Behavioral Health Integration**

**Addressing Family Caregiver Health**

**Direct Health Services & Supports**

**Training & Education**



# Title V MCH Block Grant Resources

Website, Resources, Publications

# Websites

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- KDHE BFH MCH Website: [www.kdheks.gov/bfh](http://www.kdheks.gov/bfh)
- HHS HRSA MCHB Title V: [mchb.hrsa.gov/](http://mchb.hrsa.gov/)
- State Profiles/Title V Information System (TVIS):  
[mchdata.hrsa.gov/TVISReports/](http://mchdata.hrsa.gov/TVISReports/)
- Association of Maternal & Child Health Programs: [www.amchp.org](http://www.amchp.org)
- National Maternal and Child Health Workforce Development Center:  
[mchwdc.unc.edu/](http://mchwdc.unc.edu/)
- MCH Navigator: [www.mchnavigator.org/](http://www.mchnavigator.org/)
- MCH Leadership Competencies: [leadership.mchtraining.net/](http://leadership.mchtraining.net/)
- Core Public Health Competencies:  
[www.phf.org/resourcestools/Pages/Core\\_Public\\_Health\\_Competencies.aspx](http://www.phf.org/resourcestools/Pages/Core_Public_Health_Competencies.aspx)

# MCH Block Grant Website

- Block Grant Basics
- Application & Annual Report
- Executive Summary
- Public Input Summary
- Data/Measures Snapshot
- Needs Assessment
- Reports & Publications
- Archives (prior year applications, reports, and publications)



# Executive Summary

## Kansas Title V Maternal and Child Health Services Block Grant

2016 Application / 2014 Annual Report  
Executive Summary



Bureau of Family Health  
Division of Public Health  
Kansas Department of Health and Environment

1000 SW Jackson Street, Suite 220  
Topeka, KS 66612  
Phone: 785.291.3368  
[www.kdheks.gov/bfh](http://www.kdheks.gov/bfh)



**Vision:** Title V envisions a nation where all mothers, children and youth, including CSNCH, and their families are healthy and thriving.

**Mission:** To improve the health and well-being of the nation's mothers, infants, children and youth, including children and youth with special health care needs, and their families.

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# 2014 Biennial Summary

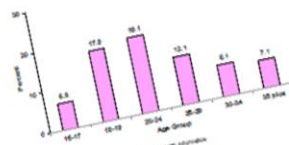
## Kansas Maternal and Child Health

### 2014 Biennial Summary

...times and older were sharply lower, around 17%. Overall, in 2013, Medicaid paid for the delivery of 13,151 (33.9%) Kansas live births. Among women who reported smoking during pregnancy, 65.6% had births reimbursed by Medicaid, according to Medicaid claims data. This was a slight increase from 2012 (65.3%).

In 2013, 10.5% of Kansas women reported smoking during the last three months of pregnancy, decreased from 2012 (11.5%). Among women who reported smoking during the last three months of pregnancy, 67.6% had births reimbursed by Medicaid, according to Medicaid claims data. This was an increase from 2012 (66.9%).

Women Reporting Smoking During Pregnancy by Age Group Kansas, 2013



Women Reporting Smoking During Pregnancy by County Kansas (2011-2013, combined)



Bureau of Family Health  
Bureau of Epidemiology and Public Health Informatics  
Division of Public Health  
Kansas Department of Health and Environment

# AMCHP Compendium

Incorporate messages on healthy pregnancies and healthy infant care into social marketing and education campaigns.

Specific strategies include:

- Targeting messages to first-time mothers.
- Promoting text4baby (text4baby.org) to provide health and safety messages to pregnant women, families and parents of infants.
- Establishing social networking/educational tools on the Web or via telephone so women and men are able to obtain pregnancy health coaching information and services.
- As messages are created and communicated, materials and campaigns should be available in the languages of the target population.

*Action step*

*Strategies*



## Policy & Program Options

- 60 national source recommendations
- 60 state source recommendations





# Initiatives & Successes

Community Partnerships & Impact



# Becoming a Mom Collaboratives

**Focus on disparities:** racial/ethnic and socioeconomic

- Community collaborative backbone
- Clinical services + prenatal education
- Becoming a Mom/*Comenzando bien*®
  - Incentive-based program
  - Evidence-based curriculum
- Common evaluation system
- Early care/access (Medicaid)
- Local Public Health, Hospitals, Health Centers, OBGYN Providers
- Baby & Me – Tobacco Free®
- 10 established collaboratives



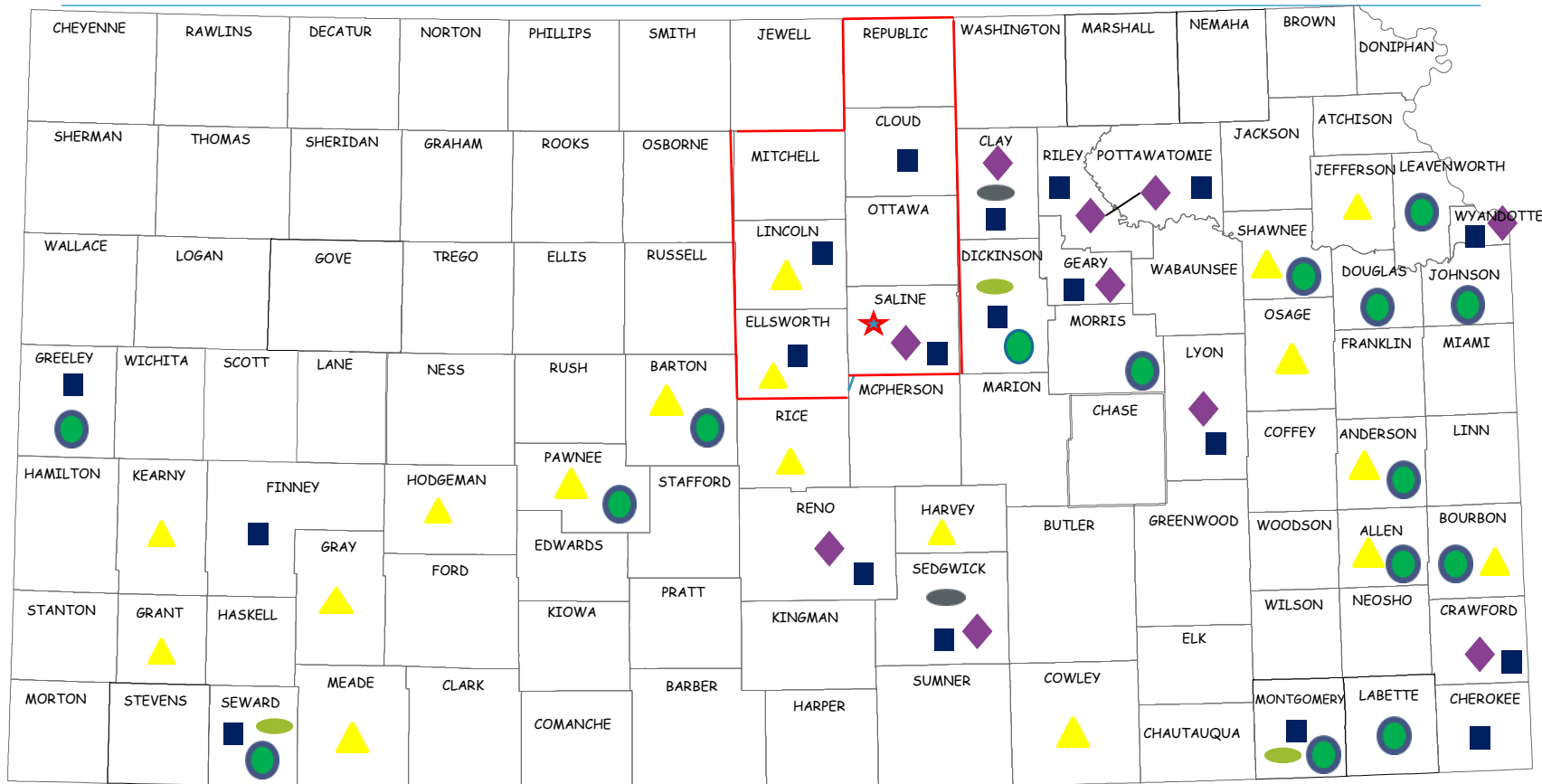
# Impact & Outcomes

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- Early prenatal care/access
- Reduced disparities
- Permanent MCH infrastructure
- Resources leveraged
- Long-term program sustainability
- Care delivery paradigm changed
- Emerging community needs identified quickly
- Reduced preterm birth and infant mortality; increased breastfeeding



# Becoming a Mom Program



- ◆ Existing programs
- Attended training
- Implementation in progress
- ▲ Interest indicated
- Title V application
- ★ Regional lead

# BAM Integration Project

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- Integration of state and local resources

## Phase One:



WIC / Breastfeeding

Smoking Cessation / Quitline

Behavioral Health

Safe Sleep / Safe Kids

Family Planning / LARC

- Integration of standardized screening and case management services

# Smoking Cessation

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- Evidence-based program
- Pregnant and post-partum population
- Proven effective (60-75% quit rate)
- Targets low-income women
- Prenatal services collaborative model
- Offers practical incentives
- Integrates *Motivational Interviewing*
- Follows *Clinical Best Practice Guidelines* (HHS 2008 update)
- KS Certification Training Aug. 2015
- KS Implementation (10 sites) Oct. 2015

**BABY & ME -  
Tobacco Free**



# *Delivering Change* Geary Co.

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## Healthy Start Program (Federal)

- Launched September 2014
- Model for Kansas MCH
- Project Goals (5 Years):
  1. Develop a comprehensive, coordinated perinatal system that leads to improved women's health;
  2. Improve the quality of services available to pregnant women and new mothers; and
  3. Develop a system of programs, services and partnerships that strengthen family resilience.



# *Delivering Change* cont.

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- Public Health-Primary Care-Community Support Service Integration
- Key program models:
  - OB Navigator
  - *Becoming a Mom/Comenzando bien*©
  - Period of PURPLE Crying
  - Triple P – Positive Parenting Program
  - Parents as Teachers



**IMR 10.4-6.6 (5 years)**



# The Coming of the Blessing®

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**Target Population:** American Indian and Alaska Native  
(4 Kansas Tribes: Sac & Fox, Iowa, Potawatomi, Kickapoo)

- Created by the March of Dimes American Indian/Alaska Native Women's Committee
- Prenatal education, training and resources
  - traditional beliefs
  - lessons from ancestors
  - circle of support
- Utilizes *Becoming a Mom* curriculum



Source: <http://www.comingoftheblessing.com/>

# Pioneer Baby

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**Target Area:** Southwest Kansas region,  
centered in Kearny County

**Partners:** Kearny County Hospital and  
KU Medical Center, Wichita  
(research project)

## **Project:**

- Focus groups with women to assess need and develop a health promotion program
- Address high-risk prenatal care and diverse needs of the region/population
- Video – real stories from women



# Critical Congenital Heart Defect Public Health Quality Initiative

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**Goal:** 100% of infants screened

- Launched November 2013
- On-site education/training
- Partners: Hospitals, MOD, AHA, Hospital Assoc., parents...
- Vital Statistics Birth Record Reporting (January 2016)
- Success! Screening **and** Reporting via REDCap:
  - May 2014 (pilot): 30% screening; 78% births
  - August 2015: 100% screened at birth



# Safe Sleep Efforts

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- Evidence-based Safe Sleep Educational Sessions
- Safe Sleep Baby Showers/Curriculum
- Medical Society of Sedgwick County Physician's Safe Sleep Toolkit (Obstetrical Clinic, Pediatrics, Family Practice)
- Hospital Safe Sleep Bundle
  - Well Newborn Unit
  - Hospital Pediatric Unit
  - Neonatal Intensive Care Unit
- Sleepsack™ Programs
- Cribs for KIDS Program
- Educational Materials ([kidsks.org](http://kidsks.org))
- Bereavement support/resources



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# Communities Supporting Breastfeeding (CSB)

**Goal:** Improve exclusive breastfeeding rates at 3 months & 6 months

**Targeted communities:**

- Cowley County, Great Bend, Hays, Liberal, Parsons, Salina
- Multi-sector, comprehensive
- Aligns existing programs/services
- Focus on achieving CSB designation (6 criteria/targets)

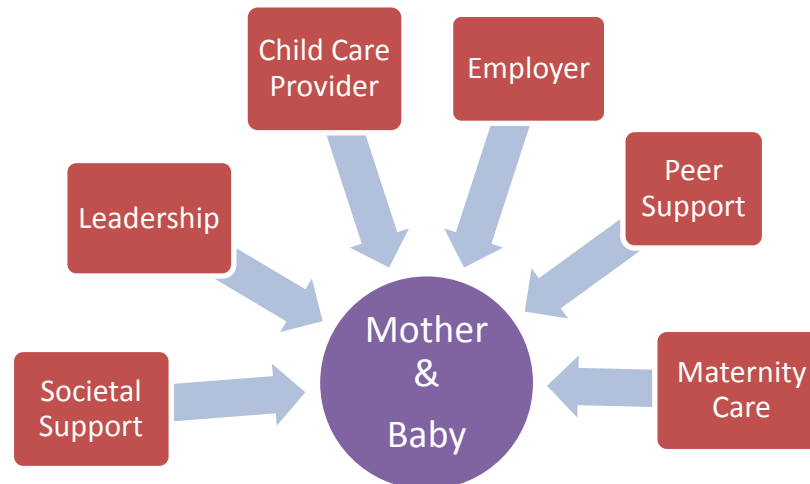


Kansas  
Breastfeeding  
Coalition, Inc.

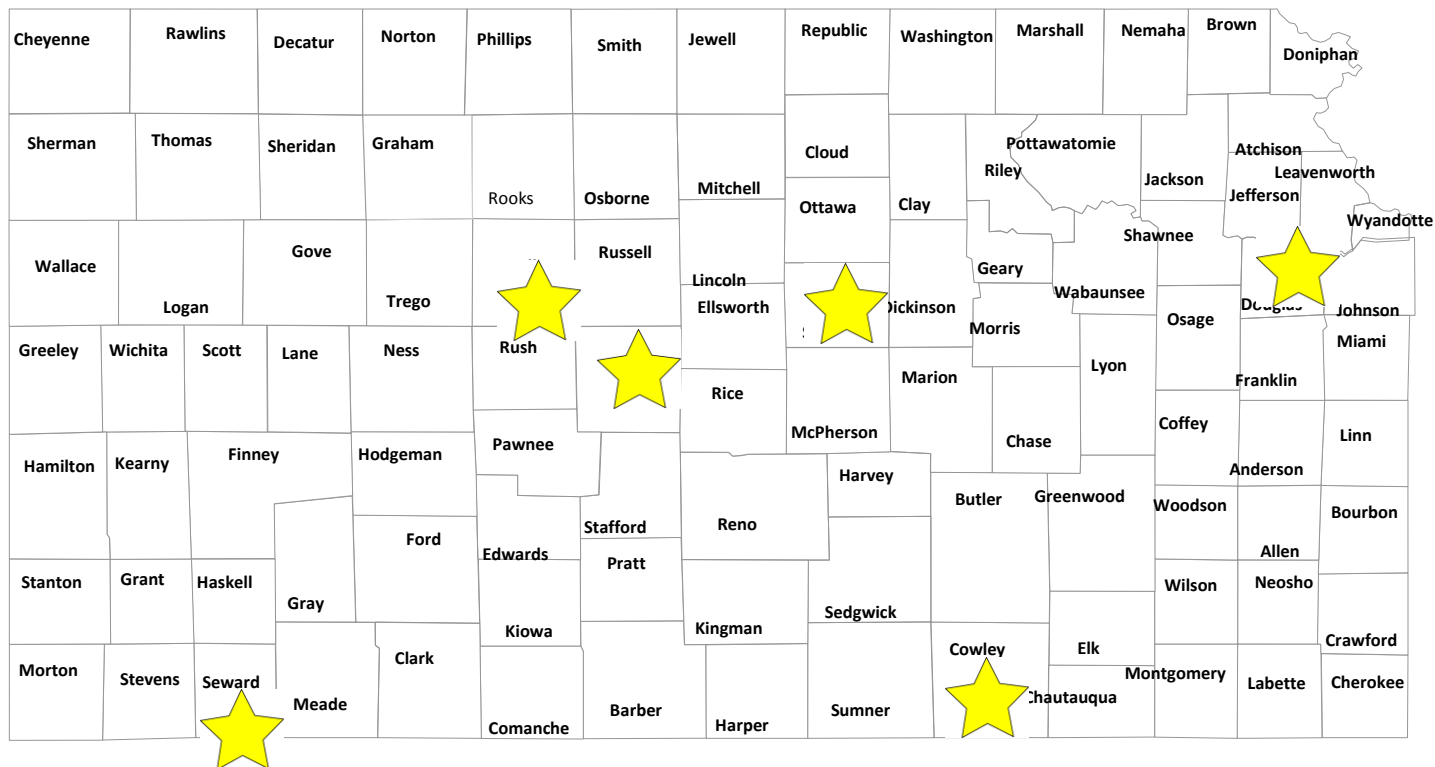
# CSB Criteria

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1. Local coalition site with resources
2. Peer breastfeeding support group
3. Hospital (*High 5 for Mom OR Baby Friendly<sup>®</sup> USA*)
4. Businesses (*Breastfeeding Welcome Here*)
5. Businesses (*Breastfeeding Employee Support Award*)
6. Child care provider training



# CSB Communities



# Breastfeeding Support Network

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# Infant Mortality CoIN\*

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**Project Mission:** Demonstrate improvement in identified strategy areas that will result in lower rates of and greater equity in infant mortality.

**\*Collaborative Improvement & Innovation Network:** *Cyber team of self-motivated people with a collective vision, that innovatively collaborate by sharing ideas, information, and work enabled by technology*



# National CoIIN Strategies

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- Kansas selected 2 of 6 national learning strategies/networks based on state needs/priorities\*

- 1. Smoking Cessation**

*Focus: reduce smoking before, during, and after pregnancy*

- 2. Prevention of Preterm and Early Term Births**

*Focus: reduce preterm birth through utilization of progesterone; reduce early elective deliveries*

\*KIDS Network engaged in Safe Sleep

# Healthy Smiles: Child Care

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- Goal:** Focus on changing behavior and healthy habits
- decreasing sugary snacks/beverages served
  - incorporating oral health education/practices
  - tooth brushing after meals

**KDHE MCH, Child Care, Oral Health; Oral Health KS; Child Care Aware of KS; KS Child Care Training Opportunities**

**Kick off:** Southwest KS public health region - May 2015

- 17 providers completed 2-hr training; received *Oral Health Kit*
- 105 children received education and screenings by a dental hygienist
- Parents received screening results and referrals, oral health literature



# SHCN Telehealth Initiative

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## Goals:

- Telehealth tool kit
- Return on investment (ROI)
- Pilot project in rural area



## AMCHP Workforce Development Center Project

- Partnerships with Medicaid, HRSA  
Telehealth Resource Center, Hospitals, Families
- Toolkit to expand/adapt the Heartland Regional Genetics  
Collaborative Telegenetics Tool Kit

# Systems Integration Grant

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- Received D-70 Integrated Community Systems for CYSHCN Medical/Health Home Grant
- Support access for CYSHCN to receive services
- Improved and increased system capacity
- Grant Objectives:
  - Coordinated policies & collaborative partners
  - Education, resources, supports, and tools
  - Increase access
  - Integrated, cross-system care coordination



# Discussion – Title V Overview

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*Questions or clarifications needed on presentation content?*

1. Did you learn about something new? Were you aware of most of these efforts?
2. Think of your circle of organizational contacts, community members, coworkers, friends, etc. On a scale of 1 to 10, what is the current level of awareness of Title V, the Bureau of Family Health, and current MCH initiatives?
3. What groups, populations, geographic areas, professionals, etc. are lacking awareness but could benefit from knowing more about Title V and Kansas MCH?
4. What efforts or initiatives do you find most **exciting** for Kansas MCH?
5. Are you involved in one or more of these efforts? If so, which one(s)?
6. Are there any efforts you would like to be more involved in or become a more engaged partner?
7. Where is there a need for increased collaboration to make Kansas Title V even more effective? Are we missing any people, resources, or related initiatives that should be leveraged for maximum impact?
8. Where **do you fit in Kansas Title V MCH**? Each of you are here because you are an important partner to Kansas Title V. If your role is not clear or you aren't sure where to engage, how can we help better define this?



# Family & Consumer Engagement Family Advisory Council

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HEATHER SMITH

KAYZY BIGLER

DONNA YADRICH

# Family Engagement in Title V

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Family/consumer partnership is the intentional practice of working with families for the ultimate goal of positive outcomes in all areas through the life course.

Family engagement reflects a belief in the value of the family leadership at all levels from an individual, community, and policy level.

*-2016 Title V Block Application Guidance*



# Family Engagement in Title V

*AMCHP Fact Sheet*

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- Nihil de nobis, sine nobis = Nothing about us, without us
  - Concept: Policies should not be created/implemented without the “full and direct participation of those affected”
- Families engaged at all stages (design, planning, implementation, evaluation) in an ongoing, continuous way → NOT a point-in-time approach
- Diversity is critical
  - Geographically
  - Socioeconomically
  - Culturally

***AMCHP Family Engagement Resource***

<http://www.amchp.org/programsandtopics/family-engagement/ToolsandResources/Documents/FamilyEngagementinTitleV.pdf>

# Family Engagement cont...

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## **Kansas Family Engagement and Partnership Standards for Early Childhood Purpose:**

- Encourage and validate family participation in decision-making process
- Facilitate two-way communication
- Collaborate and exchange knowledge
- Emphasize creating and sustaining opportunities to enhance children's health and learning
- Collaborate in establishing goals
- Create an ongoing and comprehensive system

# Family Engagement Standards

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## Families as.....

- Foundation
  - All families are recognized and promoted as their child's first and most influential teacher.
- Communicators
  - Early childhood providers and families have effective and ongoing communication.
- Advocates
  - Families actively engage as an advocate and decision-maker for their child.
- Partners
  - Successful partnerships exist between families and professionals based upon mutual trust and respect.
- Community Members
  - Families are active participants in their communities and connect to resources and services.

Available at: [www.kcefe.net](http://www.kcefe.net)

# Current Kansas FE Efforts

---

- Special Health Services Family Advisory Council
  - Families of those served by, or potentially eligible for, services through the SHS programs (NBS, NBHS, SHCN, and ITS)
  - Contributed to SHCN Statewide Strategic Plan, including selection of 5 SHCN priorities
  - Defined each new SHCN priority and assisted in developing objectives and strategies.
  - Provides guidance to SHS programs and develops resources/materials to equip other families with knowledge and skills
  - Present at state and national conferences
- MCH Council Family Representatives
  - Assist Title V with implementation of Title V State Action Plan

# Current Kansas FE Efforts

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- AMCHP Family Delegate
  - Competitive process for a 2-year term awarded by Title V staff
  - Required mentored annual project
  - Voting rights at AMCHP

***The Kansas Delegate also participates in the following initiatives:***

- Family Representative as a State CoIIN Team Member
- The only state to have families represented at AMCHP's National MCH Workforce Academy Population Health Symposium
- Family Representative on the AMCHP Board of Directors
- Advisory Committee Member for the National MCH Workforce Development Center
- A 2015/16 City Leader

# Future Plans for FE in Kansas

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- Youth Advocacy Program
  - Pilot begins October 2015 with youth with special health care needs/disabilities
  - Intend to expand to all youth in the future
- BFH Family Engagement Rep to participate in Child Care Licensing Systems Improvement Team
- Youth involvement in MCH Council
- Family Leadership Program
  - Development in progress (Delegate Project)
  - Will be progressive, including support for the AMCHP Family Delegate and AMCHP Family Scholars programs

# SHS Family Advisory Council

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## Mission

- To achieve satisfaction of special health care services for families of infants, children and youth with special health care needs by advising and promoting opportunities for individuals with health care needs or disabilities to exercise self-determination.

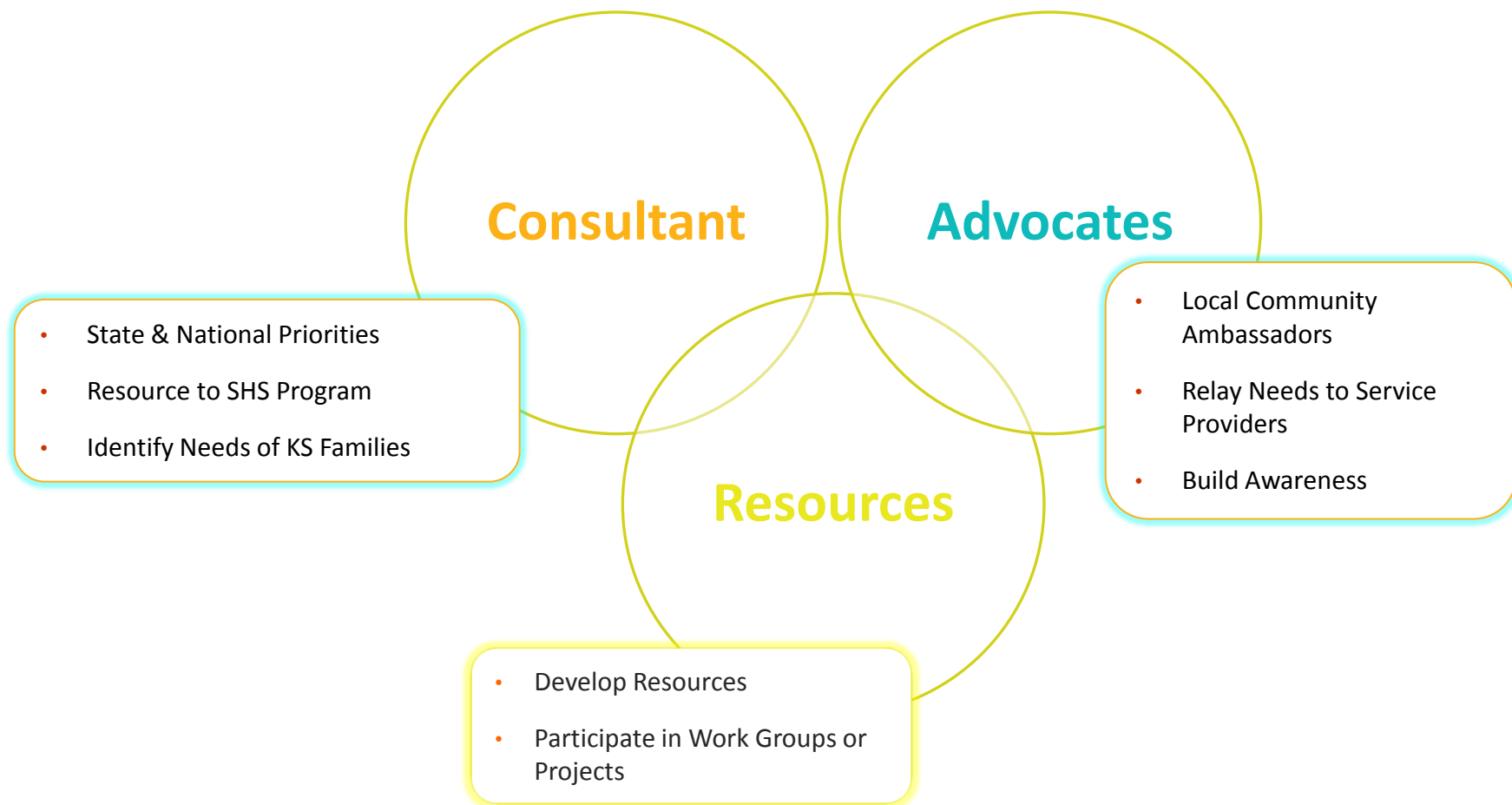
## Vision

- Families of SHCN are partners in decision-making at all levels and are satisfied with the services they receive.

*The FAC will revise these in the coming months to better reflect the SHS programming focus.*

# Role of the FAC

---

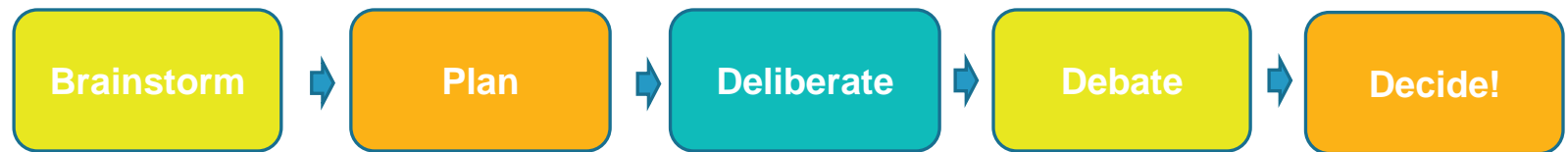




# FAC Projects

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- **Active Participation** in meetings and projects
- Focus is always on State and National **objectives**
- FAC Projects are **Chosen by Members**



# Major FAC Accomplishments

---

- Medical Home Information Card
- Transition Booklets
  - For parents of children 0-6 years of age
  - For pre-teens and teens 7-13 years of age
  - For youth and young adults 14 years of age and older
- Community Services Brochure
- White Papers
  - Partner and Communicate with Families of CYSHCN
  - Raising CYSHCN and the Impact on Family Health
  - Financial Impact of Raising CYSHCN
- SHCN Strategic Planning

# FAC Value to SHS Programs

## Collective State Gain

---

### Decision-Makers

- Parent expertise available as consultants
- Deeper understanding of families' daily struggles

### SHCN Program

- Data verification as more “family friendly”
- Evaluations confirm improved SHS services

### Legislators

- Awareness of the importance of state and federal funding

# FAC Value to Families

---

## Leadership Development

**Lead by example**

## Build Advocacy Skills

**Advocate for Funds**

**Advocate for Services**

**Advocate for Family/Patient Rights**

## Peer Support

**Enough said...**



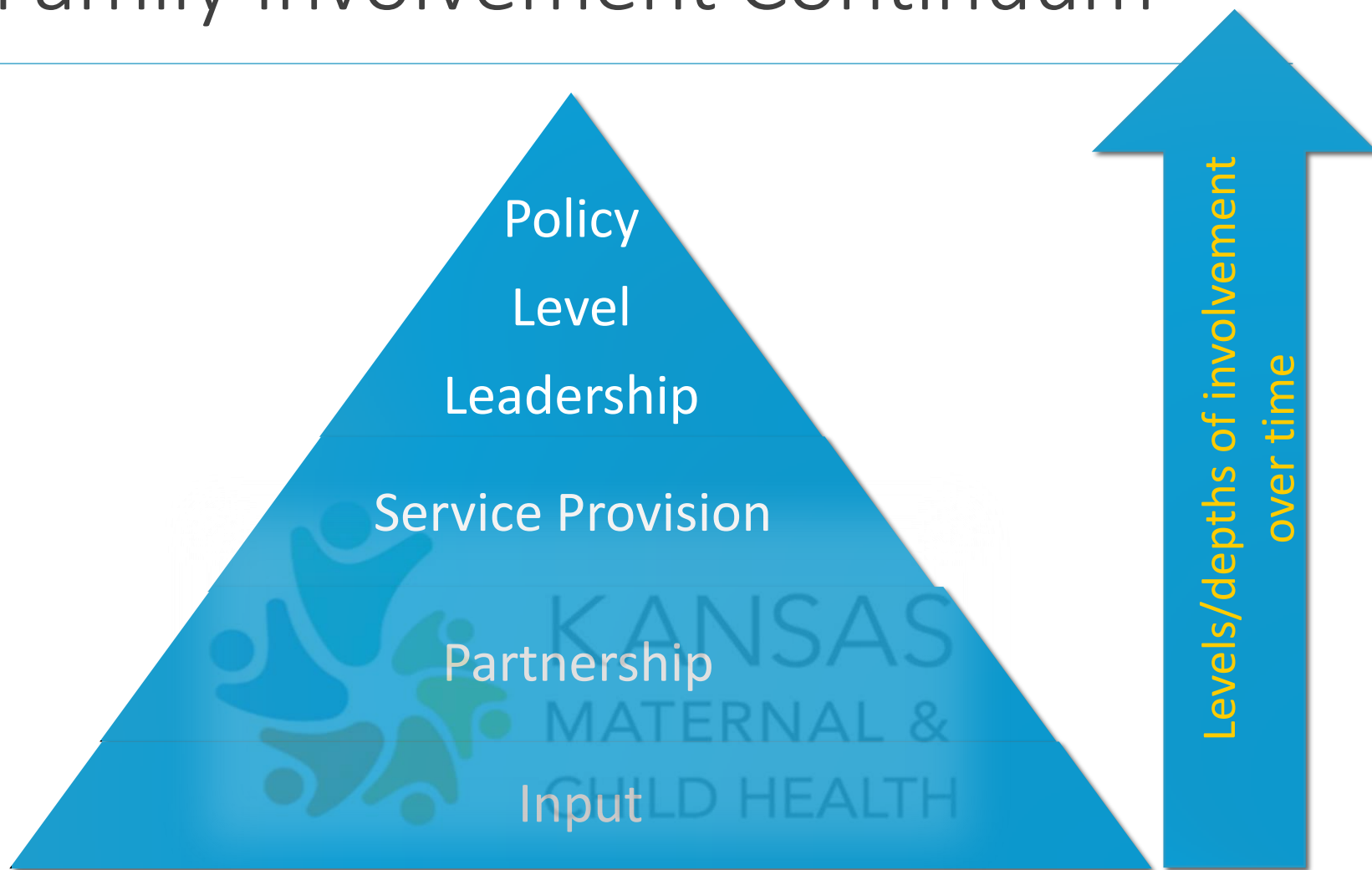
# MCH 3.0

## Families Engaged Across All Domains

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“The consistent provider at each stage of the life course – from the unborn to the infirm – is the family caregiver.”

# Family Involvement Continuum

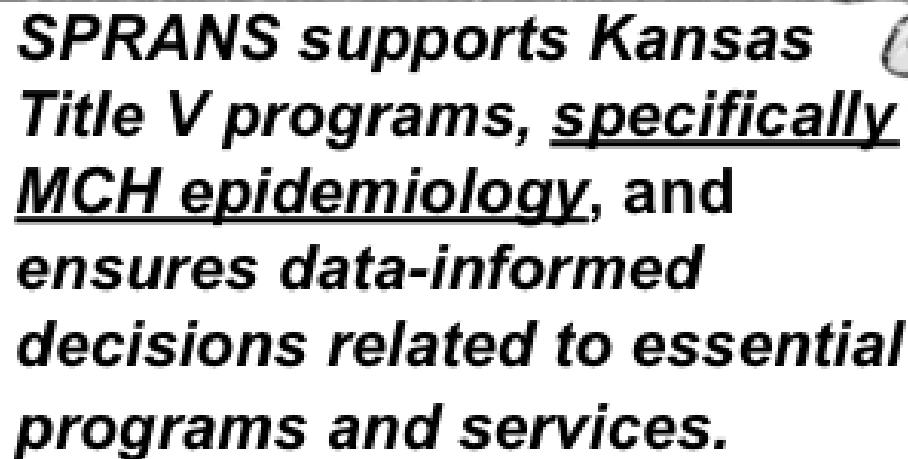


2014-15 AMCHP nationwide survey of Title V MCH & CYSHCN Programs

# Increasing Levels/Depths Family Involvement Continuum

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**Equipping** families with firsthand knowledge of the budget and system challenges faced by MCH allows them to be eloquent and powerful advocates.<sup>1</sup>



***SPRANS supports Kansas  
Title V programs, specifically  
MCH epidemiology, and  
ensures data-informed  
decisions related to essential  
programs and services.***

<sup>1</sup>[Page 6, AMCHP Family Engagement in Title V](#)

# MCH 3.0

## Family Engagement Challenges

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- Adaptive Leadership
  - CYSCHN is accustomed to meaningful family involvement, MCH in progress, learning from CYSHCN approach
  - Families can be our program target marketers who know where and how to reach underserved families<sup>1</sup>
  - Families are better able to use services if they are educated and aware of their options<sup>1</sup>
- Compensation<sup>1</sup>
  - Agency work vs. family work; key personnel vs. stipend
  - Uncompensated participation devalues the role of family as partners
- Youth
  - “nothing about us without us”<sup>2</sup>

<sup>1</sup>Page 6 & <sup>2</sup> Page 2 AMCHP Family Engagement in Title V



# Discussion – Families/Consumers

---

*Questions or clarifications on presentation content?*

1. When you think about “family engagement”, is it to the level defined and encouraged in Title V?
2. Think about the services, programs and initiatives you support, benefit from, or connect with...on a scale of 1 to 10, how effectively do we/they engage families? (Use the definition provided here – connecting at all stages, diversity is critical, “nothing about us, without us”, etc.)
3. Related to family engagement for all Kansas MCH partners across the state, what is being done really well? Where are we most in need of improvement?
4. What is one specific action you can take to help improve family engagement in Kansas?



# MCH Measurement Framework Data Trends

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RACHEL SISSON

JAMIE KIM

# Measurement Framework

National Outcome Measures



National Performance Measures



State-Initiated Evidence-  
based/informed Process Measures



State Performance Measures

**Kansas is required to:**

- Identify 7-10 priorities
- Select 8 of 15 national measures that tie directly to the state priorities
- Develop a process measure for every national measure
- Develop 3-5 state performance measures to address priorities that national measures do not address

# How is Kansas Doing?



## National Outcome Measures and National Performance Measures

Kansas Maternal and Child Health Services Block Grant Federally Reported Measures  
2016 Application/2014 Annual Report



NOM #	National Outcome Measures	Population Health Domain	2008	2009	2010	2011	2012	2013	Trend	HP2020
1	Percent of pregnant women who receive prenatal care beginning in the first trimester	Perinatal/Infant Health								
	All		73.1%	74.0%	75.0%	77.3%	78.8%	79.4%	↑	77.9%
	Medicaid*		59.9%	61.6%	61.4%	63.7%	68.0%	68.7%	↑	
	Non-Medicaid*		78.2%	79.3%	82.0%	84.5%	84.5%	84.7%	↑	
2	Rate of severe maternal morbidity per 10,000 delivery hospitalizations	Women/Maternal Health	95.2	103.6	103.3	97.4	111.6	-	↑	-
3	Maternal mortality rate per 100,000 live births (5 year rolling average)	Women/Maternal Health	-	13.6	14.0	14.1	14.7	16.5	↑	11.4
4.1	Percent of low birth weight deliveries (<2,500 grams)	Perinatal/Infant Health								
	All		7.2%	7.3%	7.1%	7.2%	7.2%	7.0%	●	7.8%
	Medicaid*		8.4%	8.5%	8.8%	8.9%	8.9%	8.6%	↑	
	Non-Medicaid*		6.7%	6.7%	6.3%	6.4%	6.3%	6.3%	↓	

### Key and Definitions

An "-" indicates the data were not available at the time of reporting.

The arrow indicates the direction of the trend, if any, and the color indicates if the direction is positive (green) or negative (red); A yellow dot indicates no definite trend is apparent.

### HP2020 - Healthy People 2020 goal

5.3	Percent of late preterm births (34-36 weeks gestation)	Perinatal/Infant Health	6.7%	6.6%	6.3%	6.5%	6.3%	6.2%	↓	8.1%
6	Percent of early term births (37,38 weeks gestation)	Perinatal/Infant Health	27.7%	26.8%	25.7%	25.4%	24.6%	23.0%	↓	-
7	Percent of non-medically indicated early elective deliveries	Perinatal/Infant Health	42.8%	40.2%	37.9%	35.8%	33.0%	29.3%	↓	-
8	Perinatal mortality rate per 1,000 live births plus fetal deaths	Perinatal/Infant Health	6.6	6.6	6.2	5.9	6.9	6.5	●	5.9



# Select Performance Measures

Jamie Kim, MPH

MCH Epidemiologist

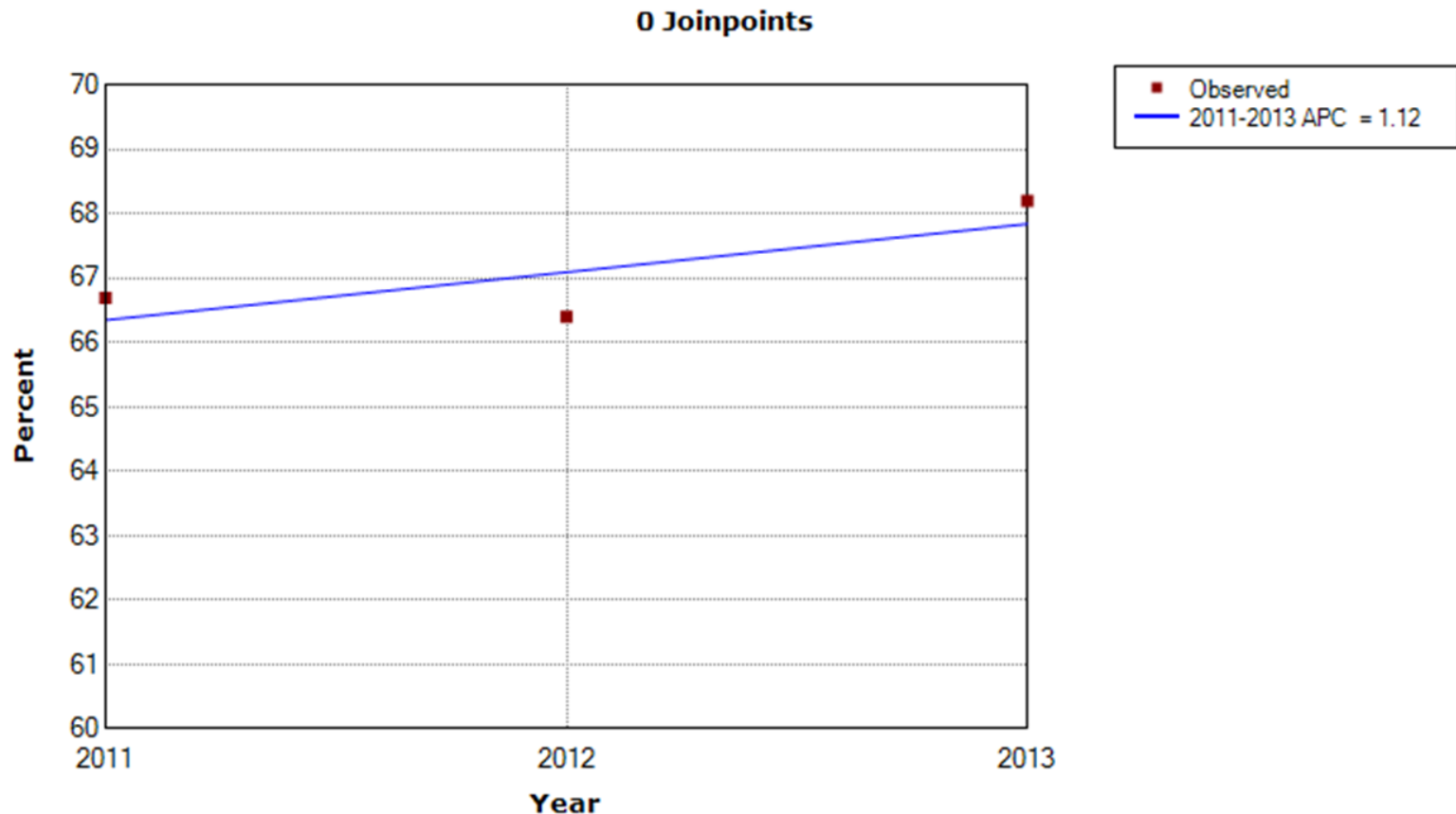
# Positive Trends

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# NPM1: Well-Women Visit: The percent of women with a past year preventive medical visit



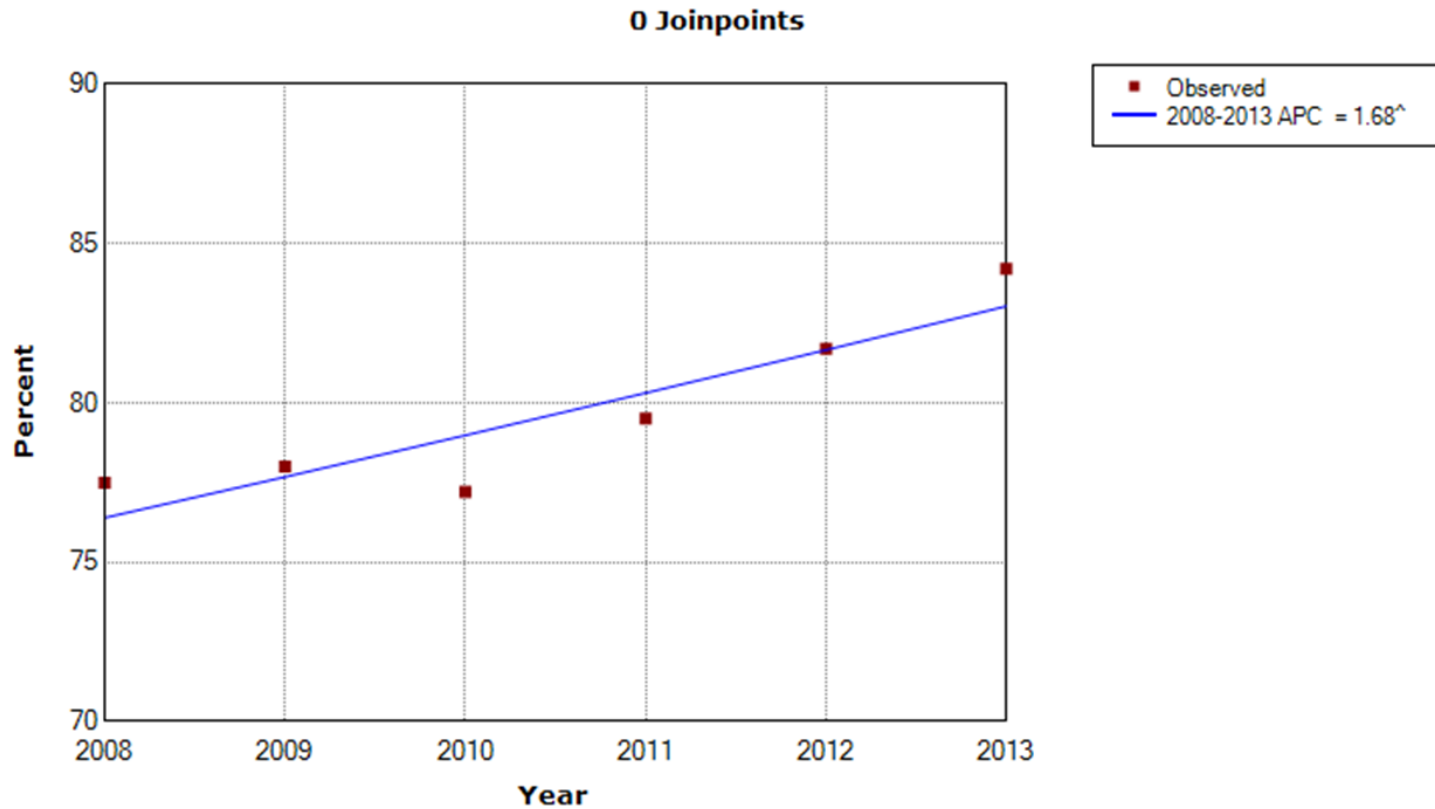
Note: Percents are plotted on a logarithmic scale.

Source: Behavioral Risk Factor Surveillance System (BRFSS)

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# NPM4 (A): Breastfeeding: The percent of infants who are ever breastfed



<sup>^</sup>The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

Note: Percents are plotted on a logarithmic scale.

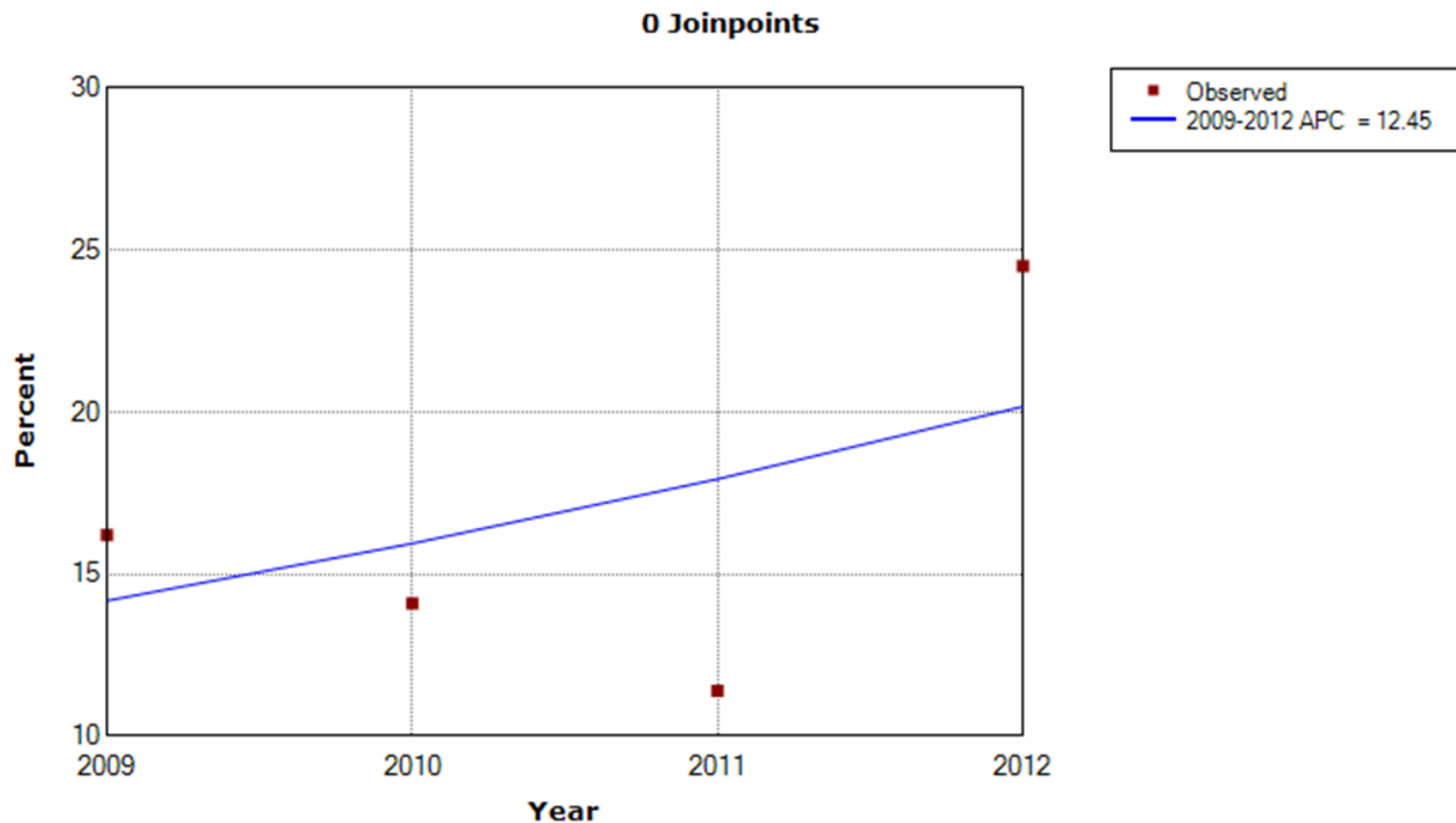
Source: Bureau of Epidemiology and Public Health Informatics, birth certificate data

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# NPM4 (B): Breastfeeding: The percent of infants breastfed exclusively through 6 months



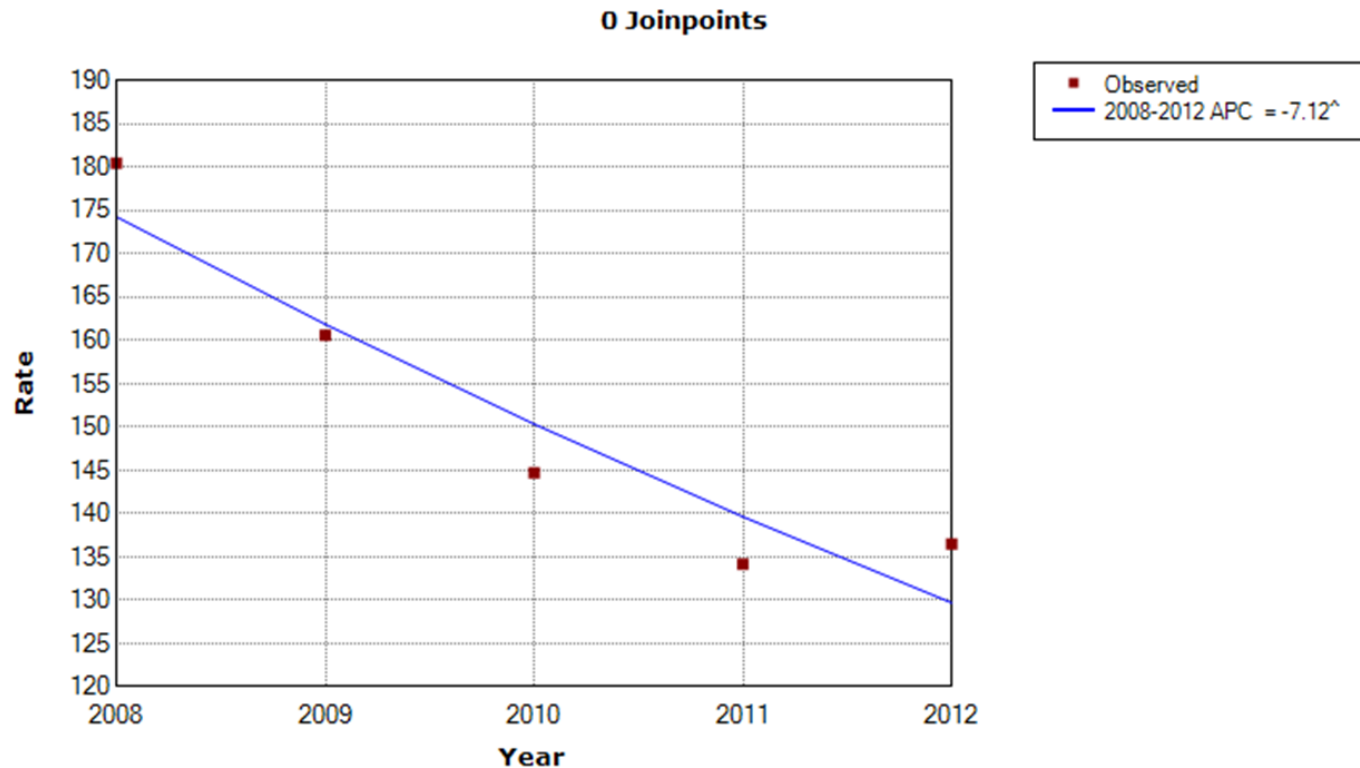
Note: Percents are plotted on a logarithmic scale.

Source: CDC, National Immunization Survey (Children born in 2009 - 2012)

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# NPM7: Child Injury: Rate of hospitalization for non-fatal injury per 100,000 children ages 0 through 9



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

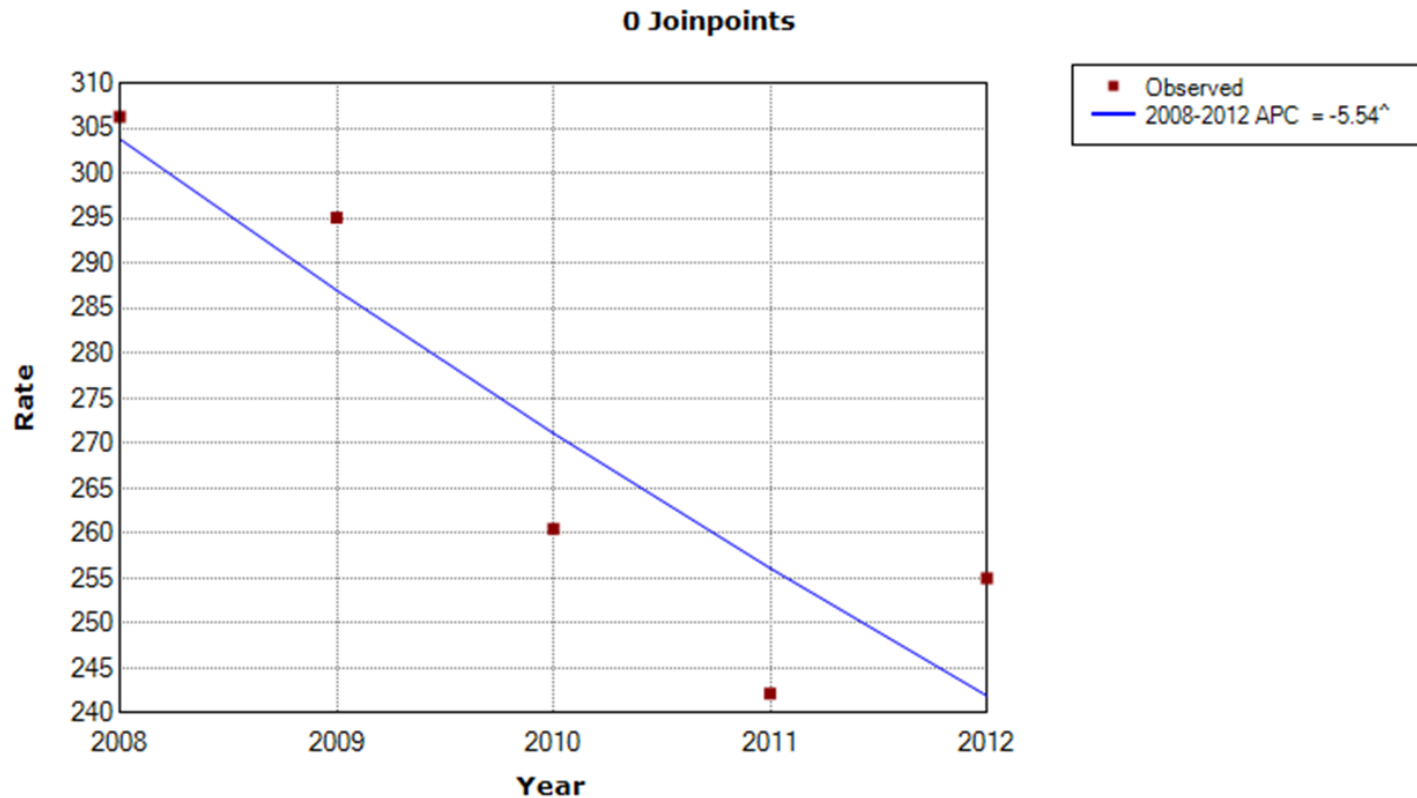
Note: Rates are plotted on a logarithmic scale.

Source: U.S. Census Bureau. State Inpatient Databases (SID)

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# NPM7: Child Injury: Rate of hospitalization for non-fatal injury per 100,000 children ages 10 through 19



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

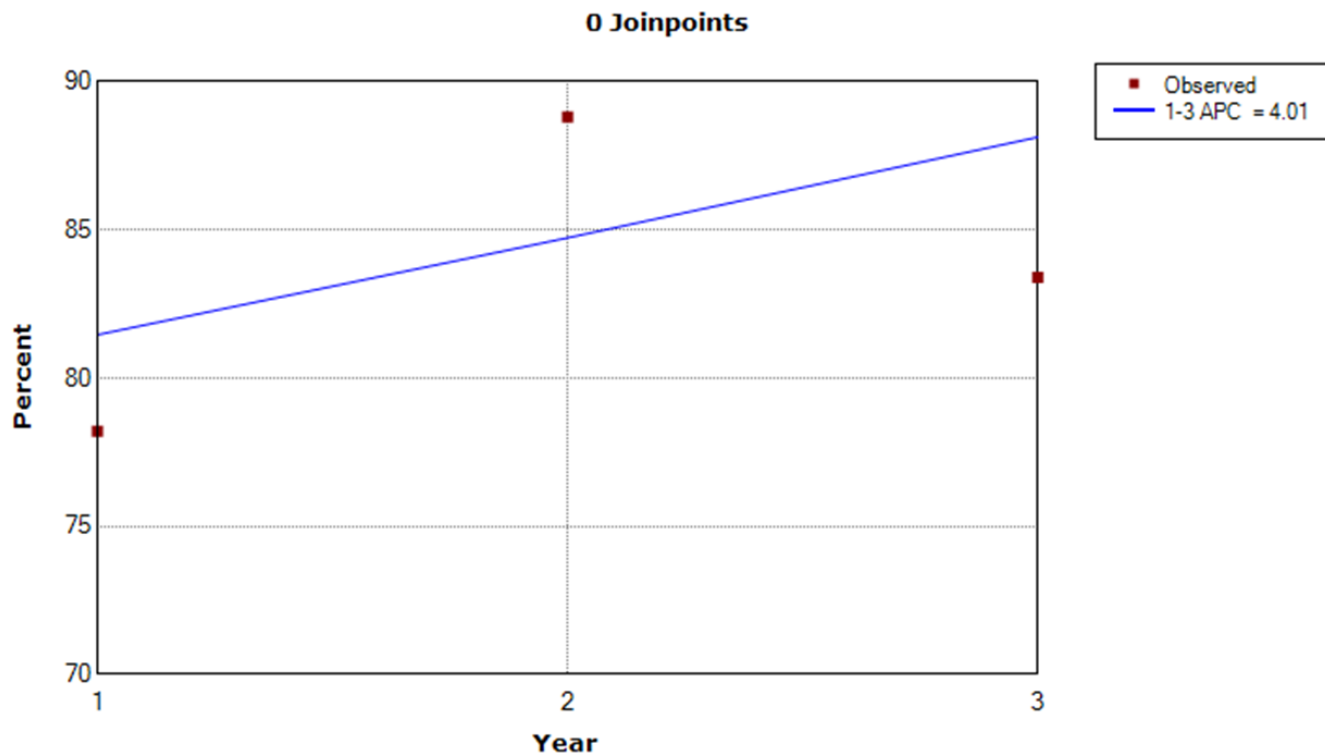
Note: Rates are plotted on a logarithmic scale.

Source: U.S. Census Bureau. State Inpatient Databases (SID)

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# NPM10: Adolescent Well-Visit: The percent of adolescents, ages 12 through 17, with a preventive medical visit in the past year

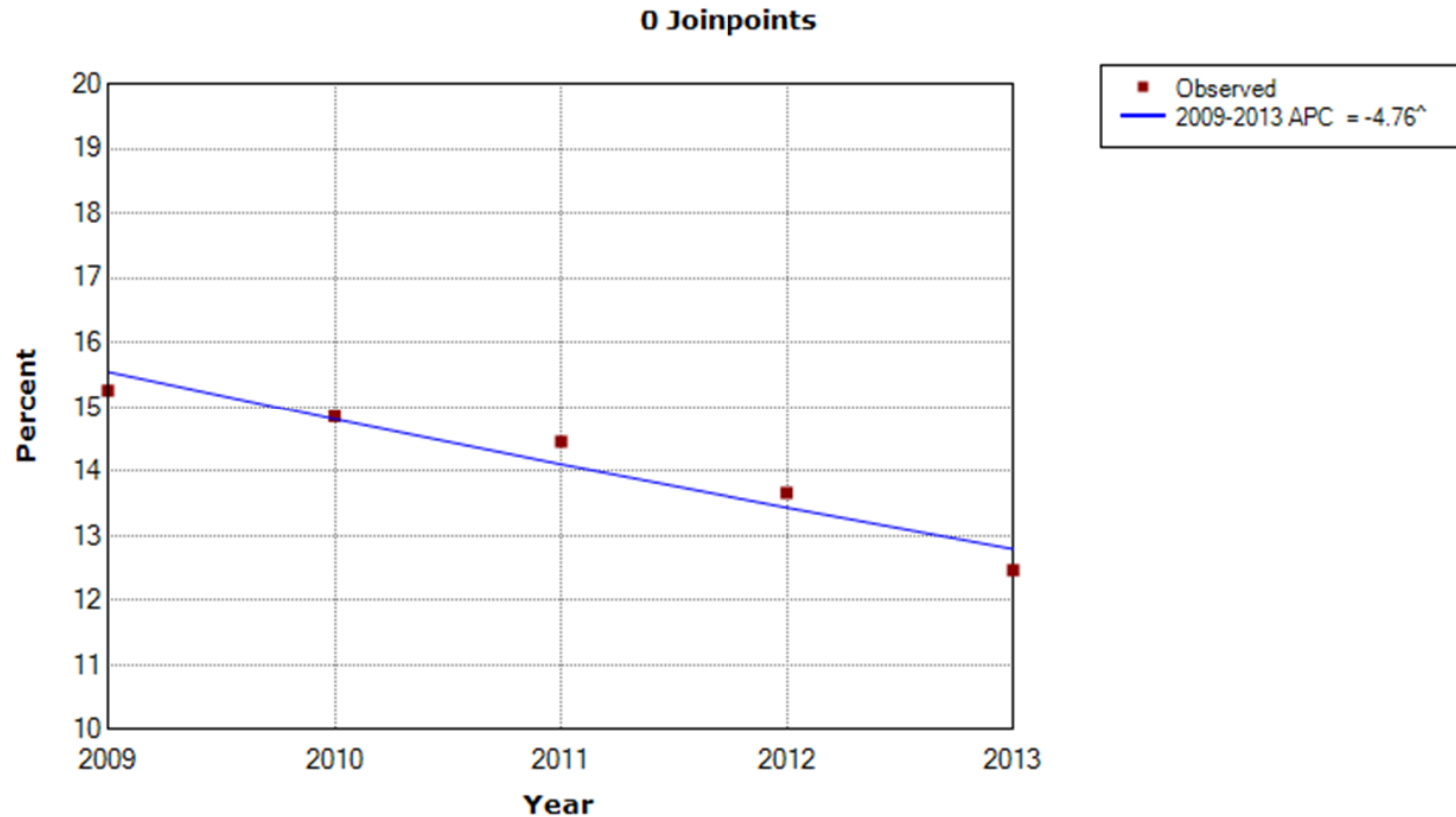


Note: Percents are plotted on a logarithmic scale.  
Source: National Survey of Children's Health

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# NPM14(A): The Percent of women who smoke during pregnancy



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

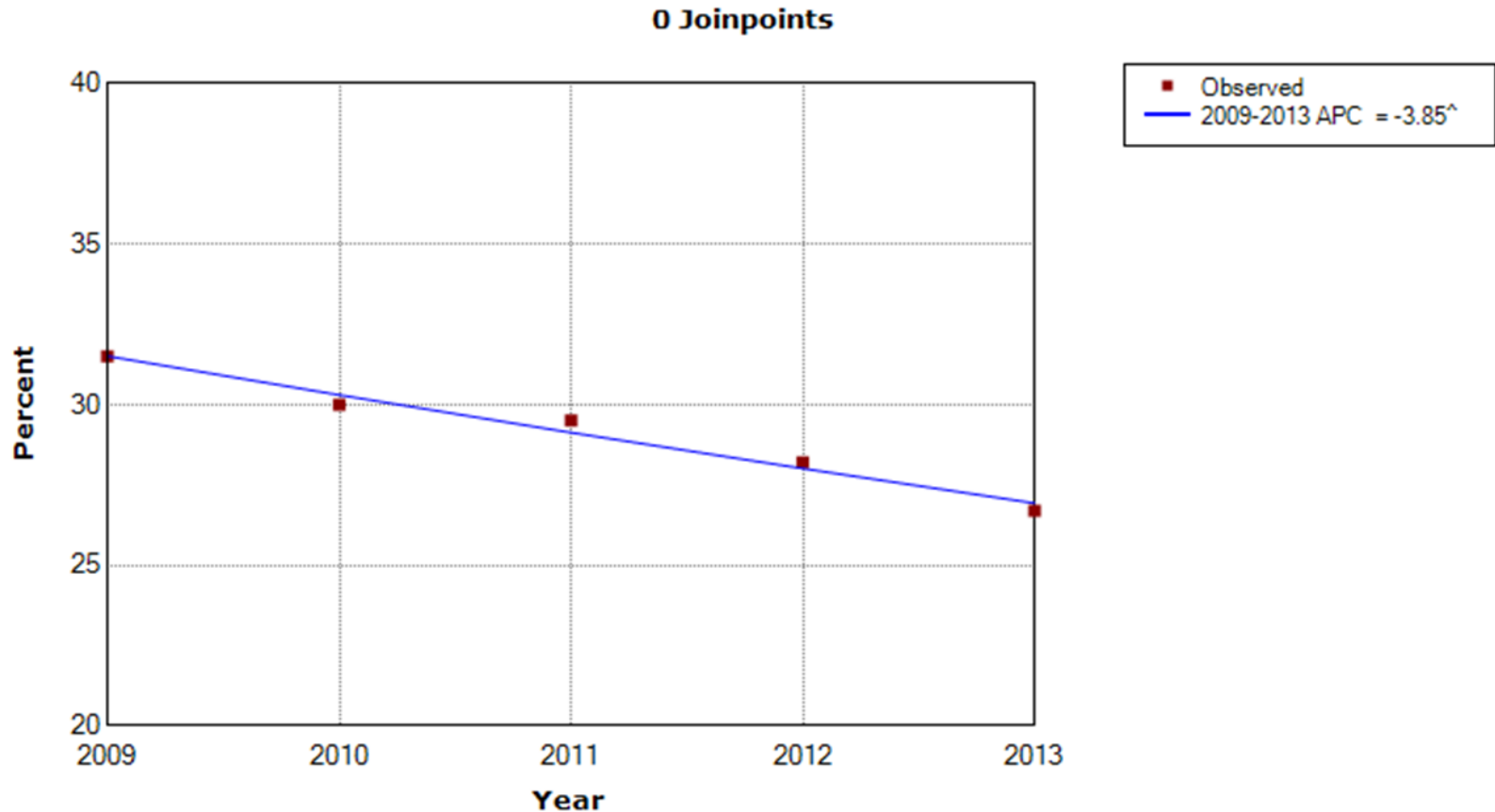
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NPM14(A): The Percent of women who smoke during pregnancy: **Medicaid**



<sup>^</sup>The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

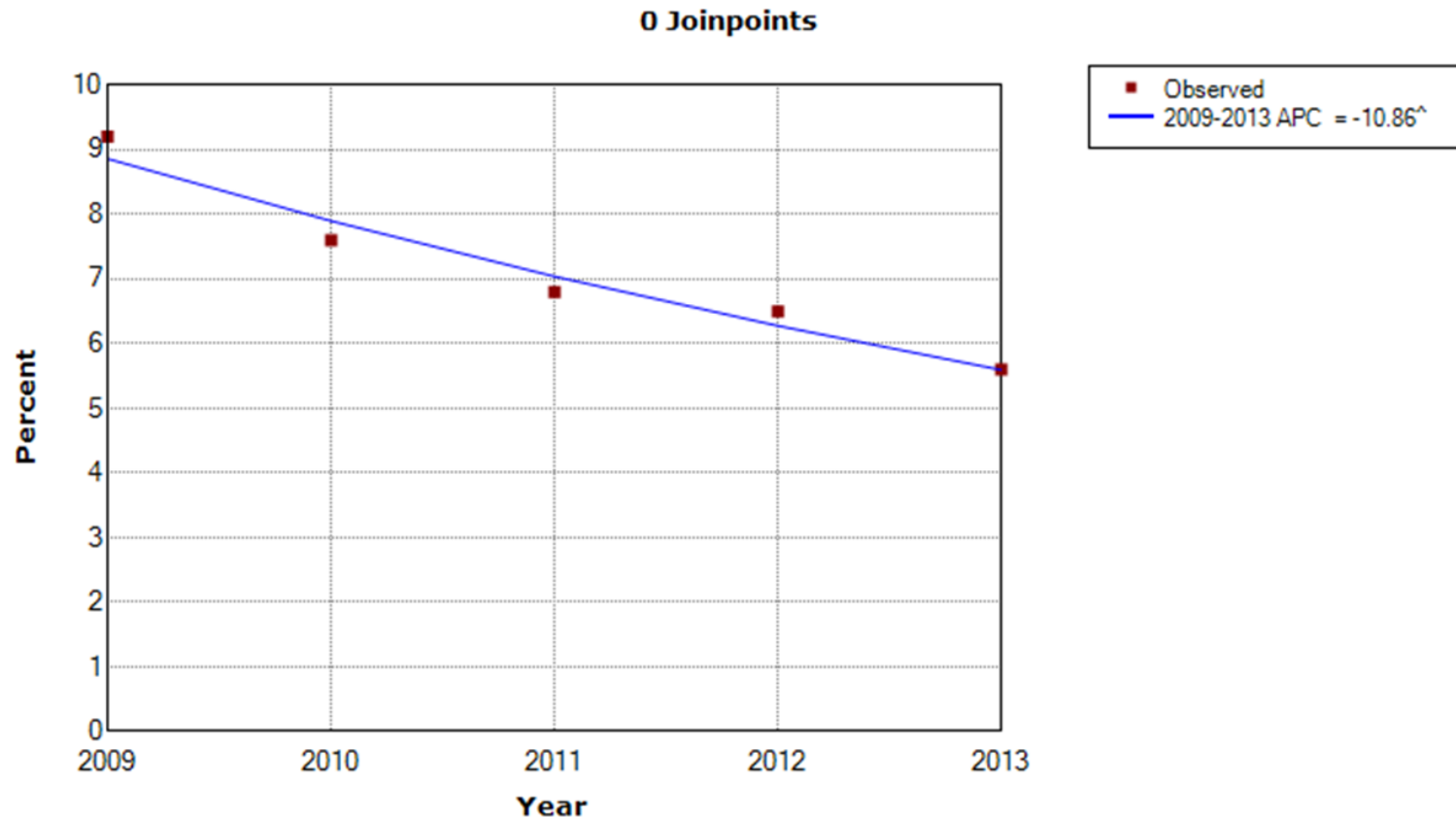
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NPM14(A): The Percent of women who smoke during pregnancy: **Non-Medicaid**



<sup>^</sup>The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

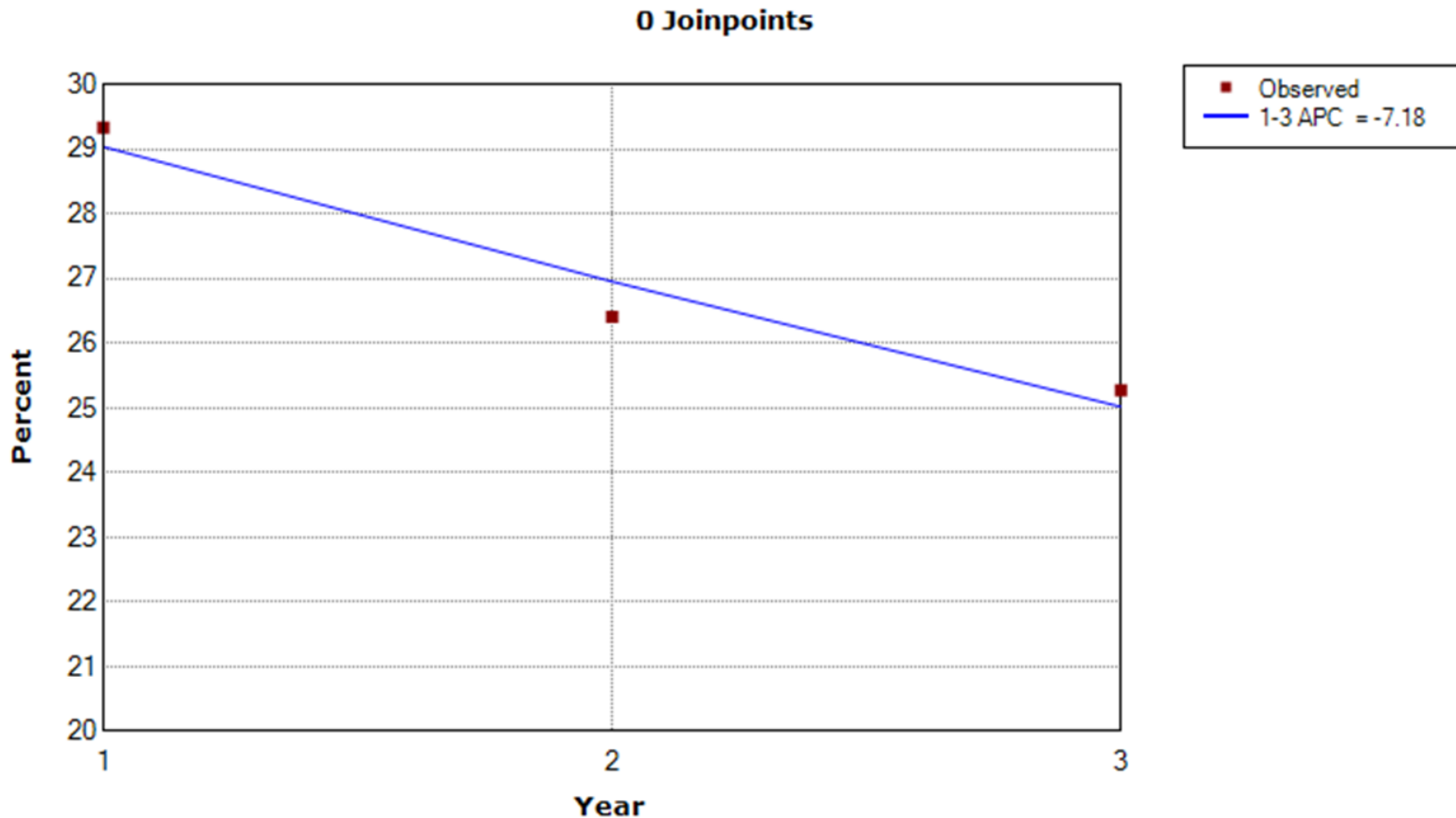
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NPM14(B): The Percent of children who live in households where someone smokes



Note: Percents are plotted on a logarithmic scale.

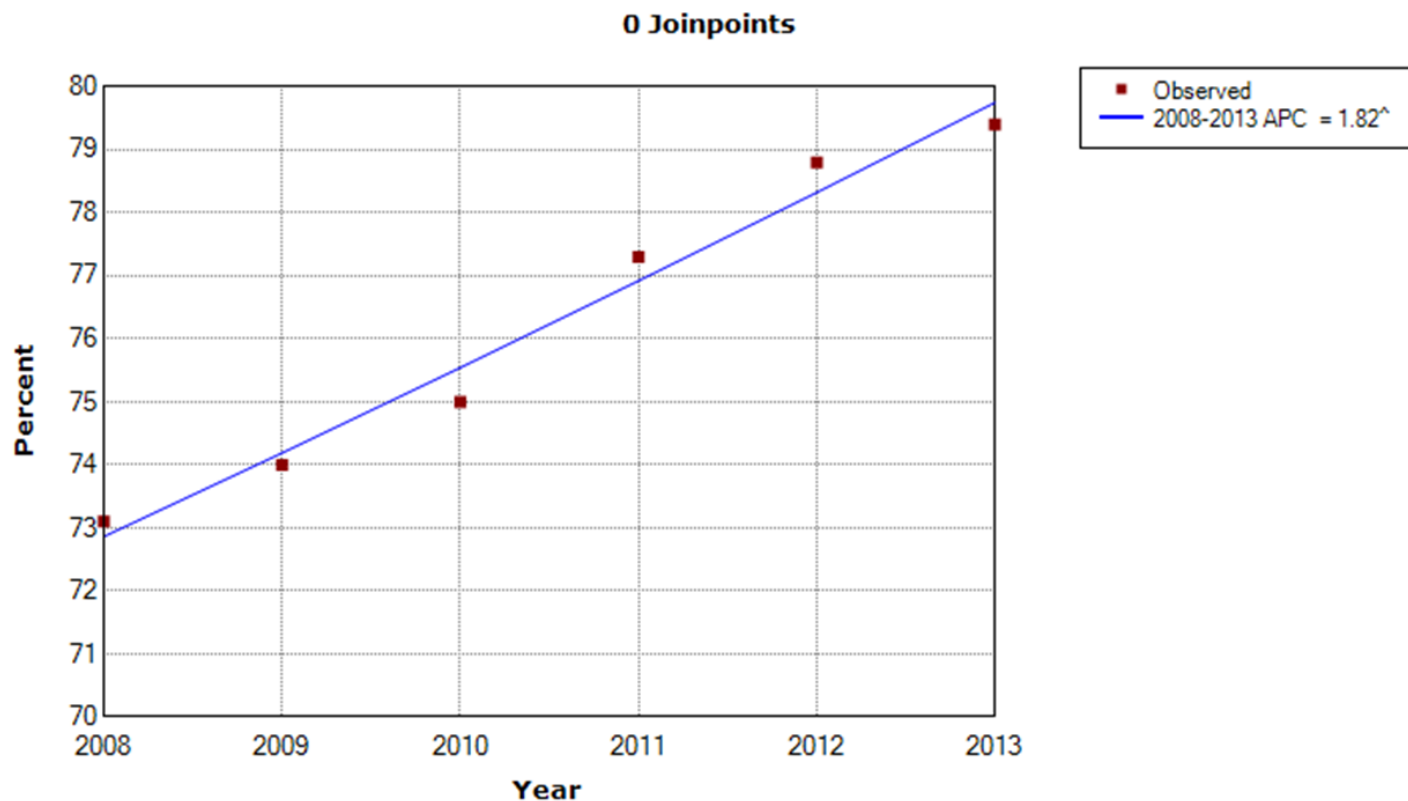
Source: National Survey of Children's Health

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# NOM1: The Percent of pregnant women who receive prenatal care beginning in the first trimester



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

Note: Percents are plotted on a logarithmic scale.

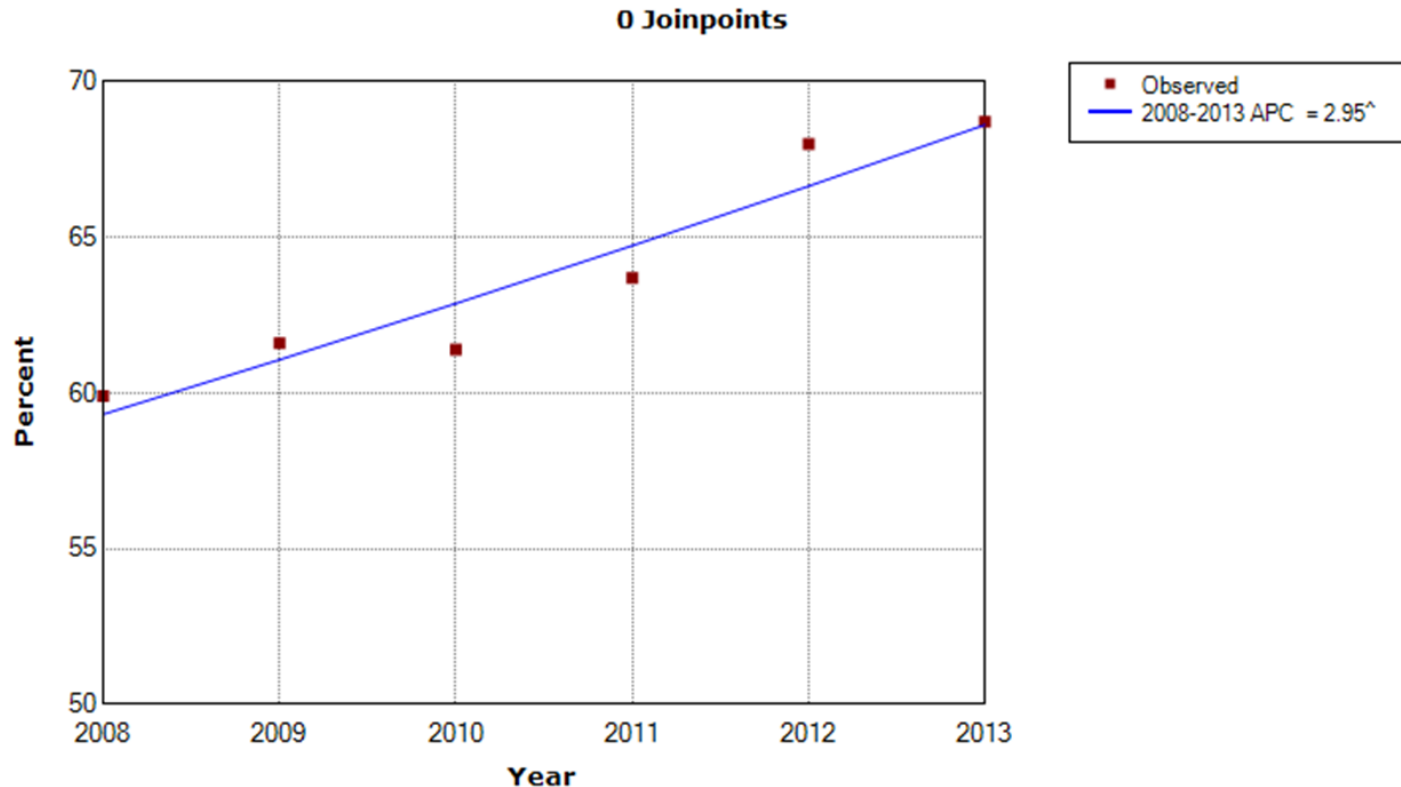
Source: Bureau of Epidemiology and Public Health Informatics

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# NOM1: The Percent of pregnant women who receive prenatal care beginning in the first trimester

## Medicaid



<sup>^</sup>The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

Note: Percents are plotted on a logarithmic scale.

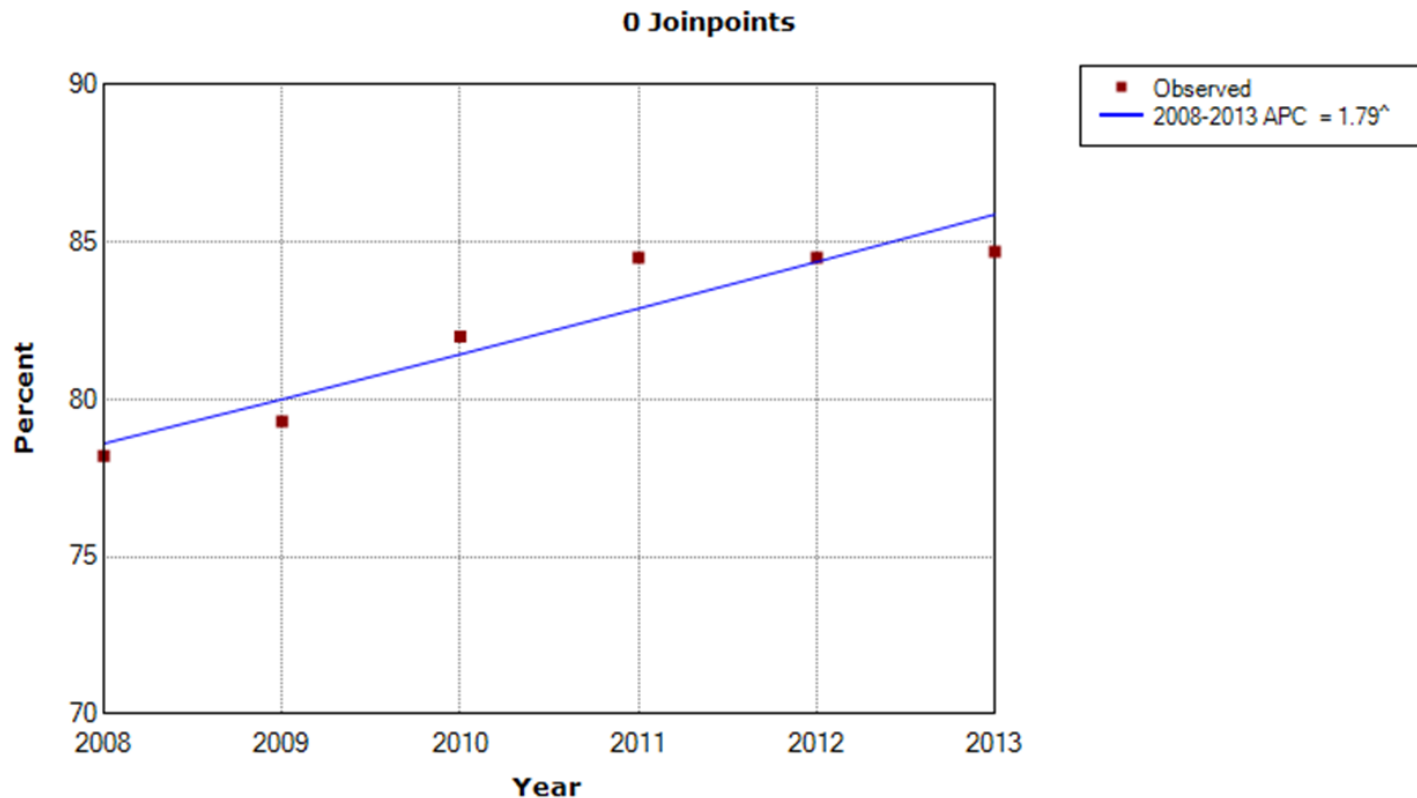
Source: Bureau of Epidemiology and Public Health Informatics

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# NOM1: The Percent of pregnant women who receive prenatal care beginning in the first trimester

## Non- Medicaid



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

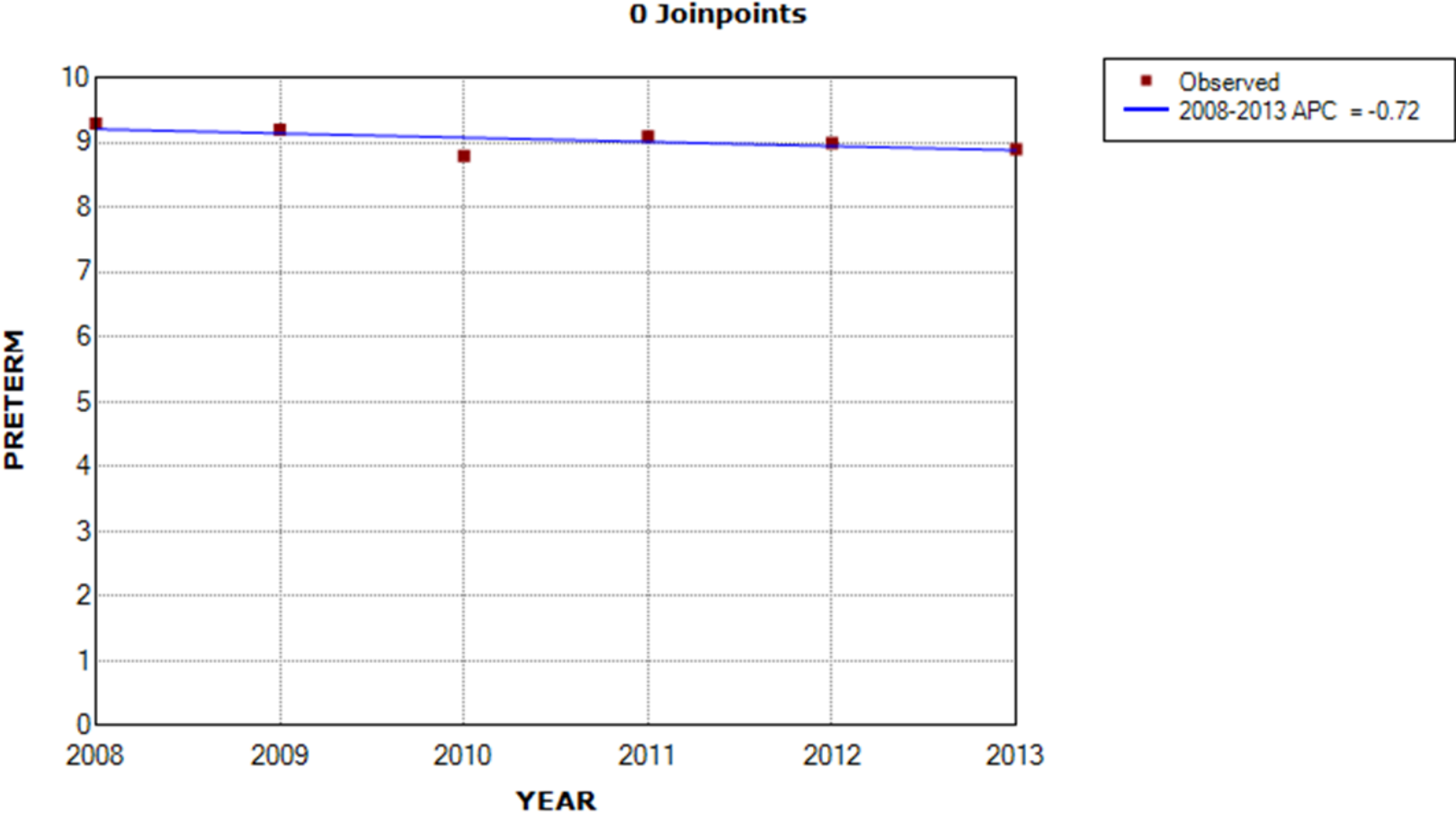
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM5.1: The Percent of **preterm** births (<37 weeks gestation)

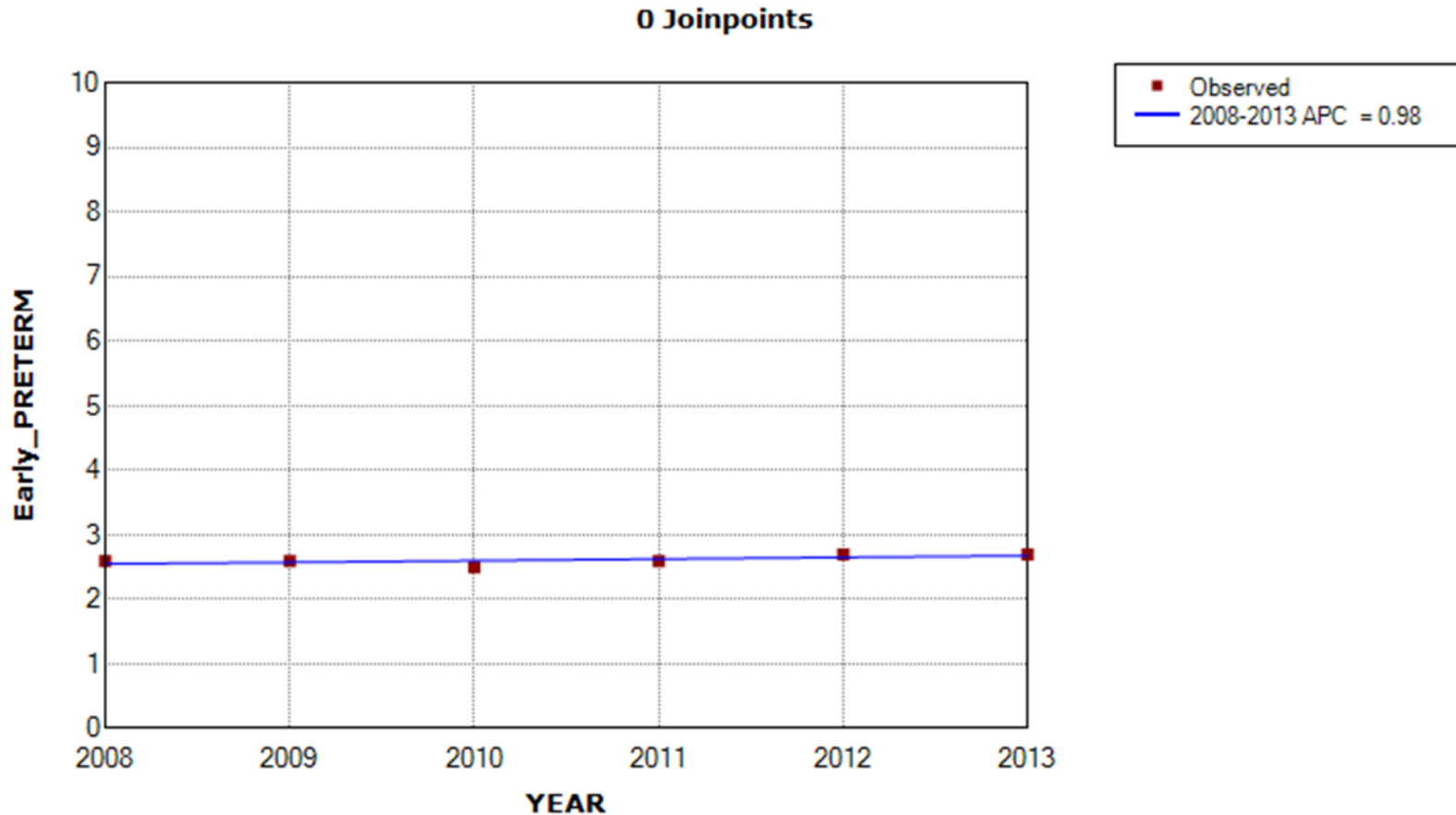


Note: Percents are plotted on a logarithmic scale.  
Source: Bureau of Epidemiology and Public Health Informatics

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# NOM5.1: The Percent of **EARLY** preterm births (<34 weeks gestation)

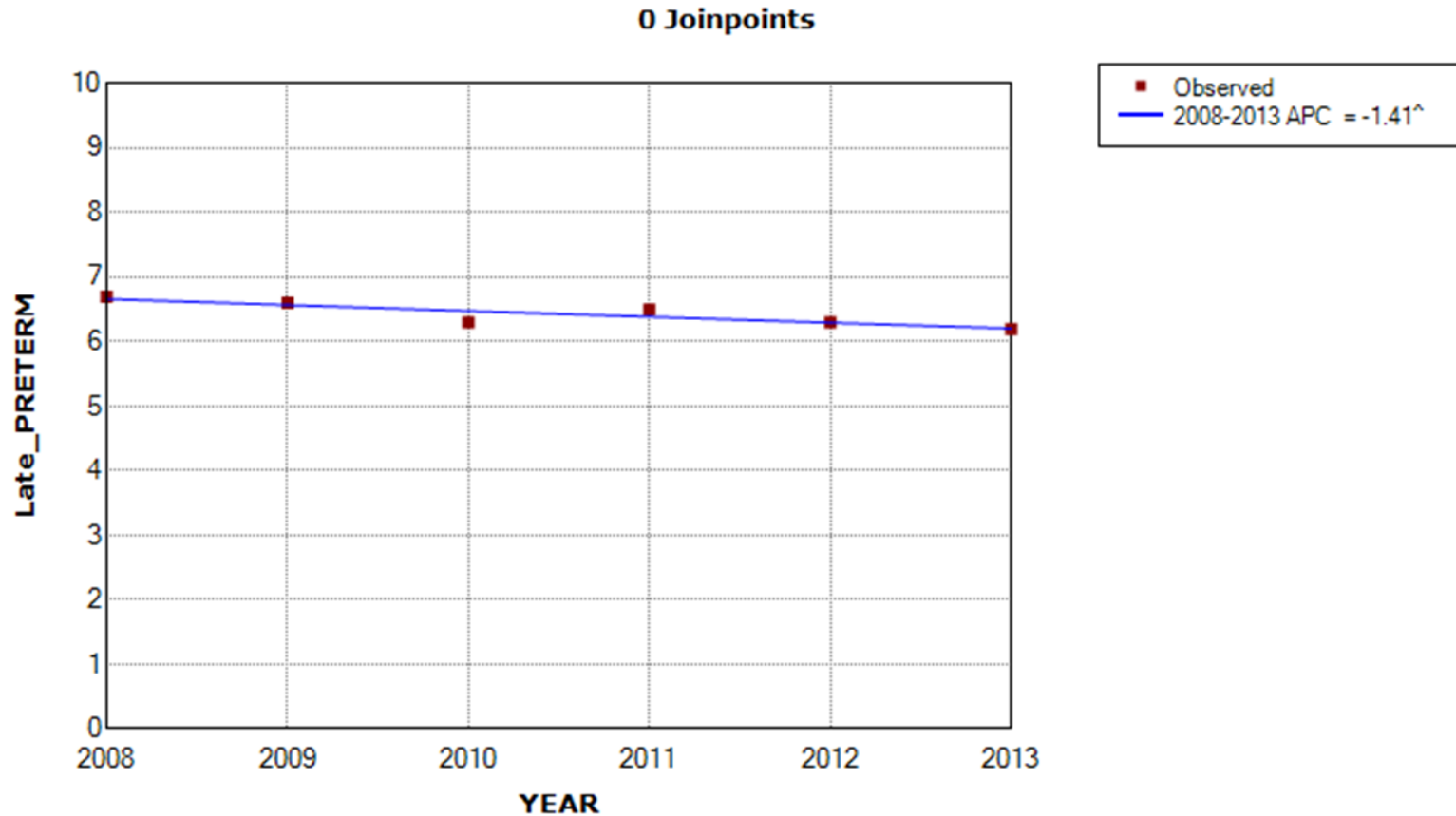


Note: Percents are plotted on a logarithmic scale.  
Source: Bureau of Epidemiology and Public Health Informatics

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## NOM5.3: The Percent of **LATE** preterm births (34-36 weeks gestation)



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

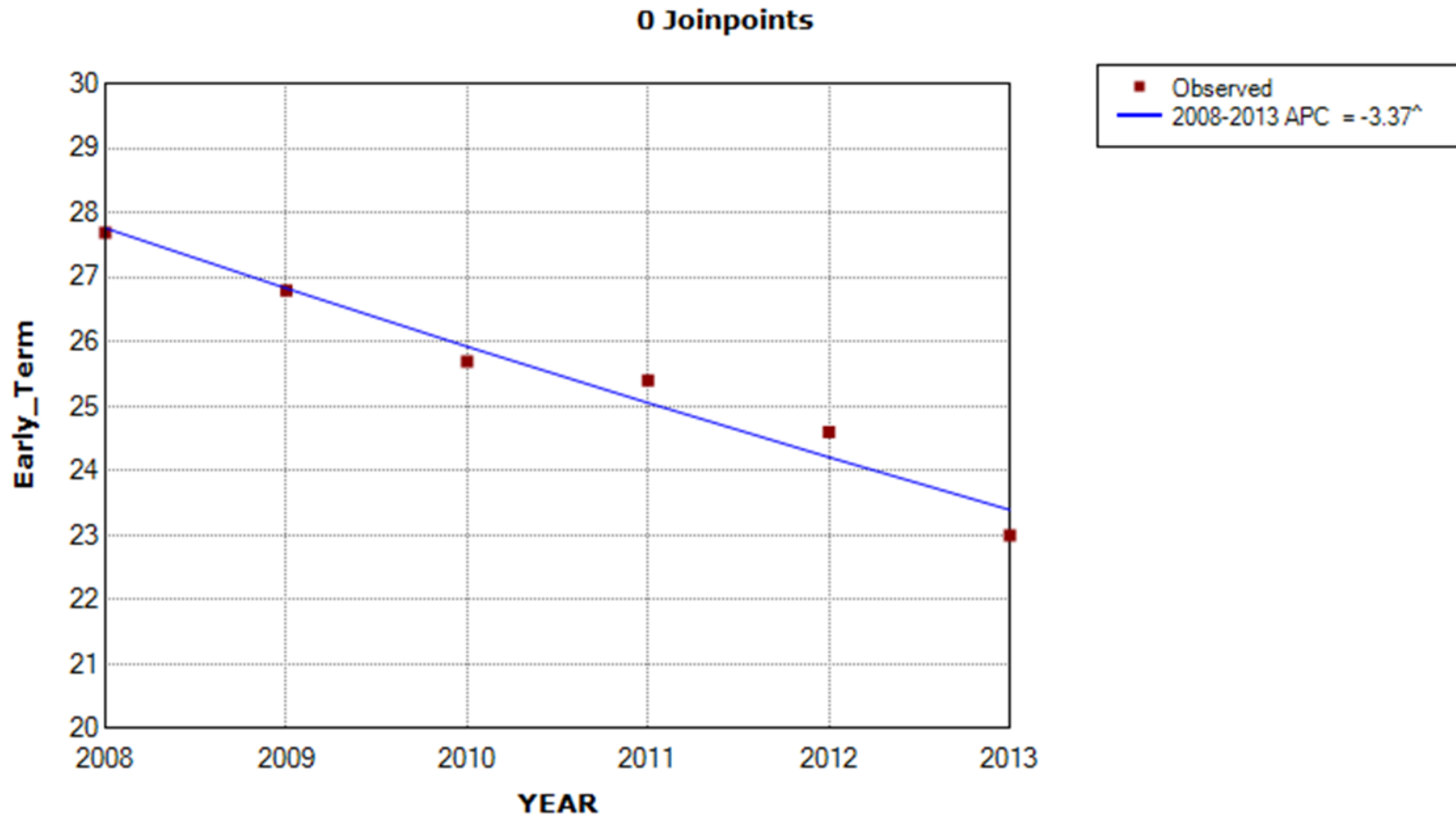
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM6: The Percent of **early TERM** births (37-38 weeks gestation)



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

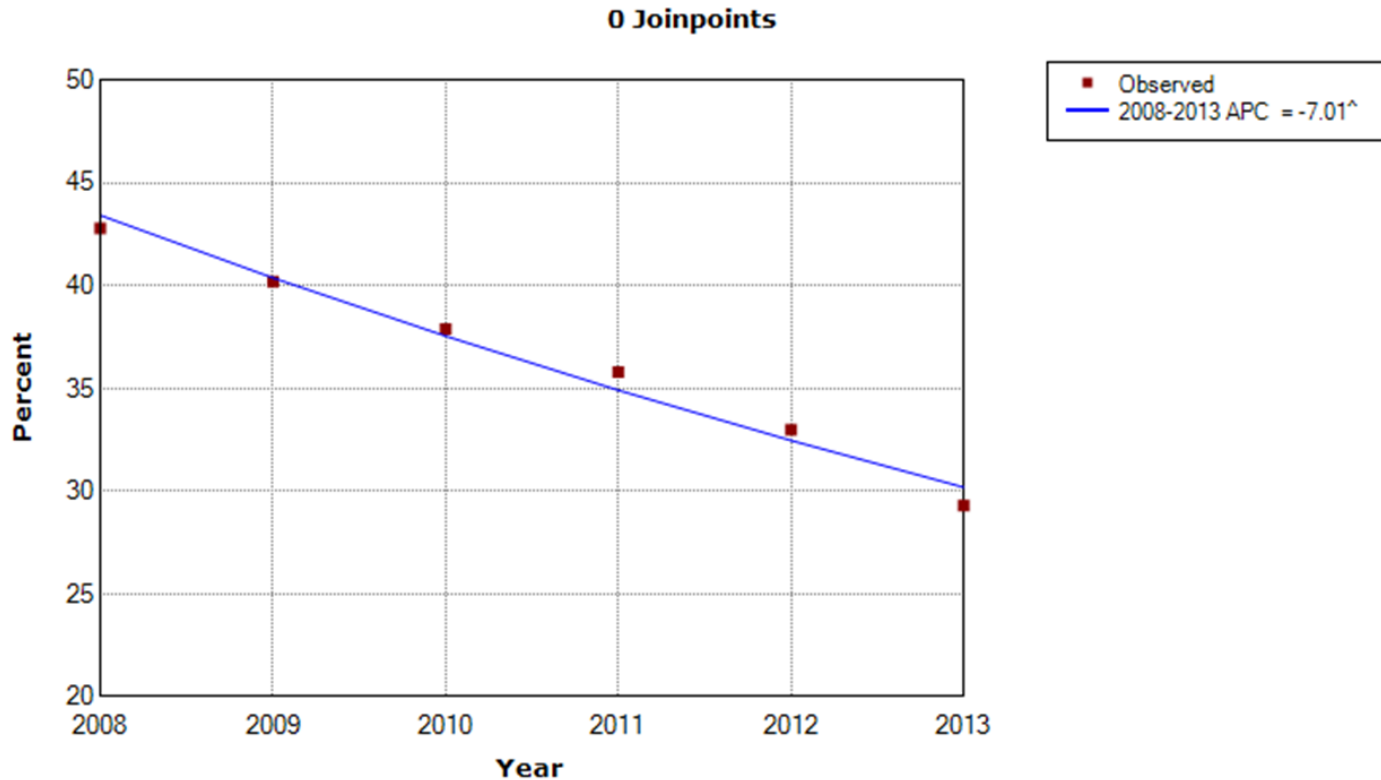
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM7: The percent of non-medically indicated (NMI) early term deliveries (37,38 weeks) among singleton term deliveries (37,38 weeks)



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

Note: Percents are plotted on a logarithmic scale.

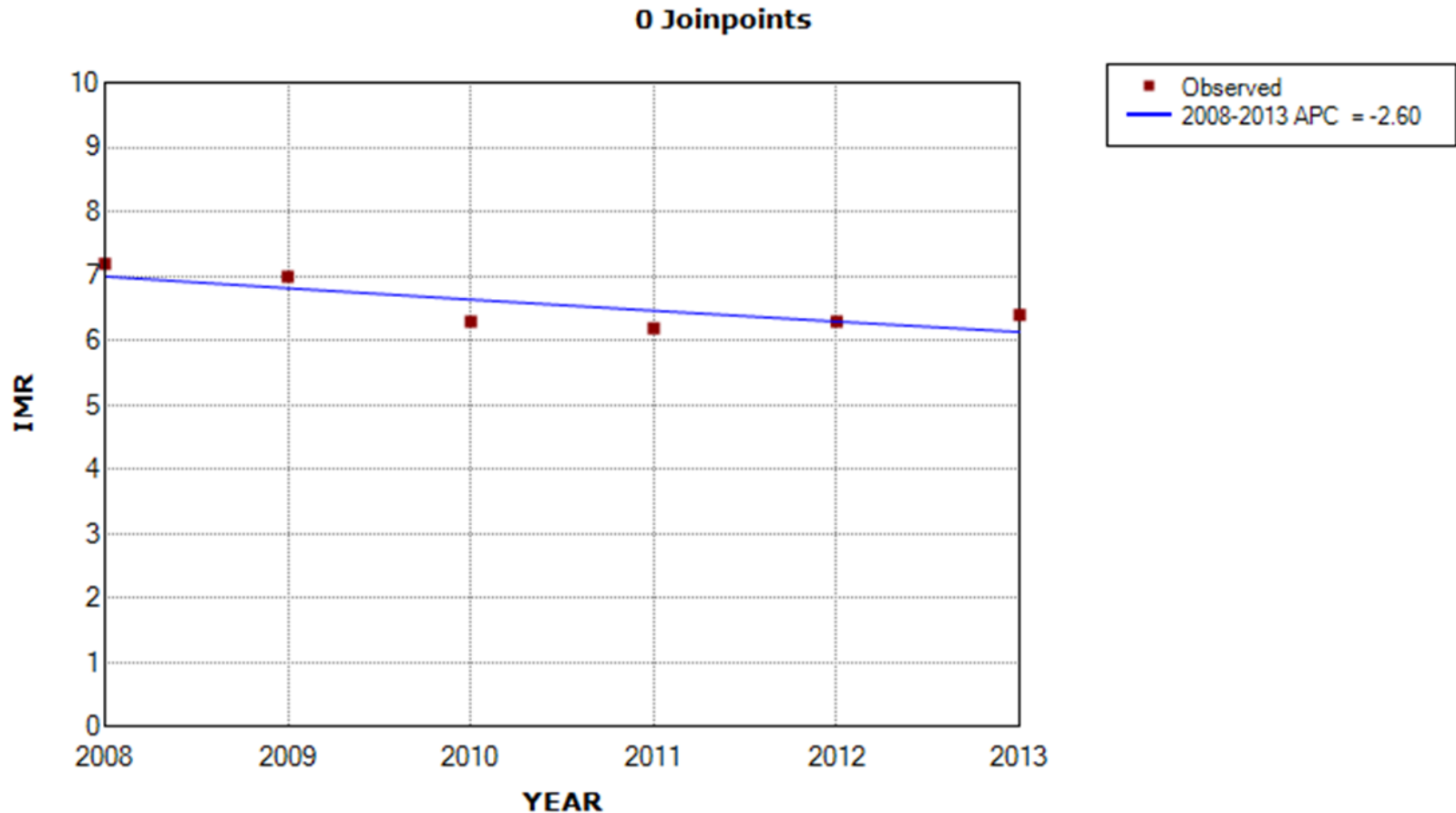
Source: Bureau of Epidemiology and Public Health Informatics

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# NOM9.1: Infant mortality rate per 1,000 live births



Note: Rates are plotted on a logarithmic scale.

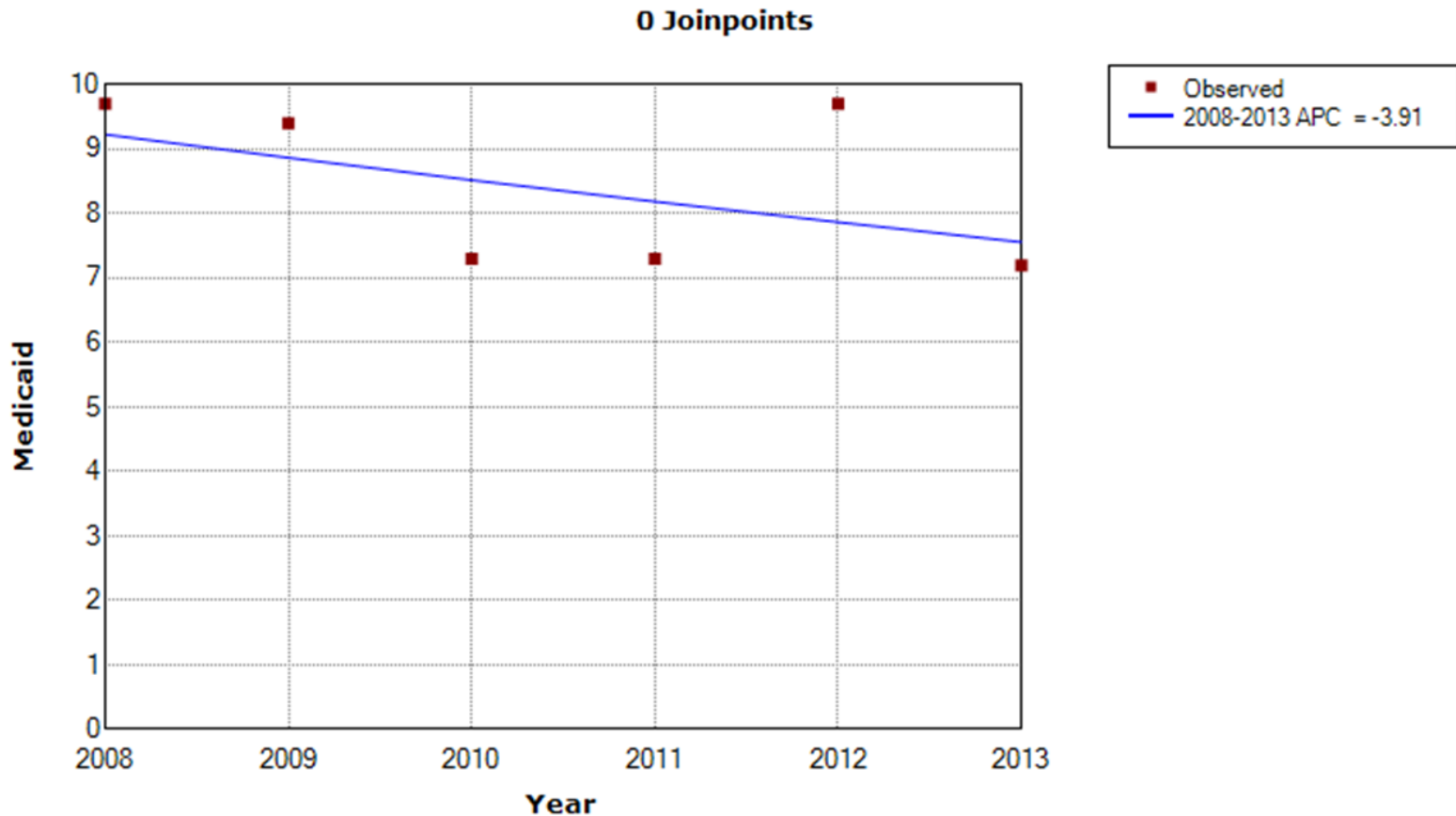
Source: Bureau of Epidemiology and Public Health Informatics

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# NOM9.1: Infant mortality rate per 1,000 live births

## Medicaid



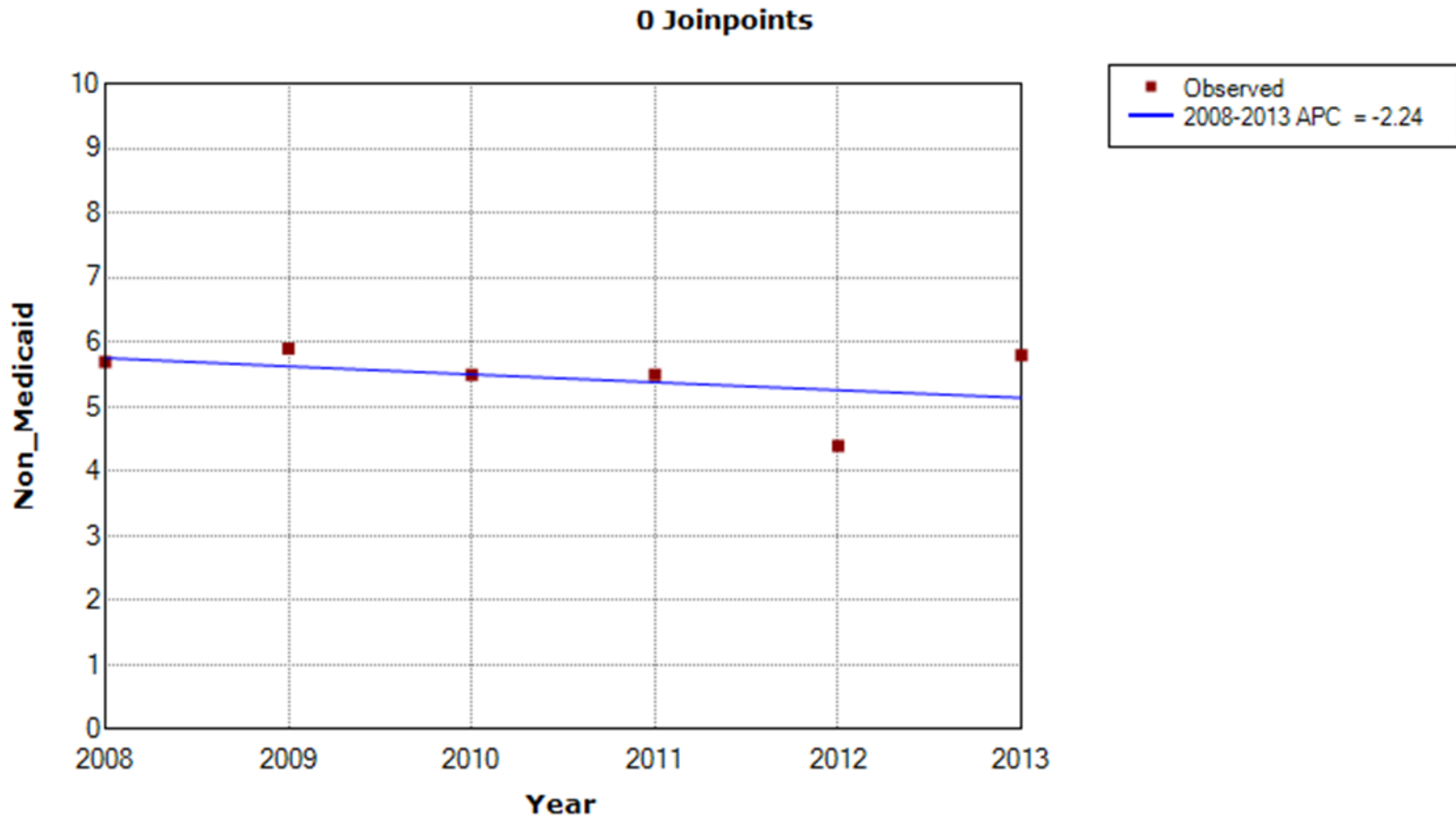
Note: Rates are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM9.1: Infant mortality rate per 1,000 live births Non-Medicaid



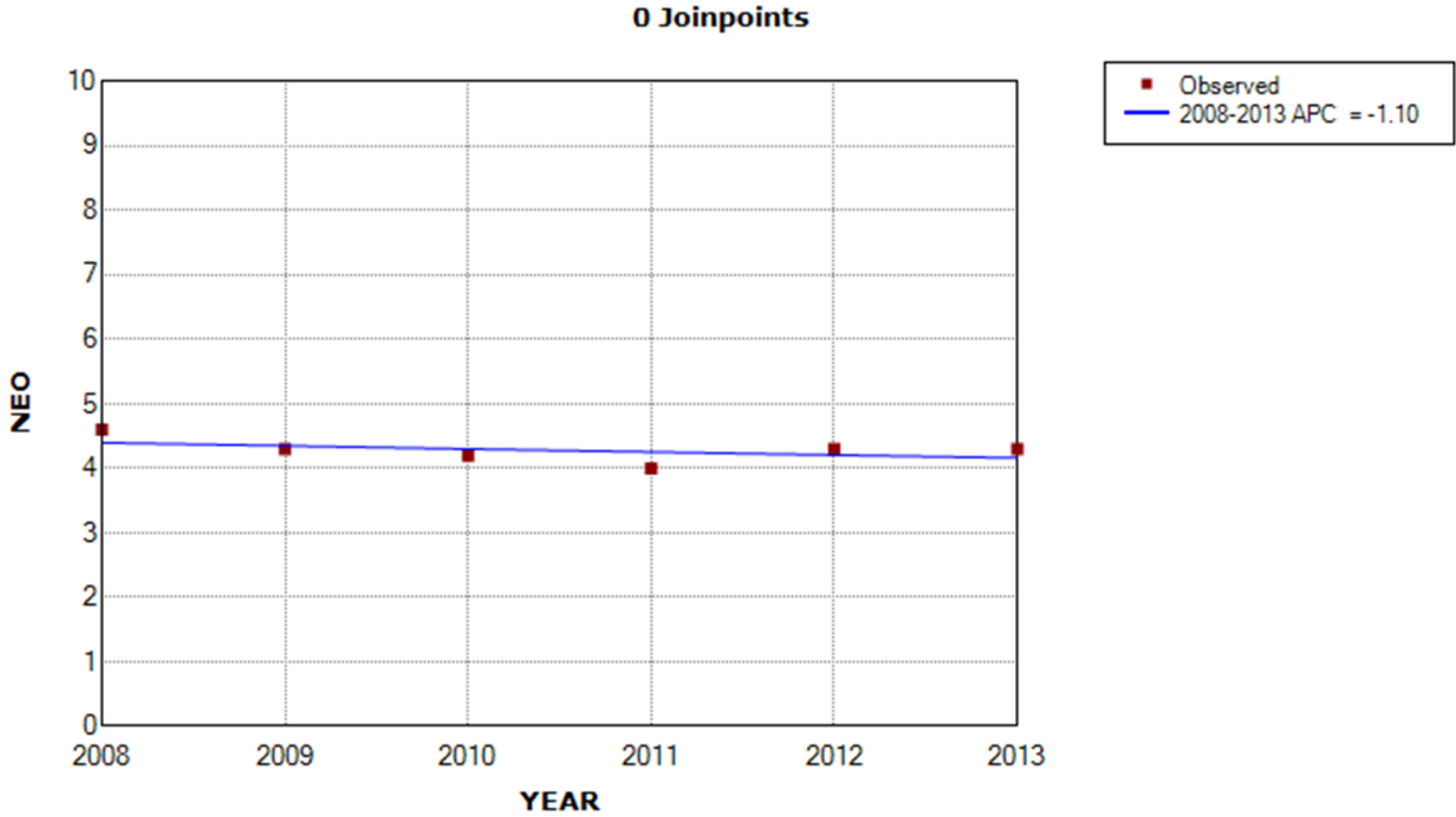
Note: Rates are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM9.2: Neonatal mortality rate per 1,000 live births

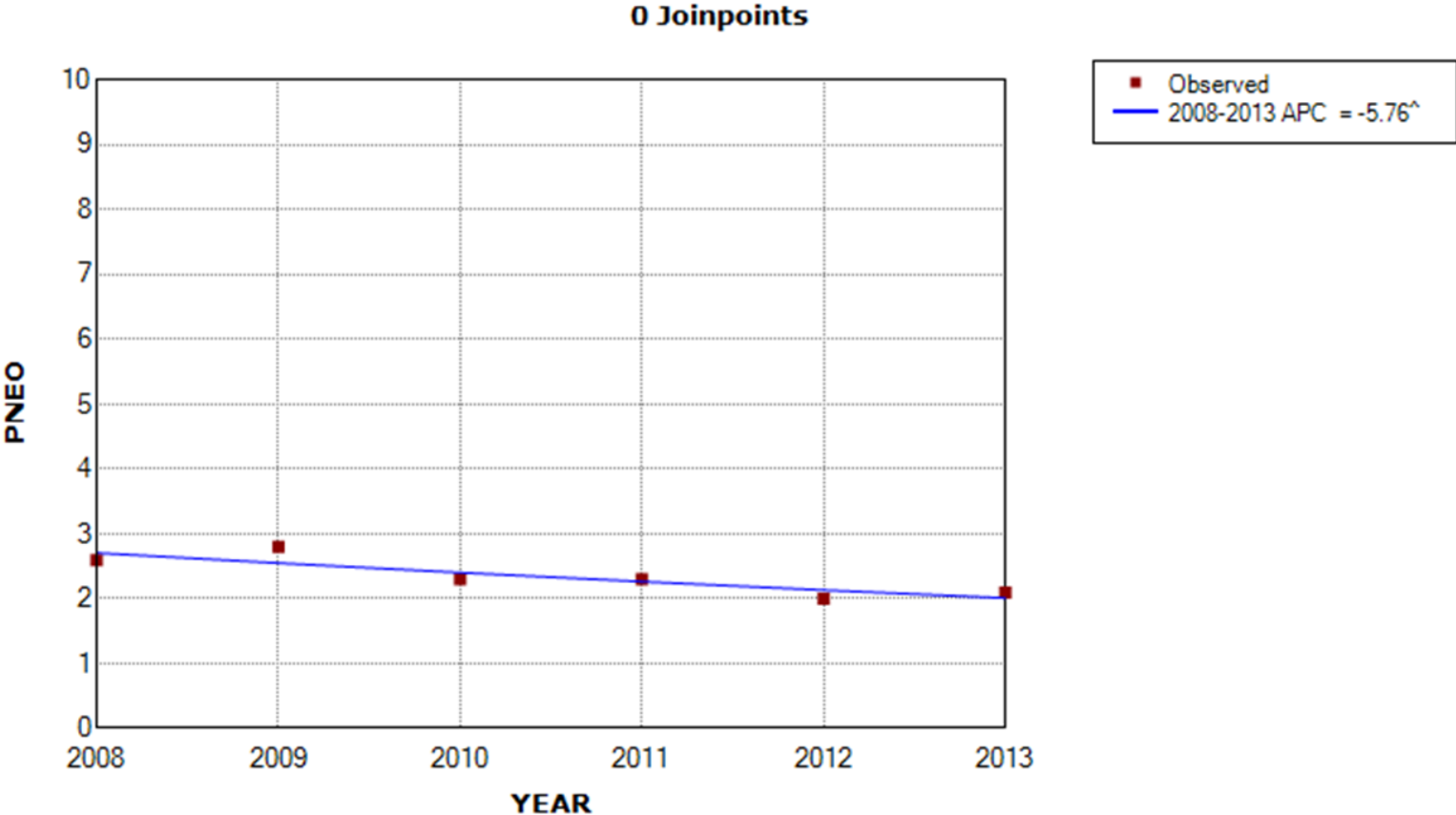


Note: Rates are plotted on a logarithmic scale.  
Source: Bureau of Epidemiology and Public Health Informatics

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# NOM9.3: Postneonatal mortality rate per 1,000 live births



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

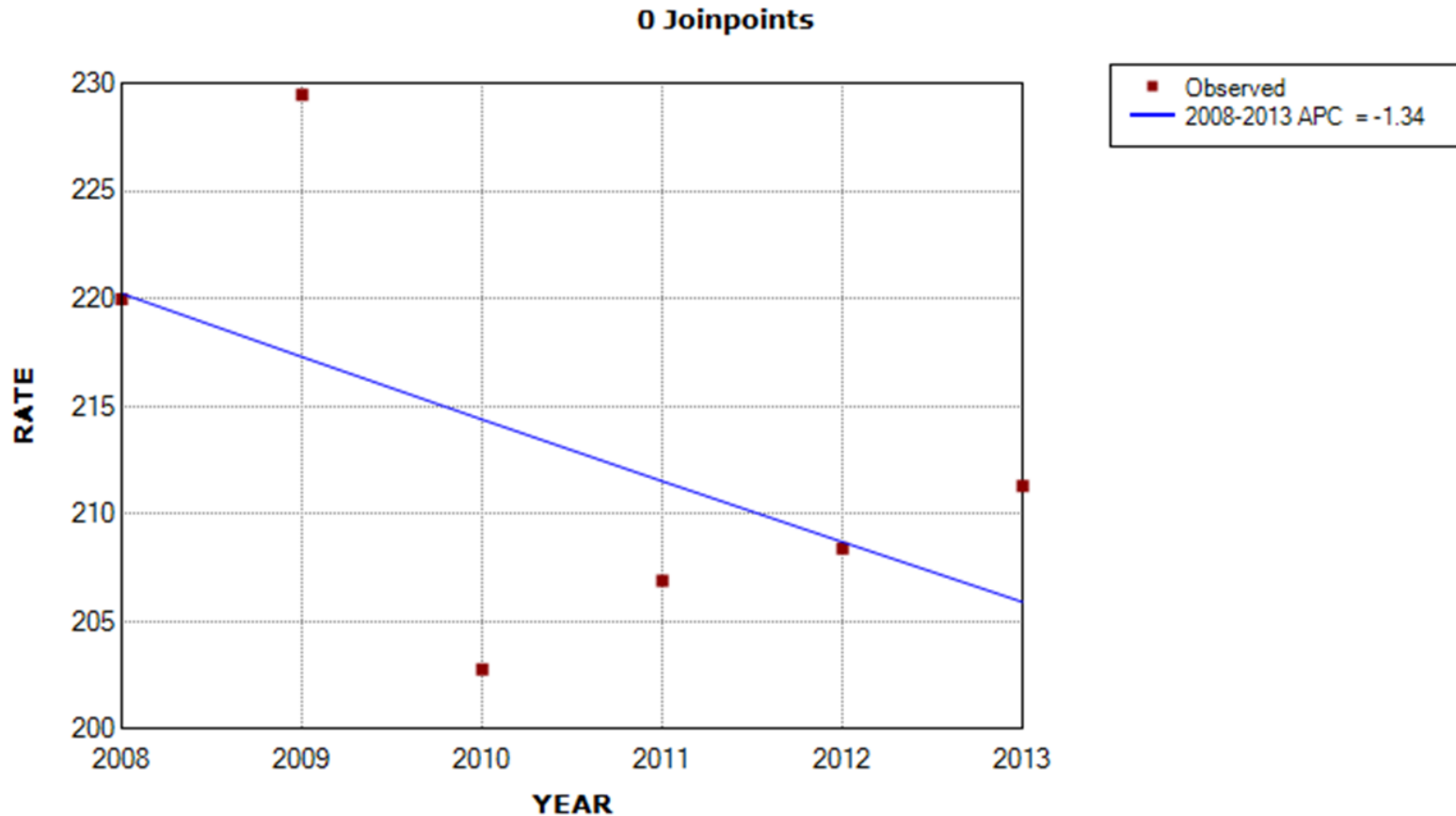
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM9.4: Preterm-related mortality rate per 100,000 live births



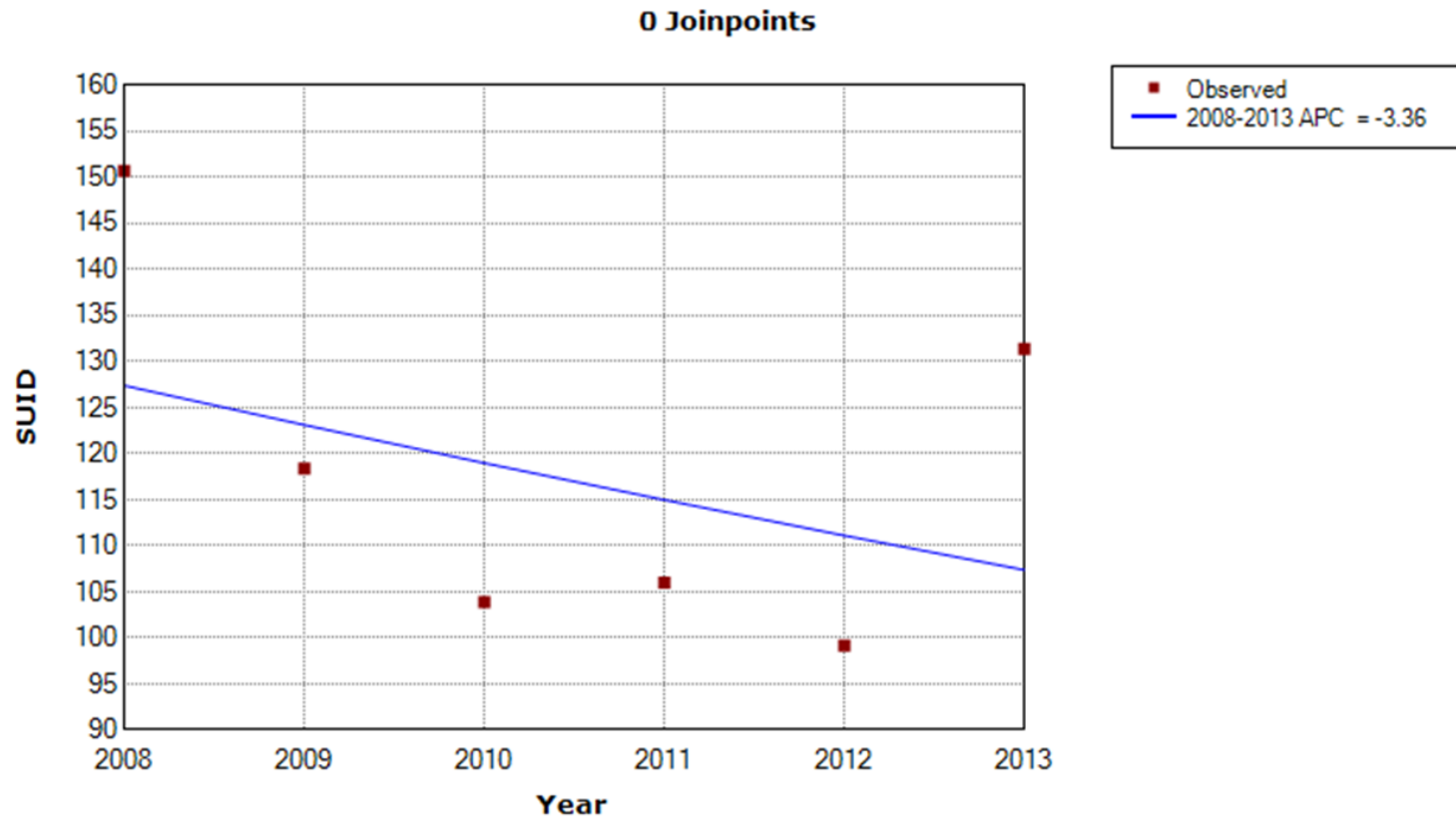
Note: Rates are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM9.5: Sleep-related Sudden Unexpected Infant Death (SUID) mortality rate per 100,000 live births (R95, R99, W75)



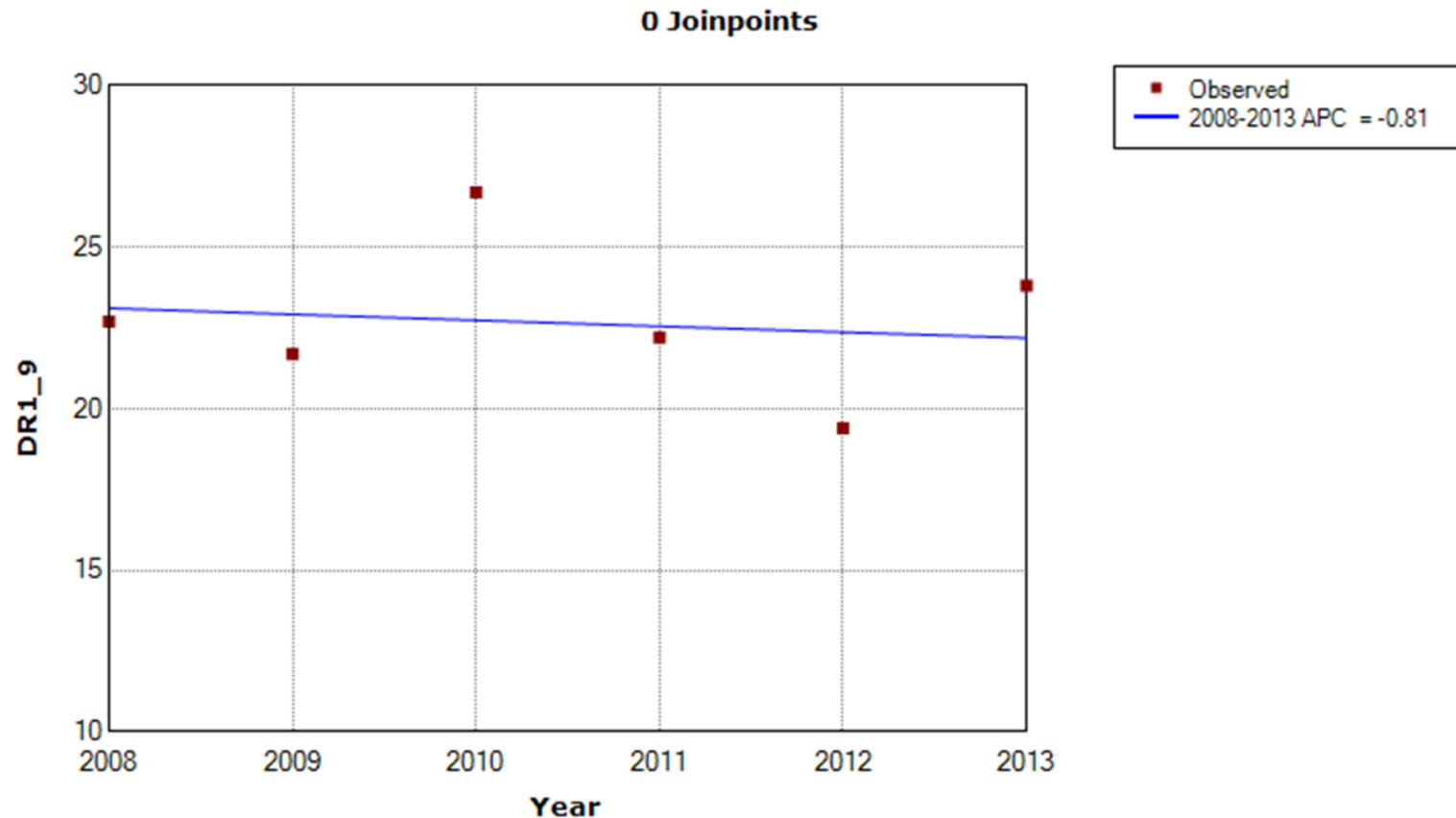
Note: Rates are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM15: Child mortality rate ages 1 through 9 per 100,000



Note: Rates are plotted on a logarithmic scale.

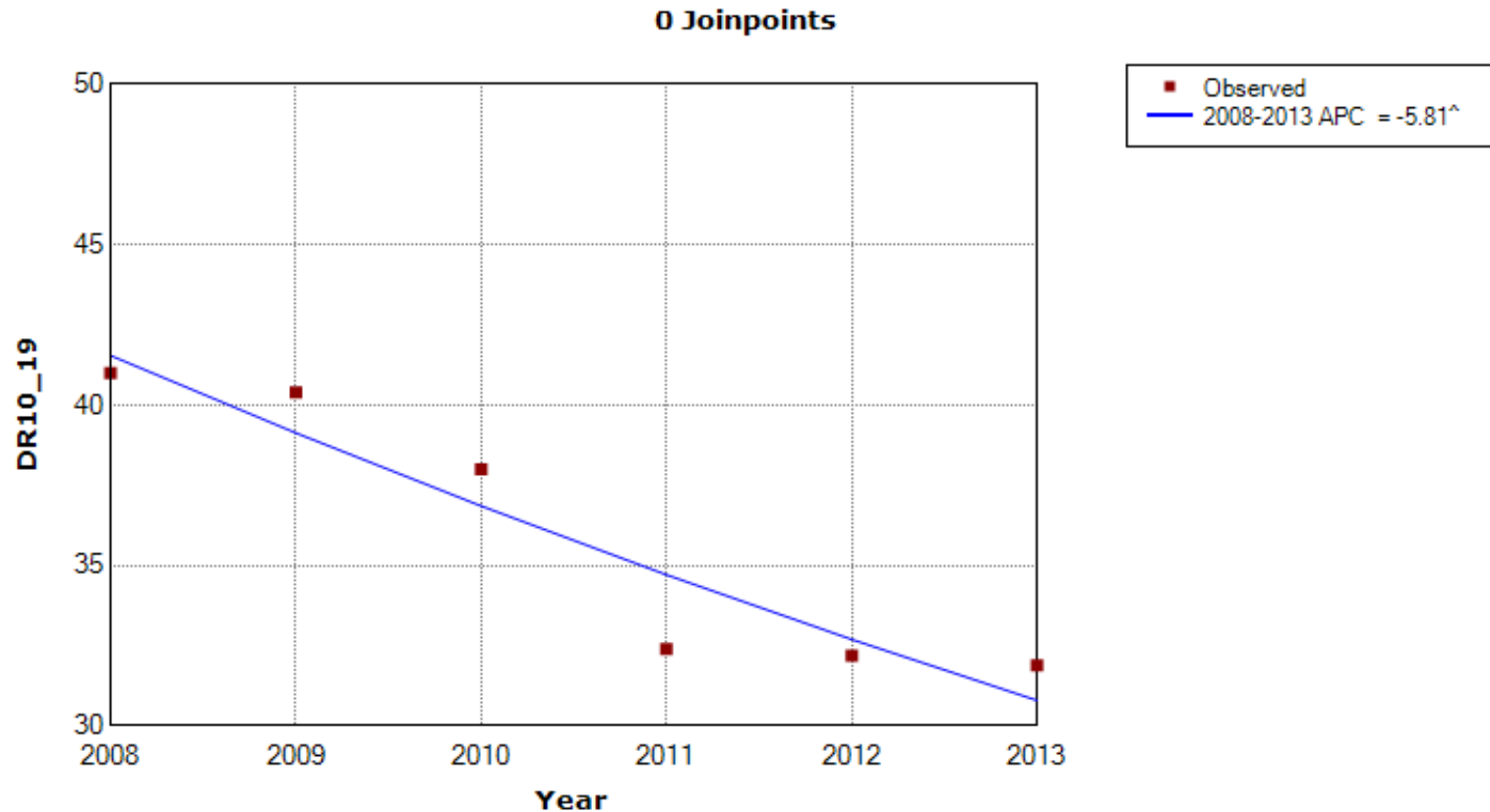
Source: Bureau of Epidemiology and Public Health Informatics

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# NOM16.1: The rate of deaths in adolescents age 10-19 per 100,000



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

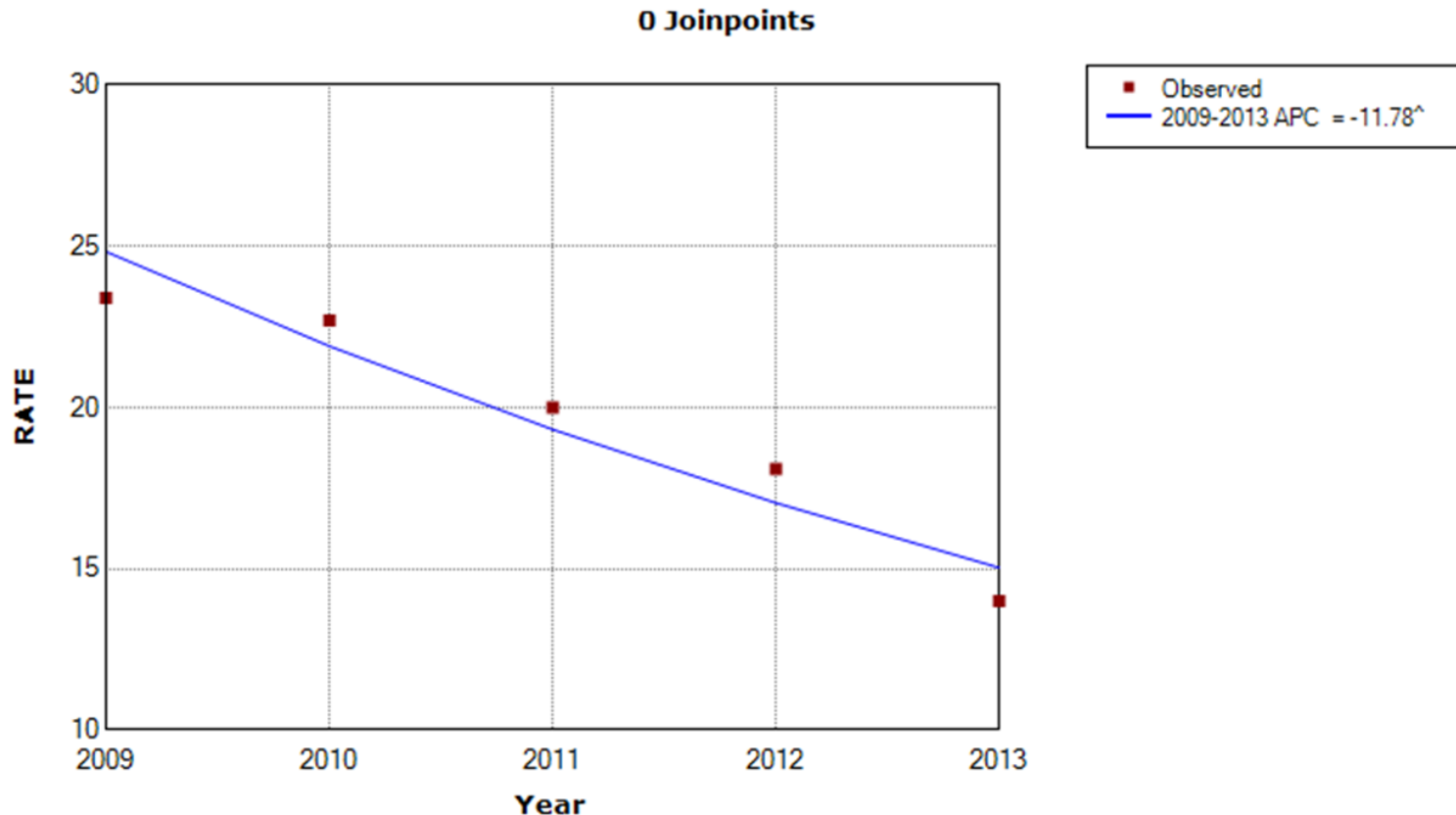
Note: Rates are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM16.2: Adolescent motor vehicle mortality rate ages 15 through 19 per 100,000 (3 year rolling average)



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

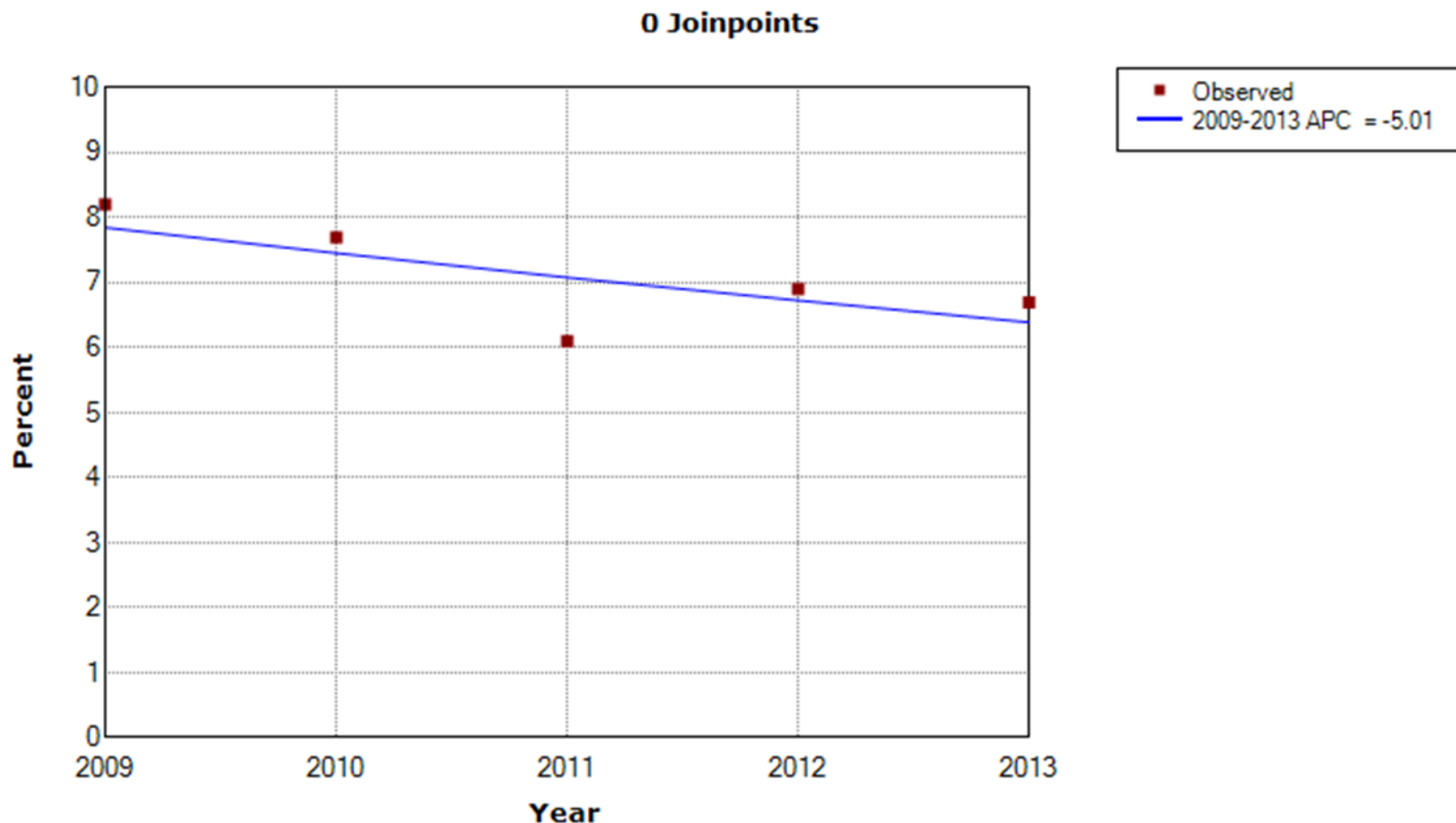
Note: Rates are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM21: The percent of children without health insurance



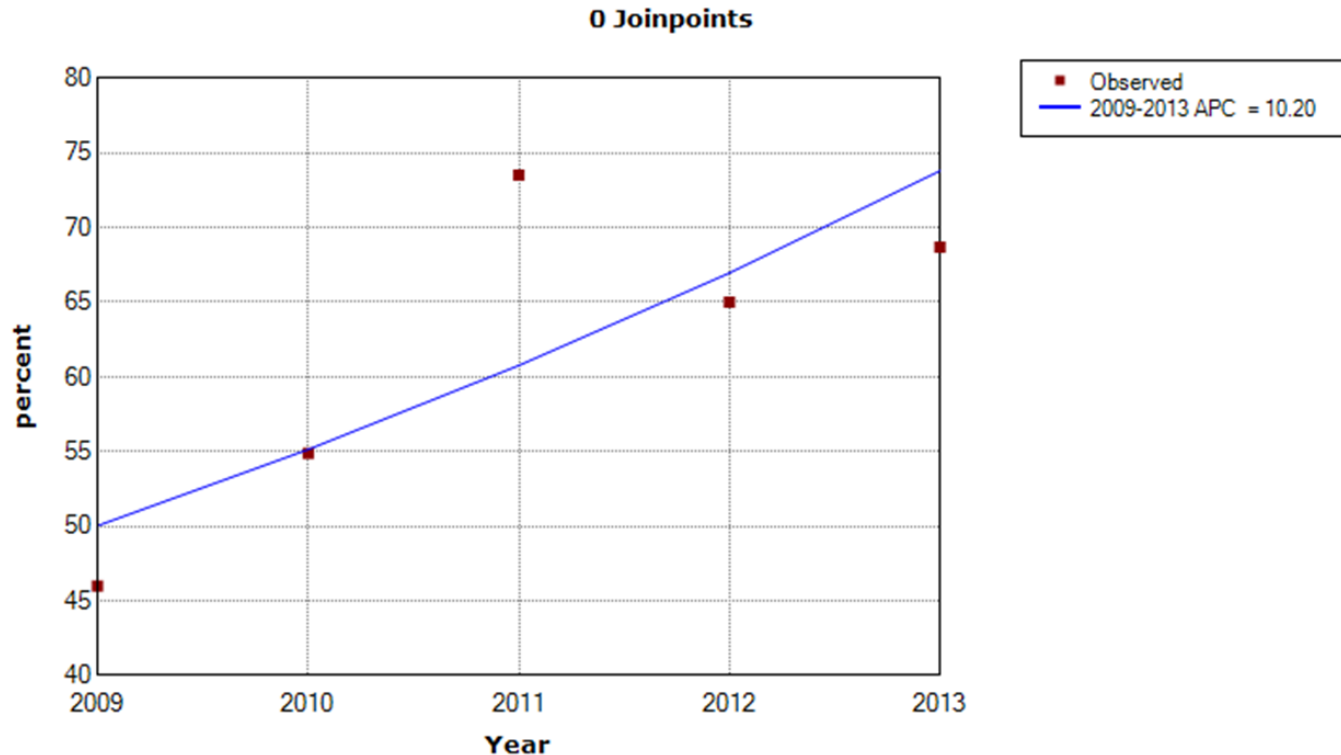
Note: Percents are plotted on a logarithmic scale.

Source: US Census. American Community Survey

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# NOM22.1: The percent of children ages 19 through 35 months, who have received the 4:3:1:3(4):3:1:4 series of routine vaccinations



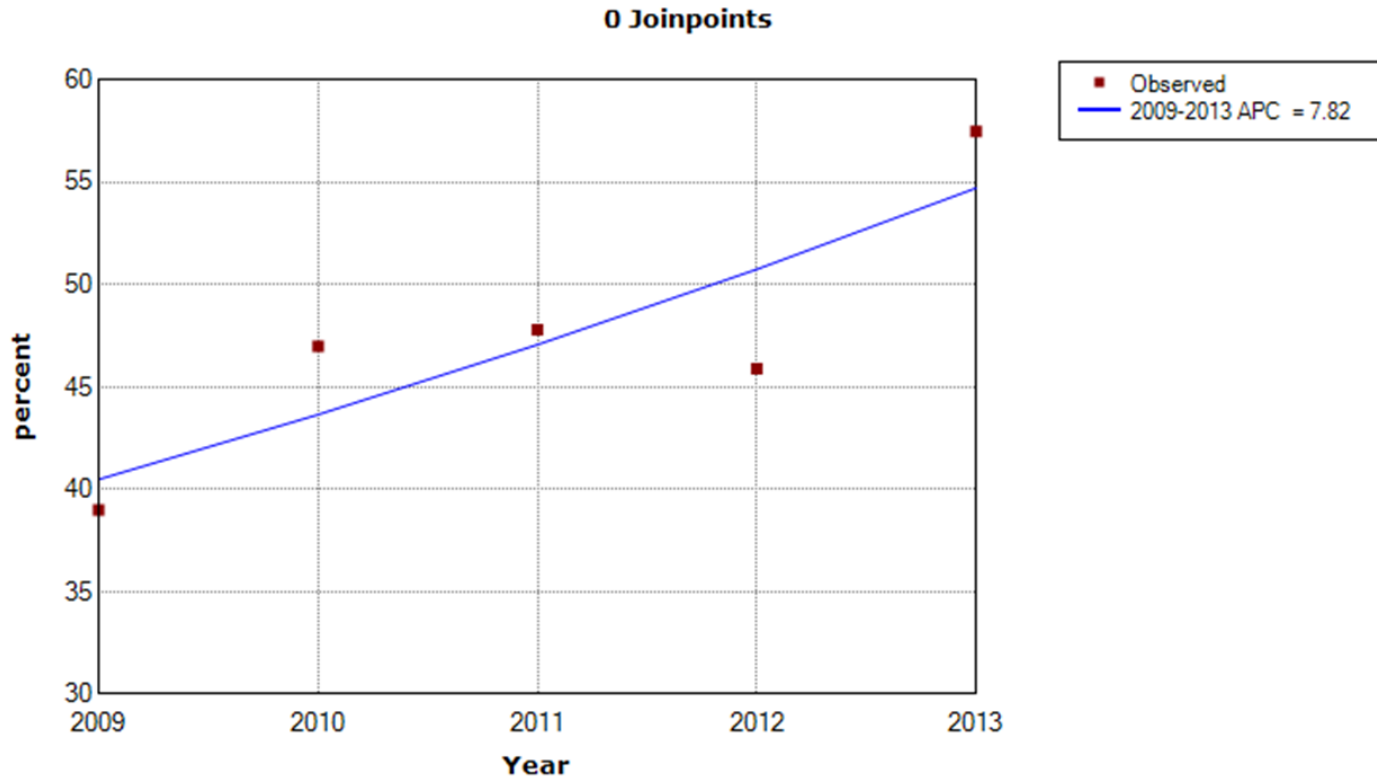
Note: Percents are plotted on a logarithmic scale.

Source: CDC, National Immunization Survey

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# NOM22.2: The percent of children 6 months through 17 years who are vaccinated annually against seasonal influenza



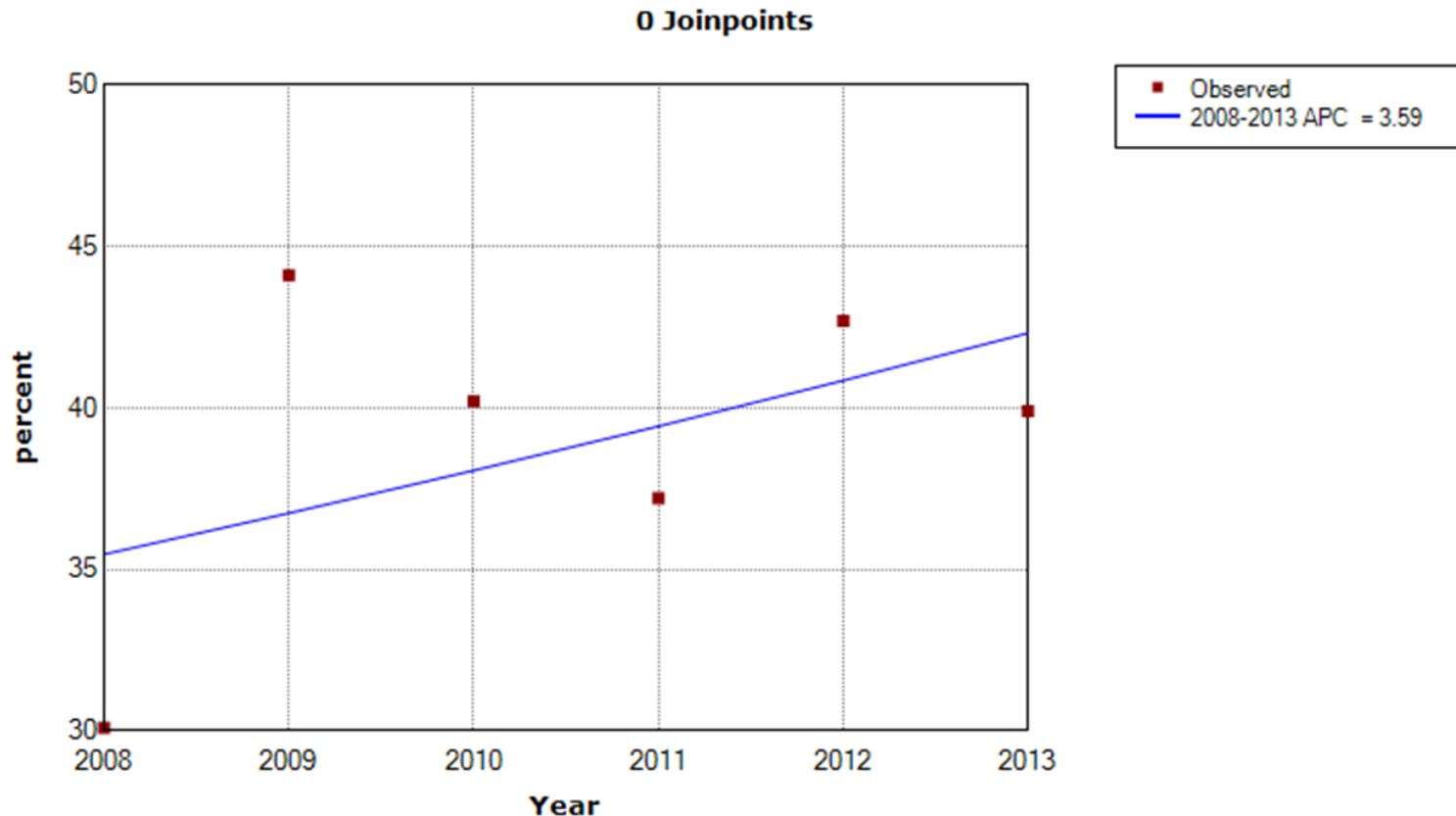
Note: Percents are plotted on a logarithmic scale.

Source: CDC, National Immunization Survey

**Our Mission: To protect and improve the health and environment of all Kansans.**



# NOM22.3: The percent of adolescents, ages 13 through 17, who have received at least one dose of the HPV vaccine



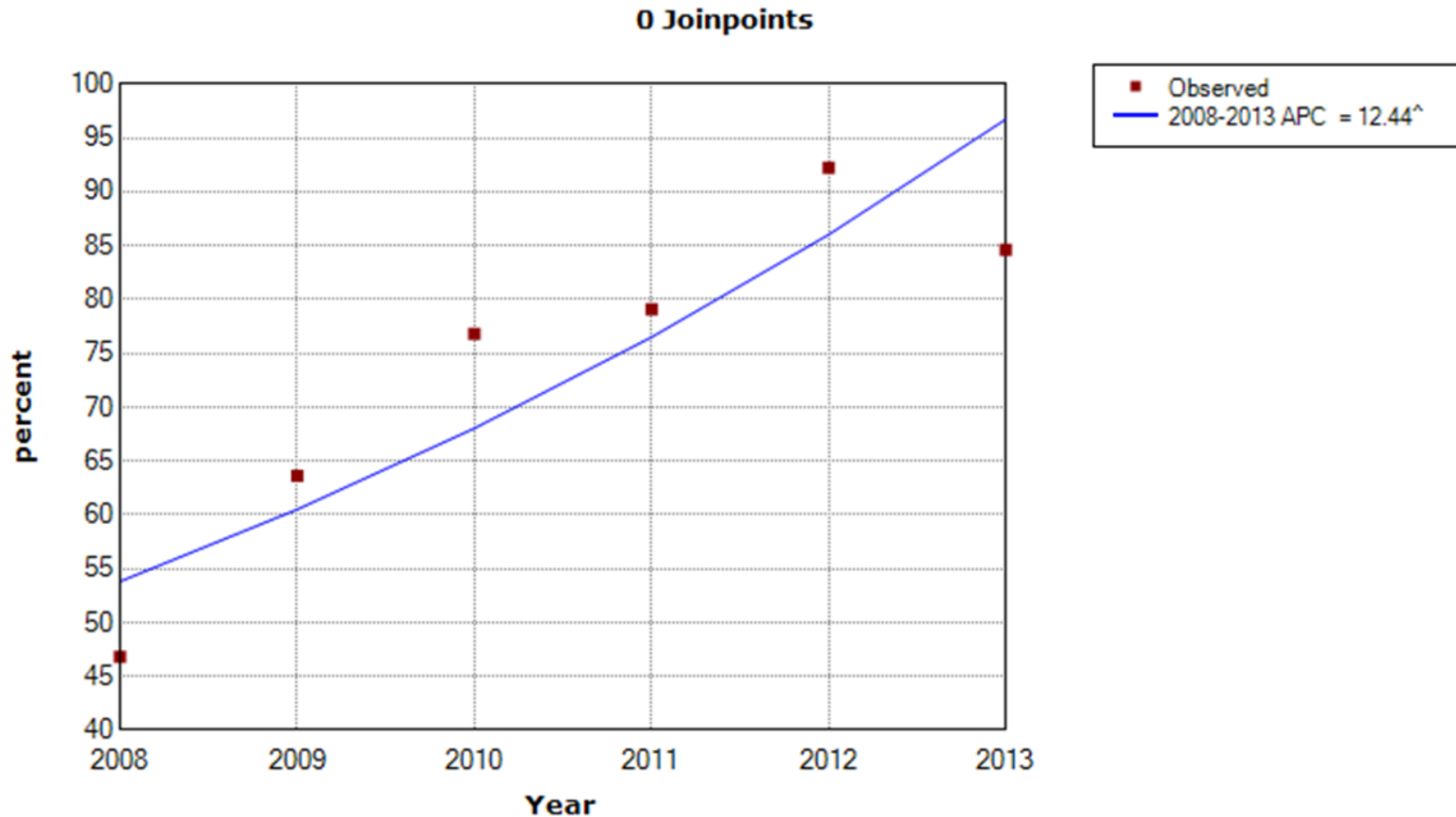
Note: Percents are plotted on a logarithmic scale.

Source: CDC, National Immunization Survey

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# NOM22.4: The percent of adolescents, ages 13 through 17 who have received at least one dose of the Tdap vaccine



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

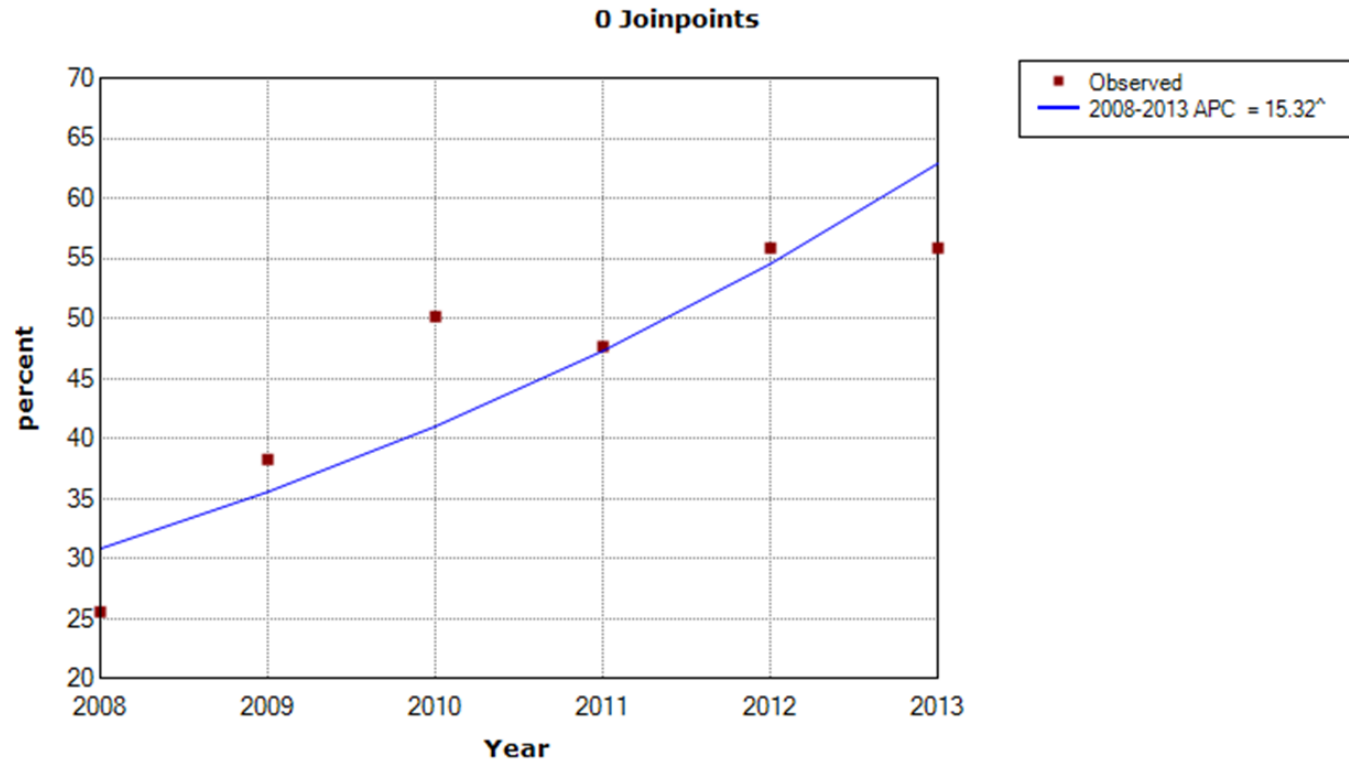
Note: Percents are plotted on a logarithmic scale.

Source: CDC, National Immunization Survey

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# NOM22.5: The percent of adolescents, ages 13 through 17 who have received at least one dose of the meningococcal conjugate vaccine



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

Note: Percents are plotted on a logarithmic scale.

Source: CDC, National Immunization Survey

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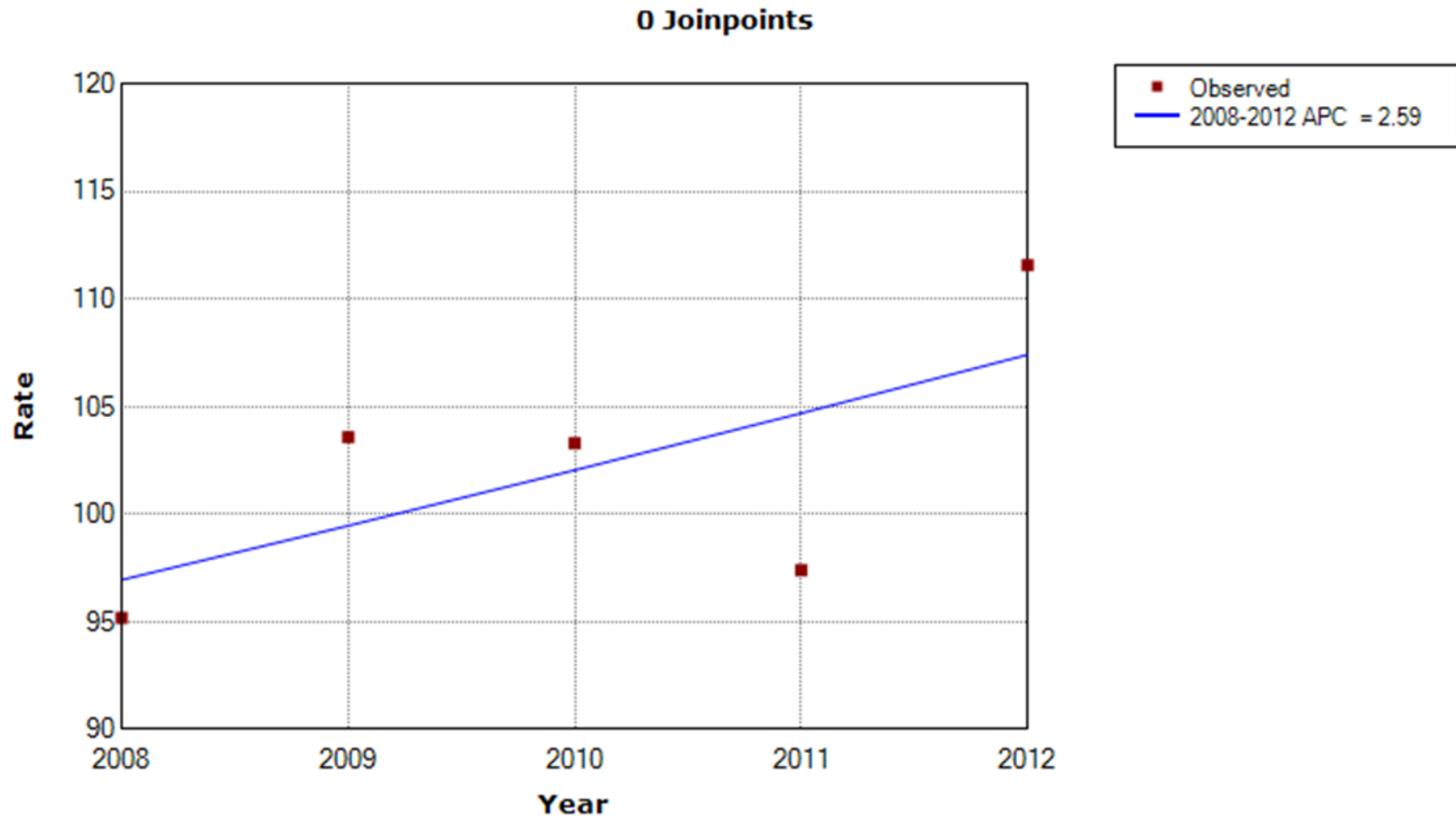
# Negative/No Change Trends

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# NOM2: Rate of severe maternal morbidity per 10,000 delivery hospitalizations



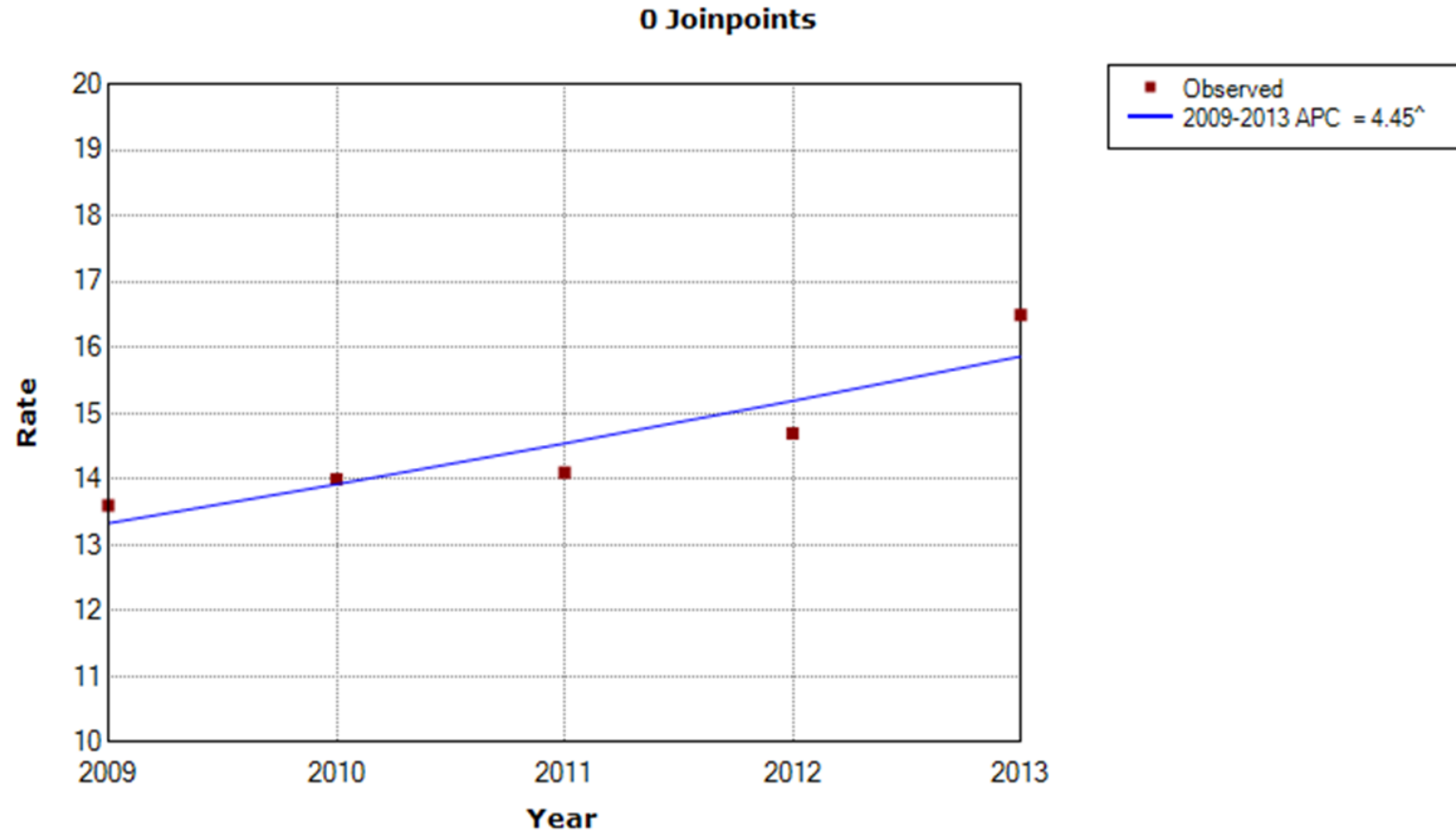
Note: Rates are plotted on a logarithmic scale.

Source: State Inpatient Database (SID)

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# NOM3: Maternal mortality rate per 100,000 live births (5 year rolling average)



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

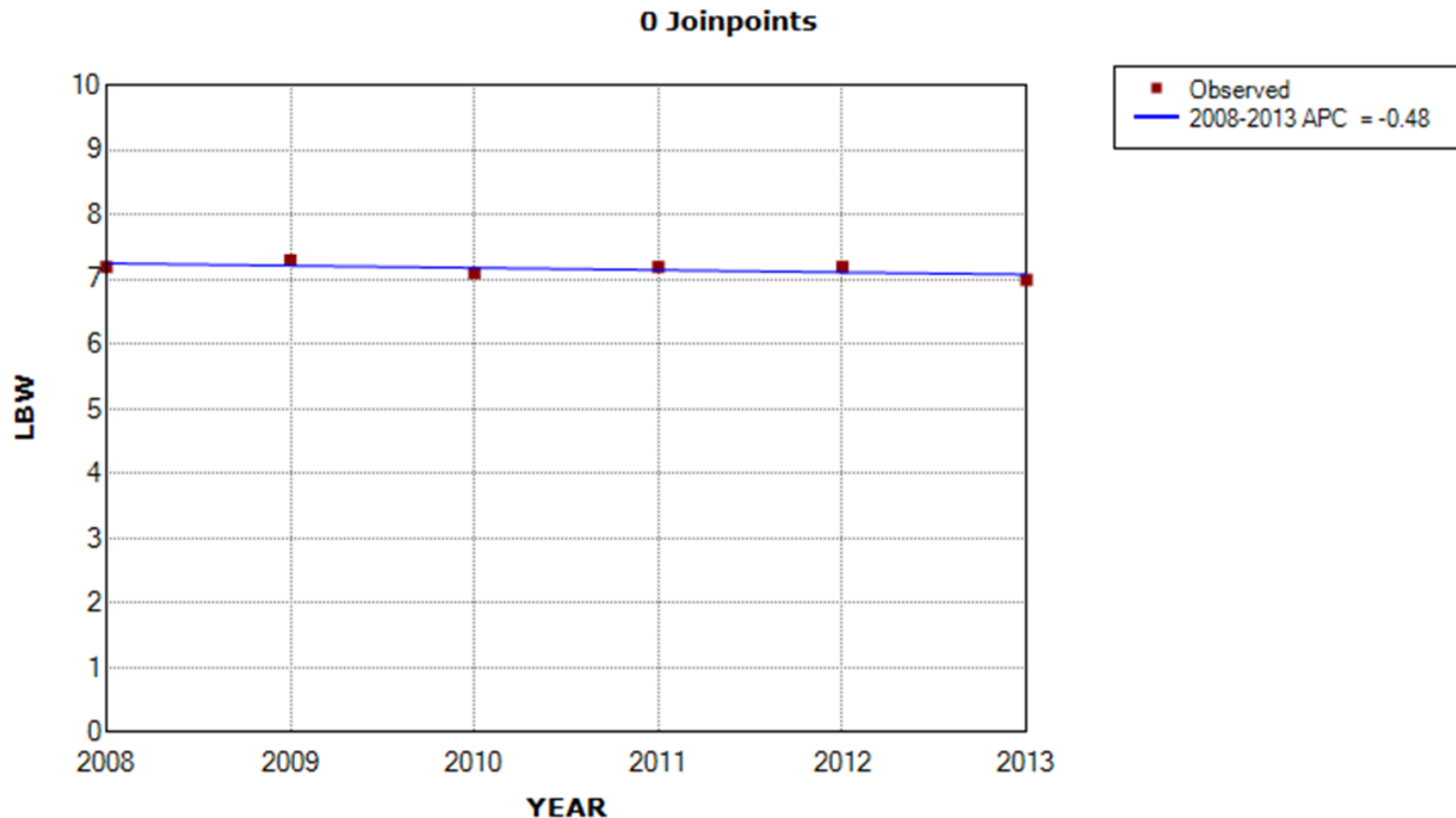
Note: Rates are plotted on a logarithmic scale.

Source: State Inpatient Database (SID)

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# NOM4.1: The percent of low birthweight deliveries (<2,500 grams)



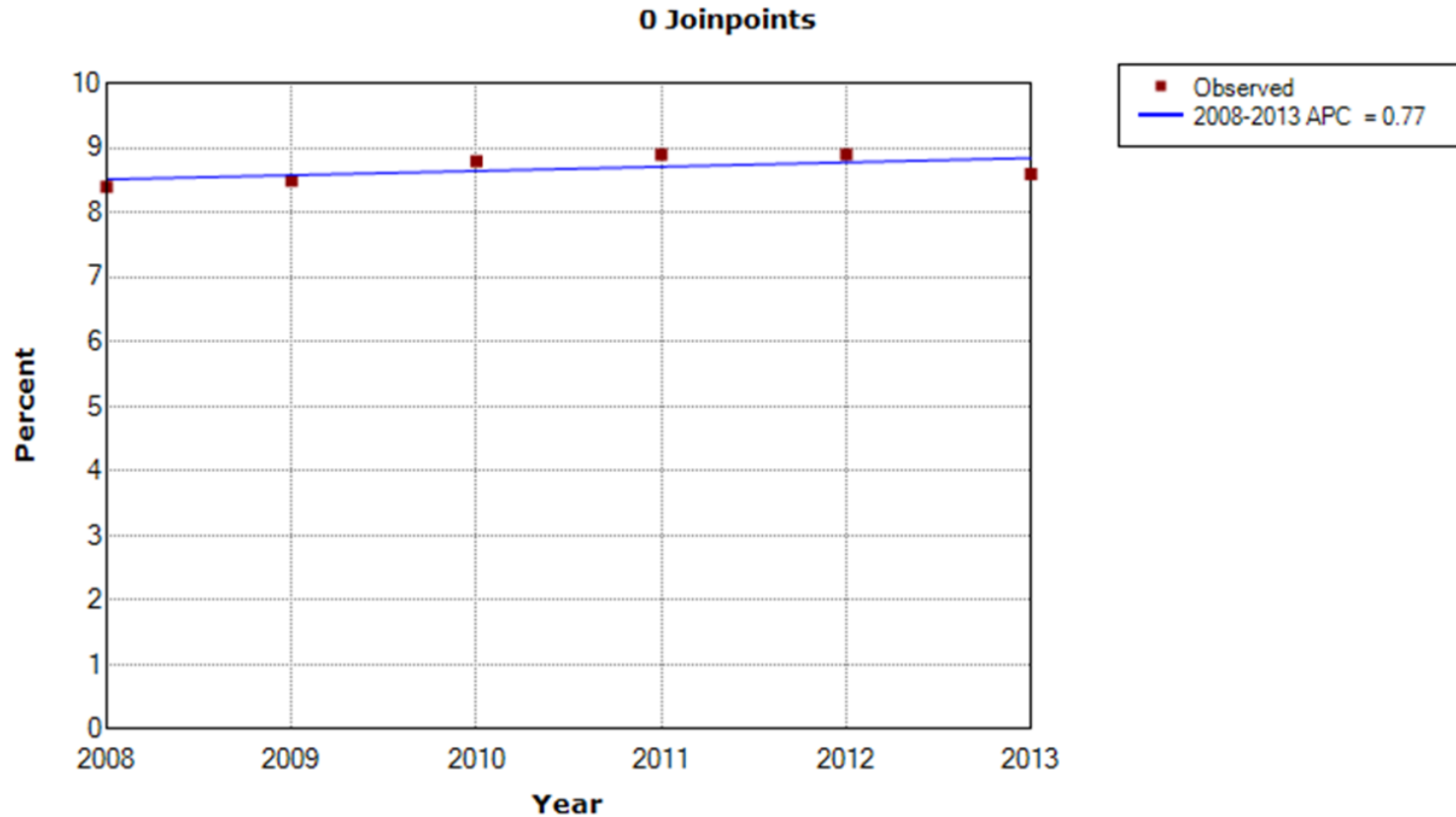
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM4.1: The percent of low birthweight deliveries (<2,500 grams) **Medicaid**



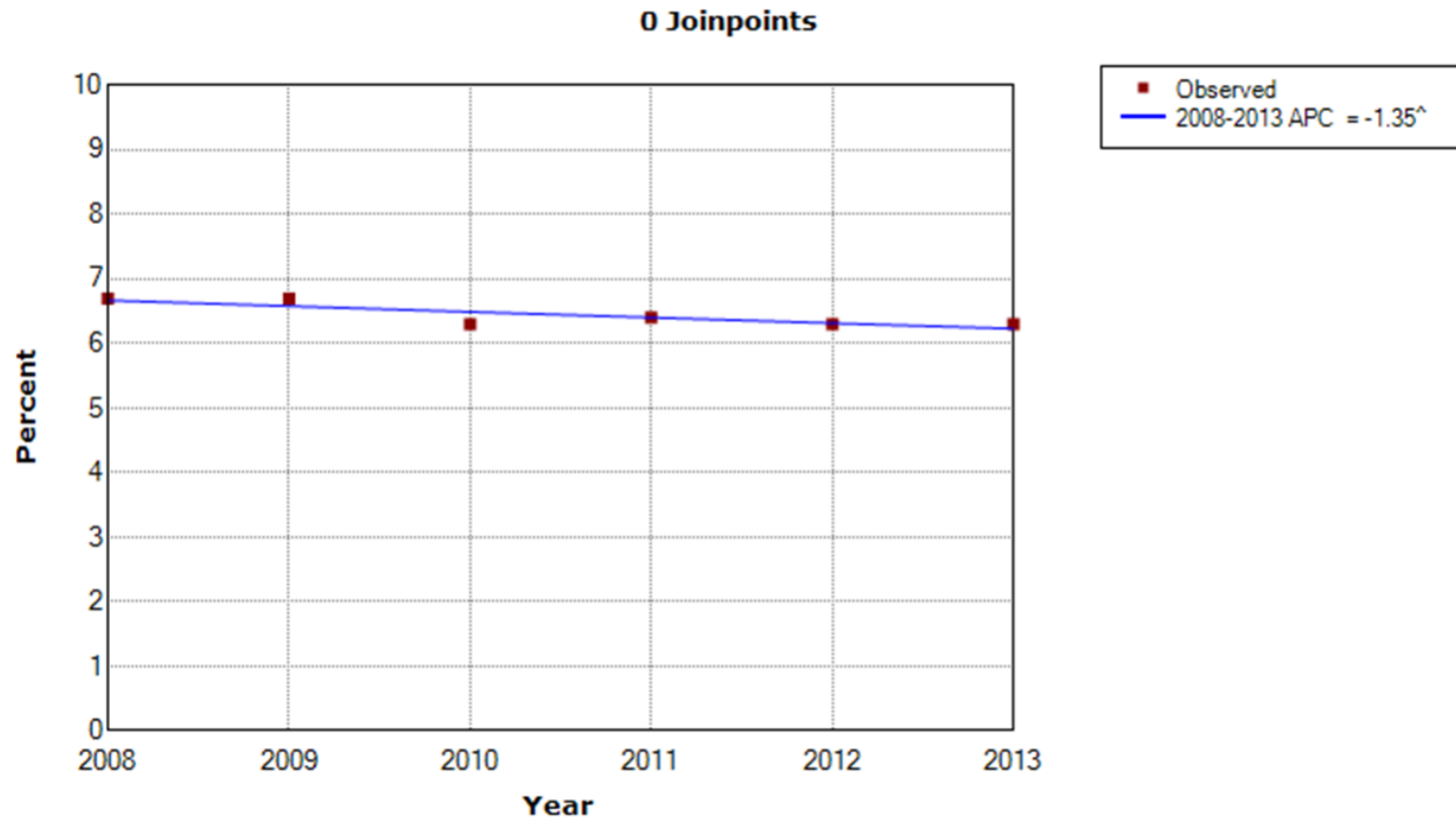
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM4.1: The percent of low birthweight deliveries (<2,500 grams) **Non-Medicaid**



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

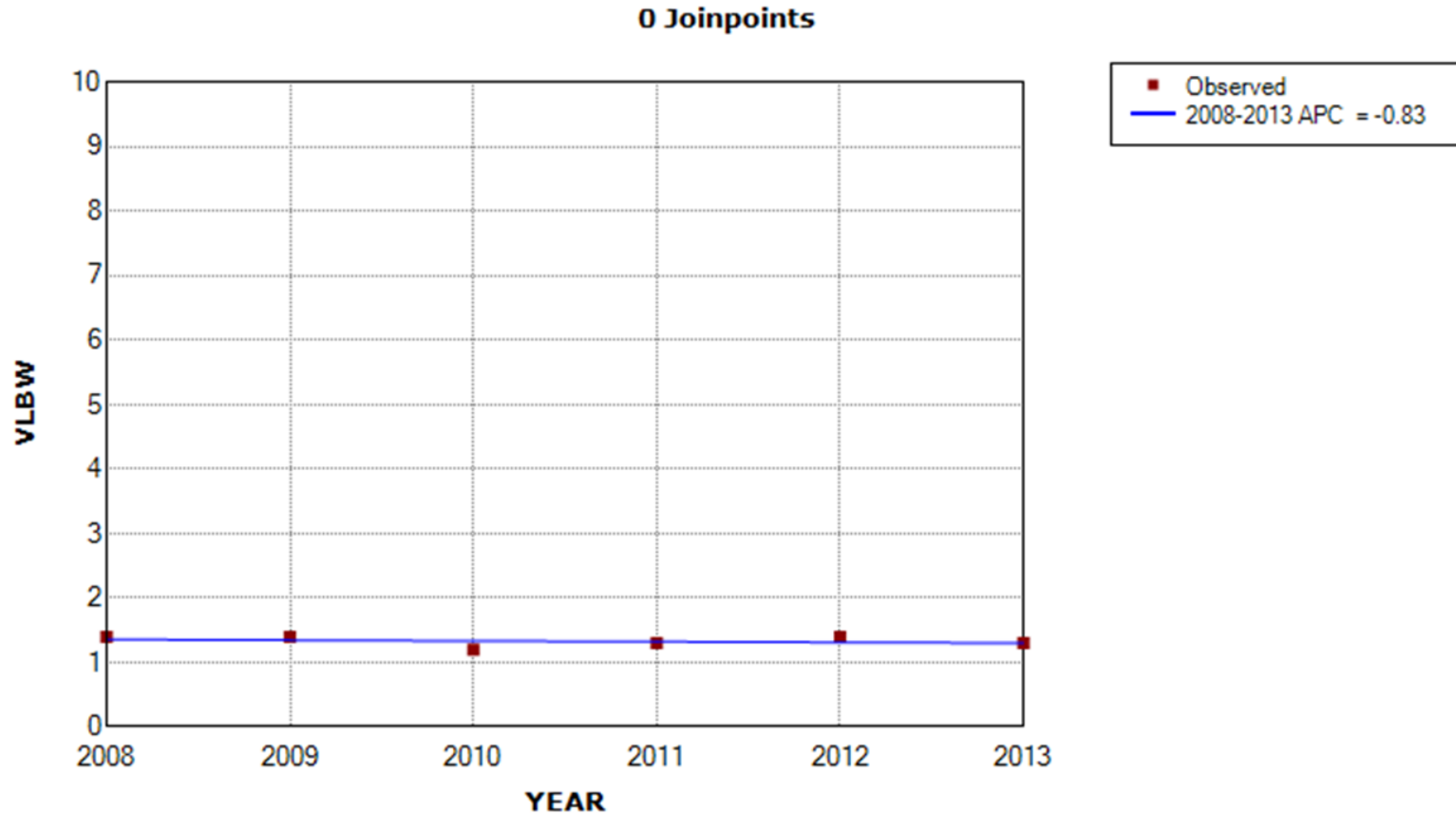
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM4.2: The percent of very low birthweight deliveries (<1,500 grams)



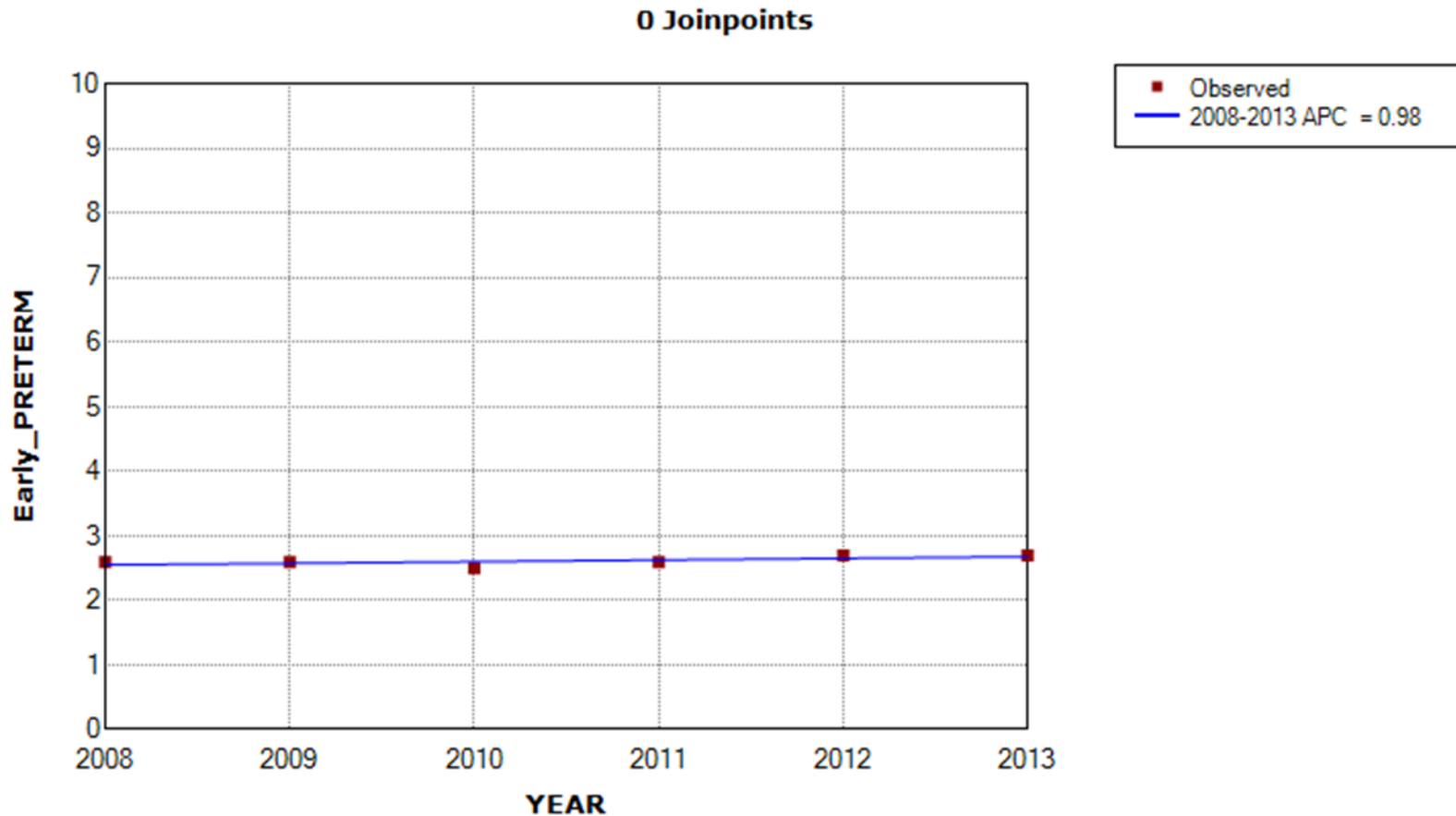
Note: Percents are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM5.1: The Percent of **EARLY** preterm births (<34 weeks gestation)



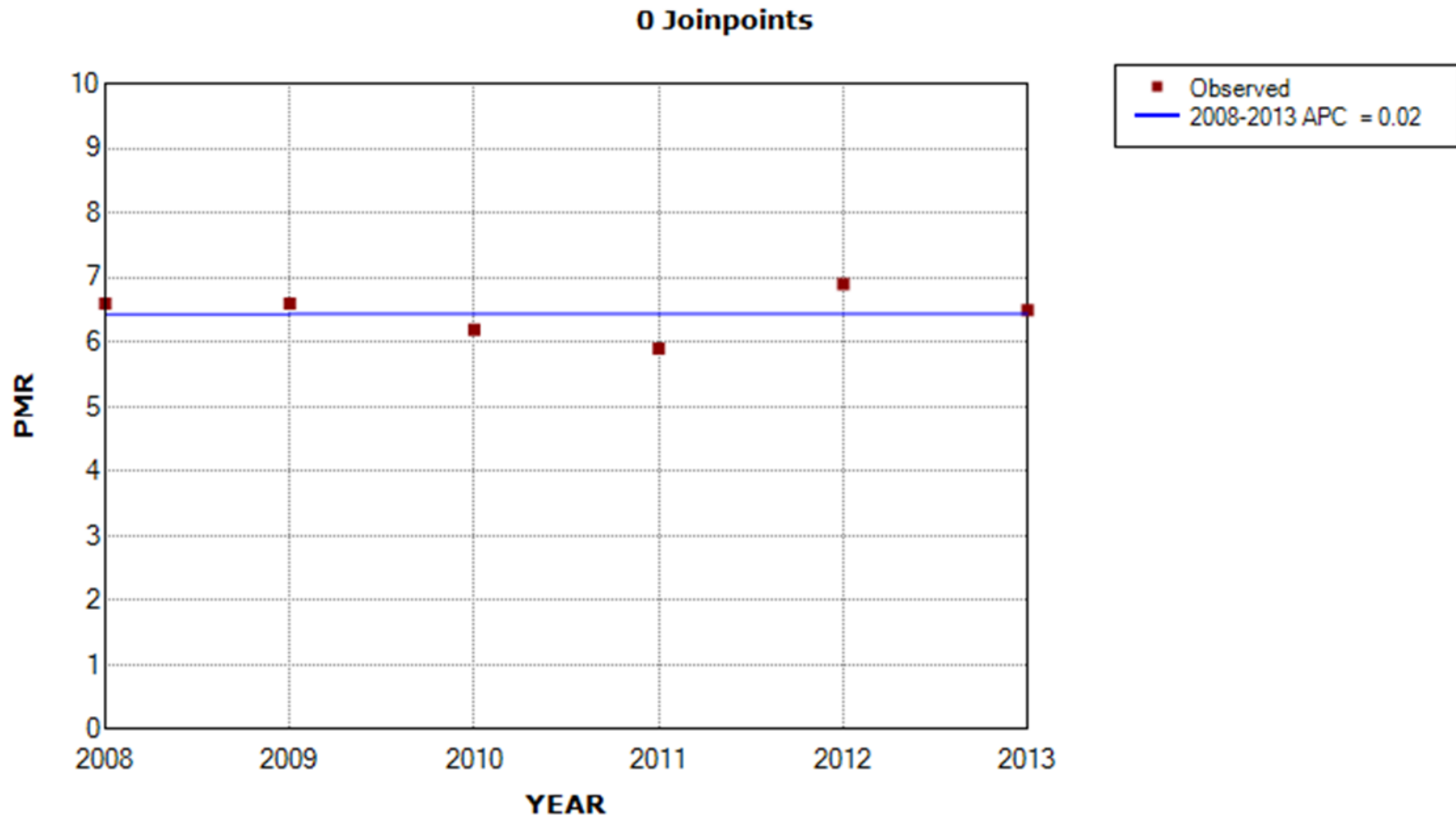
Note: Percents are plotted on a logarithmic scale.  
Source: Bureau of Epidemiology and Public Health Informatics

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# NOM8: Perinatal mortality rate per 1,000 live births plus fetal deaths



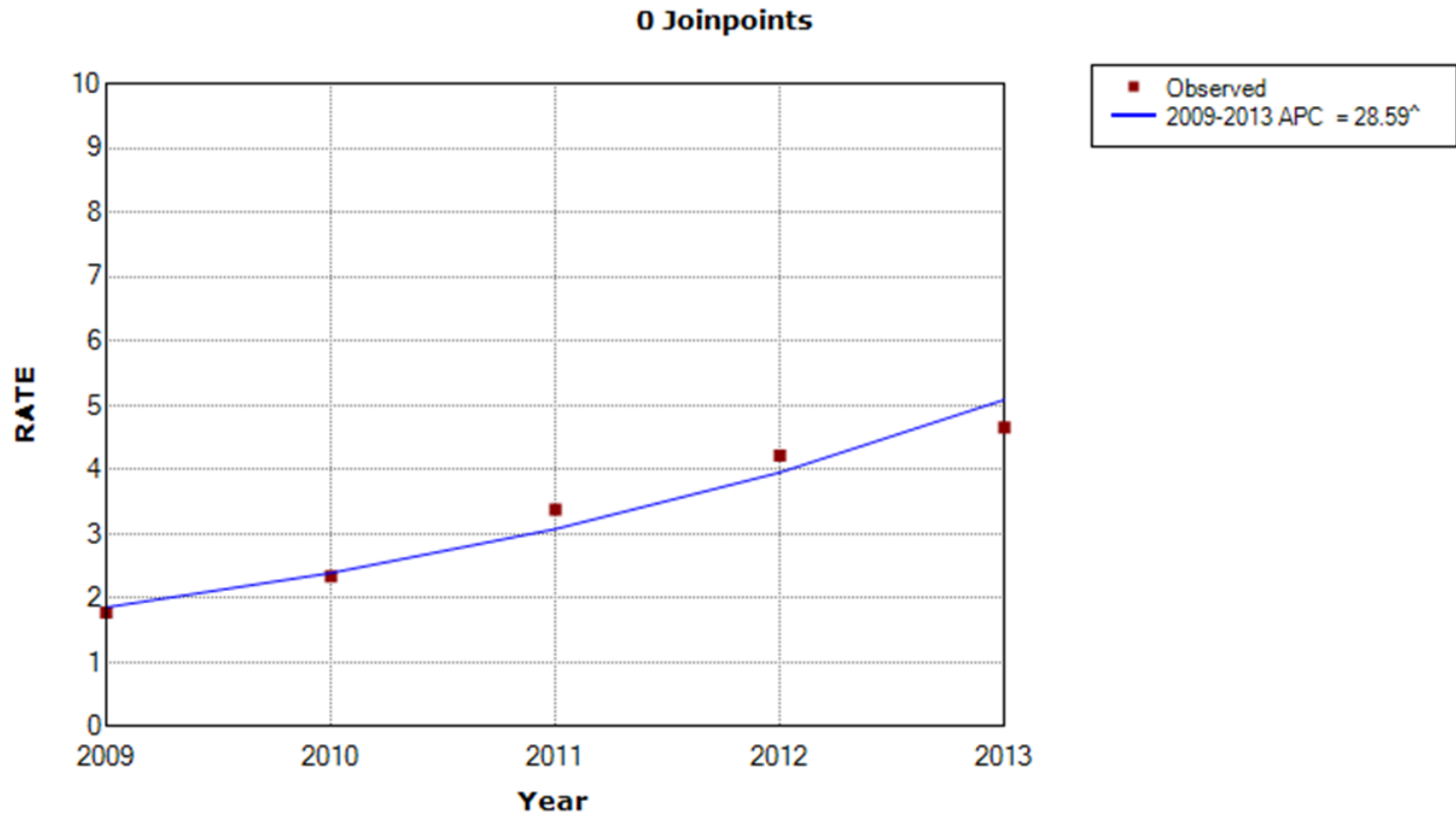
Note: Rates are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# NOM11: The rate of infants born with neonatal abstinence syndrome per 1,000 delivery hospitalizations



^The Annual Percent Change (APC) is significantly different from zero ( $p < 0.05$ ).

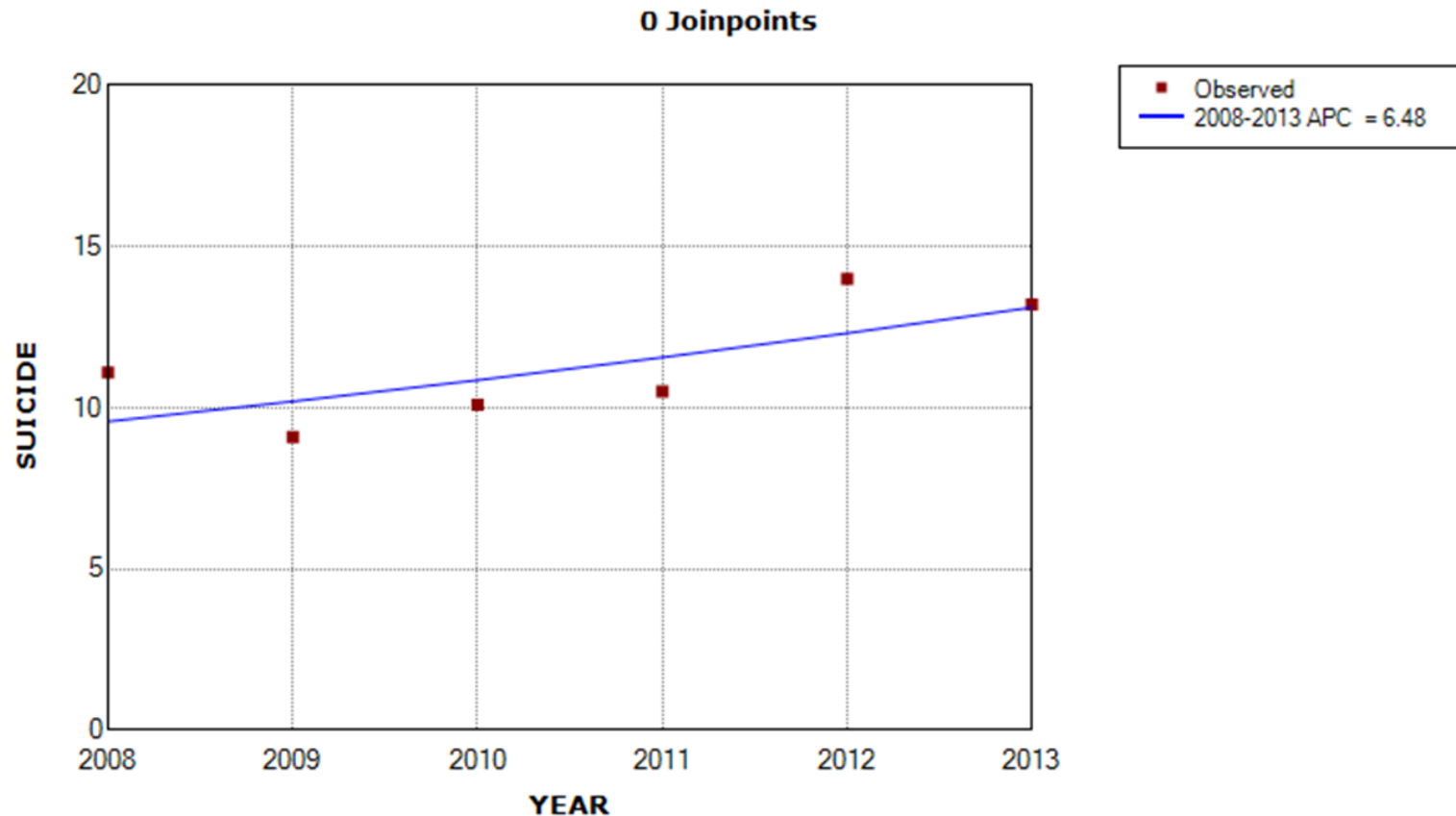
Note: Percents are plotted on a logarithmic scale.

Source: Healthcare Cost and Utilization Project (HCUP) – State Inpatient Database (SID)

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# NOM16.3: Adolescent suicide rate ages 15 through 19 per 100,000 (3 year rolling average)



Note: Rates are plotted on a logarithmic scale.

Source: Bureau of Epidemiology and Public Health Informatics

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# Discussion – Data/Outcomes

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*Questions or clarifications on presentation content?*

1. When you think about “family engagement”, is it to the level defined and encouraged in Title V?
2. Think about the services, programs and initiatives you support, benefit from, or connect with...on a scale of 1 to 10, how effectively do we/they engage families? (Use the definition provided here – connecting at all stages, diversity is critical, “nothing about us, without us”, etc.)
3. Related to family engagement for all Kansas MCH partners across the state, what is being done really well? Where are we most in need of improvement?
4. What is one specific action you can take to help improve family engagement in Kansas?



# Lunch / Networking

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# Council Structure, Roles, Responsibilities

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DENNIS COOLEY, MD, CHAIR

CONNIE SATZLER

# Council & Meeting Structure

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- Advisory to KDHE regarding Kansas MCH priorities and progress
- Engaged members with commitment and responsibilities
- Mutual benefits for members, state, and MCH populations
- Shared agenda and collective impact
- Integration of the Blue Ribbon Panel on Infant Mortality (perinatal/Infant and women/maternal expertise)
- Quarterly full-day meetings w/facilitator
- Online meeting resources/documents/materials
  - Accessible to members online
  - Archived for easy reference

# Meeting Structure cont...

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- Quarterly Meetings: Plan for the Day
  - Large group opening, updates, discussion  
Domain (small) group work\* (*members select one area*)
    1. Women/Maternal
    2. Perinatal/Infant
    3. Child
    4. Adolescent

*\*Special Health Care Needs & Cross-cutting considered across all*
  - Large group debrief, action items, closing
  - Other: presentations (data/program/other), framing messages, strategic planning



# Domain/Group Work

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- Staff assigned to each group
- State MCH/Domain Action Plan(s)
  - Become familiar with priorities, objectives, strategies, measures
  - Discuss existing efforts, capacity, infrastructure
  - Discuss gaps/needs and potential for expansion
  - Discuss existing and needed partnerships
  - Identify programs, services, interventions
    - Target areas and populations
    - Pilot sites, if necessary
- Report back to the Council
- Develop recommendations for the Council/KDHE
- Request information, expertise, input and data as needed
- Identify areas of alignment and need for communication and coordination across domain groups
- Meet as needed outside of quarterly Council meetings

# Council Membership

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## Document Review & Discussion

- Code of Ethics & Professional Conduct
  - Responsibilities
  - Conflict of Interest
  - Representation
- Member Reimbursement Policy
  - General
  - Family/consumer
- DRAFT By-laws (finalize)

## KMCHC Website

- Meeting resources/documents
- Member profiles
- Public access

# Member Documents

## Code of Ethics/Conduct

Revised 8/31/2015



### Kansas Maternal and Child Health Council (KMCHC) Council Member Code of Ethics and Professional Conduct

The Kansas Maternal and Child Health Council (hereinafter "Council") was formed as a state-level group to help advise and monitor progress addressing specific MCH population needs. The Council encourages the exchange of information about women, infants, children, and adolescents, and helps focus efforts among partners and recommends collaborative initiatives.

#### As a member of the Council, I will:

##### General

- Support the Council's work and serve as an ambassador for the Council to my own organizations and constituents.
- Respect and support the majority decisions of the Council.

##### Responsibilities: Attendance and Participation

- Attend meetings. I will respond promptly regarding my availability. If I am unable to attend in person, I will make every effort to attend by conference call and/or review meeting notes. I understand that, if I have more than two unexplained meeting absences in one year, I will be subject to removal from the Council.
- Volunteer to actively participate in at least one Council activity, committee, or initiative during my tenure on the Council. I understand that the work and success of the Council in improving women, infants, children, and adolescent health in Kansas is dependent upon actively engaged Council members.
- Keep well-informed of research and developments relevant to issues that may come before the Council. Be alert to pertinent issues that I believe will have positive or adverse effect on the health of women, infants, children and adolescents in Kansas and share opportunities for making an impact with the Panel leadership.

##### Scope of Work

Assemble to perform the following tasks:

- Identify, in cooperation with KDHE, priority issues to be addressed by the Council.

## Reimbursement Policy



KANSAS  
MATERNAL &  
CHILD HEALTH

Subject: Kansas Maternal Child Health Council (KMCHC)  
Per Diem and Reimbursement Policy  
Effective Date: July 1, 2015 – June 30, 2016

#### Policy Statement:

All members of the Kansas Maternal Child Health Council (KMCHC) shall be eligible for the following reimbursement:

- Members traveling more than 150 miles (one-way) from their home to the in-person meeting may be eligible for:
  - Mileage reimbursement based upon current state approved mileage reimbursement rate. Mileage reimbursement based upon the most direct route from originating location to meeting location, which shall be confirmed by an online map service (MapQuest, Google Maps, etc.). All mileage must have prior approval and will be determined on a case-by-case basis.

- Lodging reimbursement for only one (1) overnight stay per one-day meetings. All lodging must have prior approval and will be determined on a case-by-case basis.

Per members (consumer/parent/family representatives) of the Kansas Maternal Child Health Council (KMCHC) shall be eligible for the following reimbursement:

Participation stipend of no more than \$25.00 for an in-person meeting lasting less than 3 hours and no more than \$50.00 for



## KANSAS MATERNAL AND CHILD HEALTH COUNCIL BYLAWS

### ARTICLE I

#### Name of Council

**Section 1.** This Council shall be known as the Kansas Maternal and Child Health Council (KMCHC).

### ARTICLE II

#### Purpose

**Section 1.** The purpose of this Council is to advise the Secretary of Health and Environment and others on ways to improve the health of families in Kansas, focusing on the MCH population. The Council brings together several organizations or groups in Kansas with a broad range of expertise, including many who have been working for years to address and improve health outcomes in Kansas and other states. The Council:

- Encourages the exchange of information about women, infants, children and adolescents.
- Advises on progress in addressing specific MCH population needs.
- Creates private and public sector support for improving MCH health outcomes in Kansas.
- Helps focus efforts among partners and recommends collaborative initiatives.
- Submits an annual report summarizing the Council's work and making recommendations to the Secretary of Health and Environment in January of each year.

### ARTICLE III

#### Membership

**Section 1.** Council Members are appointed by the Title V MCH Director of the Bureau of Family Health in the Kansas Department of Health and Environment.

**Section 2.** The Council shall consist of not more than thirty representatives from state, local and private organizations or groups who have expertise in maternal and child health.

**Section 3.** Members will be appointed on a staggered basis and will serve three-year terms. Terms will begin October first. Members may be re-appointed by the Title V MCH Director for an unlimited number of terms.

**Section 4.** When a vacancy occurs on the Council, an individual from the organization or group represented may be nominated to fill the remainder of the unexpired term. Upon completion of the term, the individual filling the vacancy may be appointed to serve on the Council for a complete term or, if that individual will not continue, another individual from the same organization or group may be nominated to

# DRAFT By-Laws

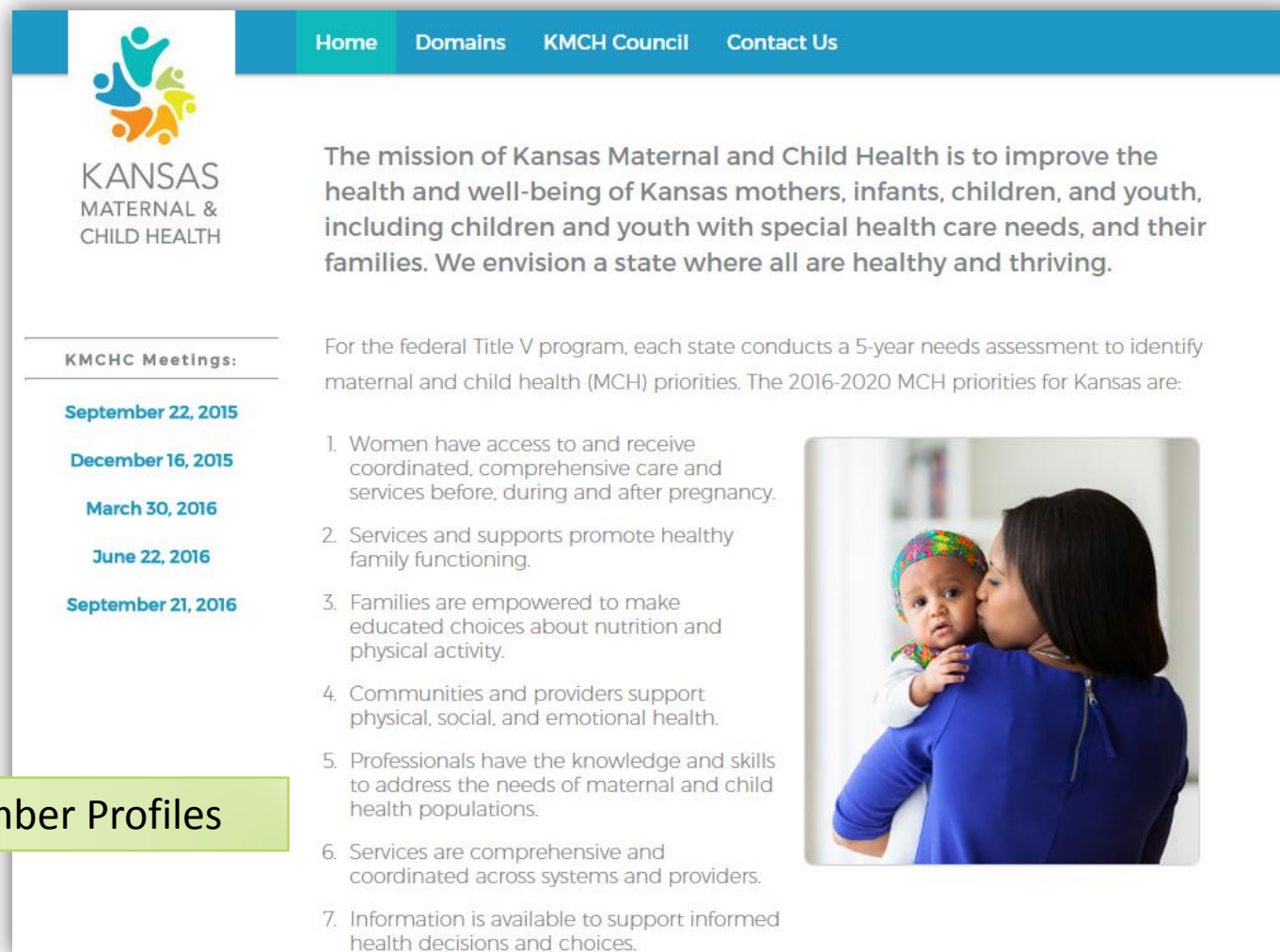
Review

Discuss

Edit

Finalize

# Website: First Look!



The screenshot shows the website's header with navigation links: Home, Domains, KMCH Council, and Contact Us. The main content area features the organization's logo and mission statement. A sidebar on the left lists 'KMCHC Meetings' with dates from 2015 to 2016. The main text describes the 2016-2020 MCH priorities for Kansas, which are listed as seven numbered points. An image of a woman kissing a baby is positioned to the right of the list. A green callout box at the bottom left says 'Member Profiles'.

**KANSAS MATERNAL & CHILD HEALTH**

**Home Domains KMCH Council Contact Us**


The mission of Kansas Maternal and Child Health is to improve the health and well-being of Kansas mothers, infants, children, and youth, including children and youth with special health care needs, and their families. We envision a state where all are healthy and thriving.

**KMCHC Meetings:**

- September 22, 2015
- December 16, 2015
- March 30, 2016
- June 22, 2016
- September 21, 2016

For the federal Title V program, each state conducts a 5-year needs assessment to identify maternal and child health (MCH) priorities. The 2016-2020 MCH priorities for Kansas are:

1. Women have access to and receive coordinated, comprehensive care and services before, during and after pregnancy.
2. Services and supports promote healthy family functioning.
3. Families are empowered to make educated choices about nutrition and physical activity.
4. Communities and providers support physical, social, and emotional health.
5. Professionals have the knowledge and skills to address the needs of maternal and child health populations.
6. Services are comprehensive and coordinated across systems and providers.
7. Information is available to support informed health decisions and choices.



**Member Profiles**

<http://www.kansasmch.org>

# Discussion – MCH Council

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## *Questions or clarifications?*

1. What do you think of the council and meeting structure? Does it help maximize collective impact?
2. On a scale of 1 to 10, how personally engaged are you as a member of this council? 1 being “it’s not really on my radar”; 10 being “I am IN for whatever is needed from me as a partner!! – resources, time, leadership, etc.”
3. Going forward, what is one suggestion for growing and maintaining member engagement to maximize KMCHC collective impact?
4. What specific suggestions do you have for the website? Thoughts on private vs. public access? Would you be willing to provide a short bio and picture for a member profile page “Meet the KS MCH Council”?



BREAK

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# Title V Action Plan: Priorities & Measures by Domain

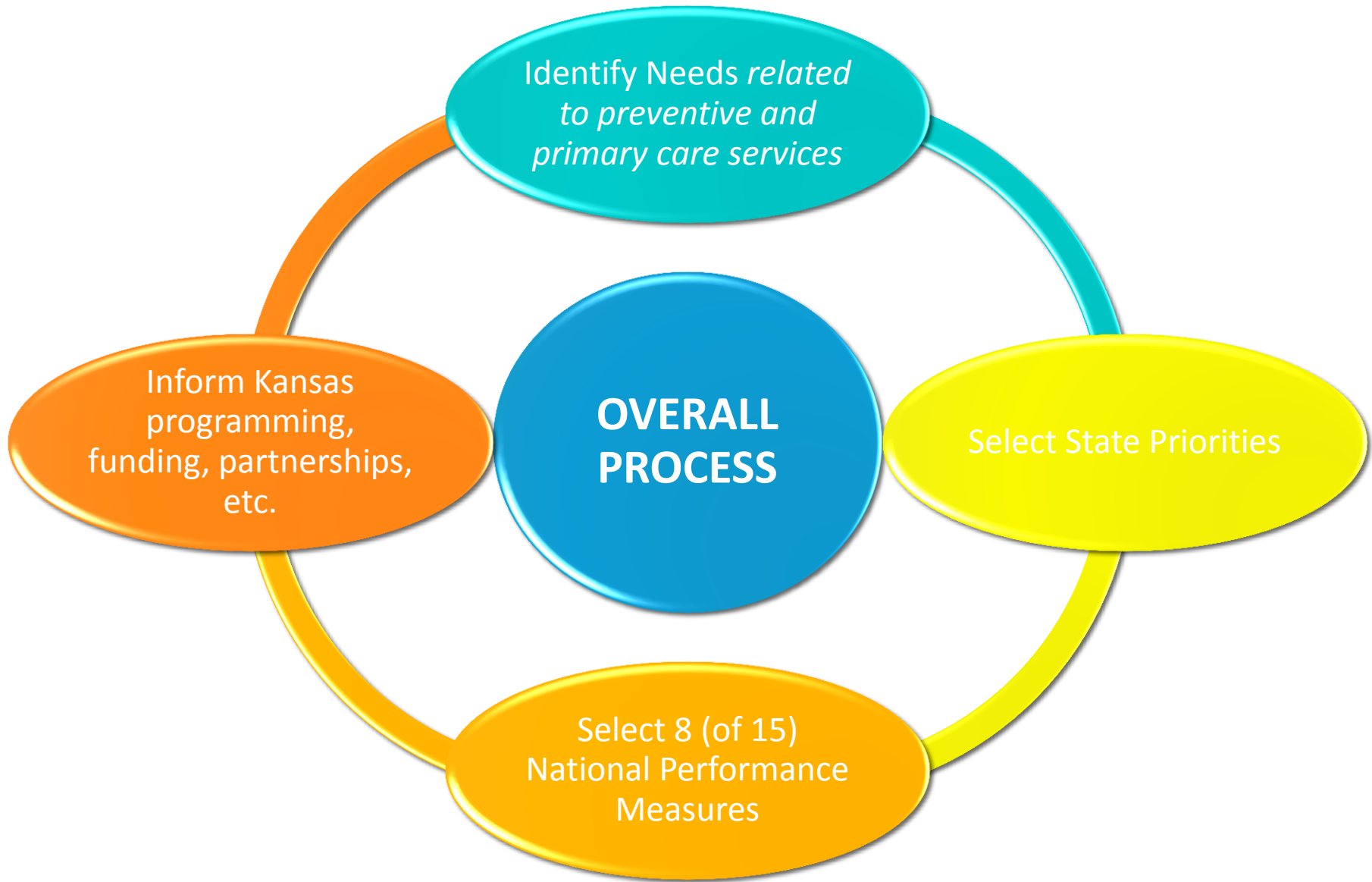
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RACHEL SISSON

HEATHER SMITH

TRACI REED





# Public Input

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## Advisory Groups

- Kansas MCH & Family Advisory Councils
- Blue Ribbon Panel on Infant Mortality
- Infant Mortality CoIIN Team

## Public/Stakeholder Meetings

- Public Health Regional
- Communities for Kids
- Child Care Town Hall
- SHCN Strategic Planning
- Adolescent Health Focus Groups

## Surveys

- Ongoing MCH Input
- Block grant feedback
- Community norms survey



## Executive Summary

### Guiding Principles of Positive Youth Development

Adolescence is an important developmental stage filled with health opportunities, as well as health risks. During this stage, health behaviors are established that pave the way for adult health, productivity and longevity. Adolescents who thrive have access to caring adults that foster healthy development, and are offered meaningful opportunities to belong and build their

More than 400 Kansans\*\* shared their perspectives through 26 focus groups conducted in Chanute, Dodge City, Great Bend, Hoisington, and Kansas City. Many commonalities exist between youth and adult focus group participants:

(\*\* = 324 of the 401 participants were high school students; 60% female, 63% white, 17% Latino/Hispanic, 7% African American; 2% mixed race, <1% Asian, American Indian, etc. Focus groups were conducted with high school FCS/advising/study hall classes, local coalitions, Kansas Partnerships for Health conferees, health departments, Young Women on the Move afterschool members, 4-H councils, ESL mothers group, Wyandotte High Health Science III class members.)

The focus group data resulted in the following findings relating to issues, barriers and challenges expressed by youth and by adults (in order of prominence of youth focus group data):

#### Top health issues included:

- School lunch (portions too small or distasteful)
- Substance abuse
- Sexuality and reproductive health
- Mental health (including depression and self-injury)
- Obesity
- Overall stress
- Bullying
- Boredom leading to the use of technology
- Wanting real services and information
- Wanting to confide in adults and mentors.

# Adolescent Health



## Identifying Needs and Issues among Kansas Adolescents

More than 850 respondents\* of an online survey, which was open from August to September, 2014, resulted in the following findings:

Top health issues affecting adolescents in their area were:



Top barriers that youth faced to accessing health services were:



(\* = 854 respondents were 86.4% female; average age of 49; 60% rural and small town; 22.7% upper middle income; 85 counties represented. A Spanish version of survey was offered, but no Spanish version surveys were received.)

(\*\* = 324 respondents were 60.4% female; average age of 49; 60% rural and small town; 22.7% upper middle income; 85 counties represented. A Spanish version of survey was offered, but no Spanish version surveys were received.)



## Top health issues included:

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- Mental health (including depression and self-injury)
- Obesity
- Overall stress
- Bullying
- Boredom leading to the use of technology
- Wanting real services and information
- Wanting to confide in adults and mentors.

# Selecting Priorities & Measures

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- Special Health Care Needs Strategic Planning
  - Identified priorities; drafted objectives and strategies
- Maternal & Child Health Council
  - December 2014 and February 2015
  - Priority and objective setting process
  - Drafted priorities and objectives
- Internal Meeting (March 24)
  - Reviewed final analysis from input/data
  - Identified priorities across the domains
  - Priority and objective setting process
- Partner Meeting (April 20)
  - Draft priorities, objectives, strategies
  - Identify areas for coordination/collaboration/align efforts



# 2016-2020 Priorities

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1. Women have access to and receive coordinated, comprehensive care and services before, during and after pregnancy.
2. Services and supports promote healthy family functioning.
3. Developmentally appropriate care and services are provided across the lifespan.
4. Families are empowered and equipped to make educated choices about nutrition and physical activity.



# 2016-2020 Priorities

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5. Communities and providers/systems of care support physical, social and emotional health.
6. Professionals have the knowledge and skills to address the needs of maternal and child populations.
7. Services are comprehensive and coordinated across systems and providers.
8. Information is available to support informed health decisions and choices.



# Selected NPMs (8 of 15)

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**NPM1:** Well-woman visit (past year)

**NPM4:** Breastfeeding (ever; exclusively 6 months)

**NPM6:** Developmental screening (10-71 months)

**NPM7:** Child injury (0-9)

**NPM9:** Bullying (12-17)

**NPM10:** Adolescent well-visit (12-17)

**NPM11:** Medical home (SHCN)

**NPM14:** Smoking (pregnancy & child/household)

*\*National Performance Measures*

# State Action Plan: Priority 1

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- Women have access to and receive coordinated, comprehensive care and services before, during and after pregnancy.

1. Prenatal risk assessments and education
2. Emotional well-being services and supports
3. Community capacity for education, screening, referral and treatment



# State Action Plan: Priority 2

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- Services and supports promote healthy family functioning.

1. Healthy relationships and life skills
2. Empowered families
3. Alignment of programs and expansion of services

# State Action Plan: Priority 3

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- Developmentally appropriate care and services are provided across the lifespan.

1. Safe environments
2. Immunizations
3. SIDS/SUID prevention
4. Oral health / preventive care
5. Age-appropriate developmental screening

# State Action Plan: Priority 4

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- Families are empowered and equipped to make educated choices about nutrition & physical activity.

1. Access to healthy foods
2. Parental education/resources on infant nutrition
3. Increased opportunities for physical activity

# State Action Plan: Priority 5

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- Communities and providers support physical, social, and emotional health.

1. Annual child/adolescent well-visits, social and emotional health
2. Prevention and intervention programs around bullying
3. Youth supports to prevent suicide

# State Action Plan: Priority 6

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- Professionals have the knowledge and skills to address the needs of maternal and child health populations.

1. Build MCH workforce
2. Training/education on integrated supports for SHCN
3. Child care provider training on social-emotional development

# State Action Plan: Priority 7

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- Services are comprehensive and coordinated across systems and providers.
  1. Communication and care coordination (providers, individuals, families)
  2. Developmentally/age appropriate care integrated with behavioral health
  3. System navigation for optimal health – individuals and families

# State Action Plan: Priority 8

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- Information is available to support informed health decisions and choices.

1. Health literacy—making informed decisions
2. Equipped families and youth for advocacy
3. System navigation supports

# Next Steps

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- Finalize 5-year action plan\* (2016-2020)
  - Refine objectives
  - Develop State Performance Measures
  - Develop Evidence-based Strategy Measures
- Finalize Needs Assessment
  - Comprehensive Document
  - Executive Summary
- Develop website for *MCH 2020*
- Disseminate Document/Action Plan
- Reveal Plan at MCH Summit (2016)



*\*in partnership with the KS MCH Council*



# Discussion – MCH Priorities

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## *Questions or clarifications?*

1. Did everyone here participate in the plan development at some level? Were you aware of all the opportunities?
2. Considering the priorities and objectives in the draft plan, do you notice any significant gaps? Any notable items that should be reconsidered before the plan is finalized?
3. Thinking about the priorities, which priorities or objectives are you personally most passionate about? Where would you most love to see improvement?
4. Some of you represent organizations: which priorities or objectives best align with your organization's goals?



# Domain Selection Survey/Ranking

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DENNIS COOLEY, MD, CHAIR

CONNIE SATZLER



# Closing Remarks Discussion & Questions

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DENNIS COOLEY, MD, CHAIR